

WSEC-HD

Programming Schedule for September, 2019

as of 08/22/19

Sunday, September 1, 2019

12am NOVA. CC #4211 *Lethal Seas*. A deadly recipe threatens the survival of countless creatures throughout Earth's oceans. We've known for years that oceans absorb about a quarter of the carbon dioxide in our atmosphere. With carbon emissions sharply rising, the silent killer is entering the seas at a staggering rate - raising the oceans' acidity. As a result, the skeletons and shells of marine creatures that form the foundation of the web of life are dissolving. Follow scientists who are seeking solutions and making breakthrough discoveries, including a unique coral garden in Papua New Guinea that offers a glimpse of what the seas could be like in a half-century. Can experts crack the code of a rapidly changing ocean - before it's too late? TVPG

1am Animal Babies: First Year On Earth. CC #101 *First Steps*. See how the babies learn to understand their surroundings in environments ranging from Africa to Sri Lanka to Iceland. The most basic tools for survival must be learned in their first three months to thrive and ultimately survive. TVG

2am Big Family: The Story of Bluegrass Music. CC Examine the history of bluegrass music, from its origins to its eventual worldwide popularity, and hear from dozens of musicians who explain the ways bluegrass music transcends generational, cultural and geographic boundaries. TVG

4am Washington Week. CC #5909 TVRE

4:30 Firing Line with Margaret Hoover. CC #309 Join author, activist and political commentator Margaret Hoover for a public affairs talk show that delivers a civil and engaging contest of ideas among the brightest minds and freshest voices from across the political spectrum. TVRE

5am Mister Rogers' Neighborhood. CC #1561 *How People Make Trumpets/Plans for Comet Celebrating*. Mister Rogers talks in a way young children understand, at a pace they can absorb and with a consistency that creates a calm, safe place for preschoolers. Topics with sensitive emotional concerns are always carefully blended with fun and whimsy to match a young child's interests and level of understanding. TVY

5:30 Splash and Bubbles. CC #129 *Stormy Waters/Scout On Over!*. When a big storm passes over Reeftown, the friends experience rain and stormy conditions. They learn they don't need to be afraid, but it's good to stay close to home in a storm and take shelter. / The kids' old friend Scout, a juvenile sea turtle, stops by the reef to see Splash and the gang. While there, he explains that he is getting older and wants to scout for some potential places to settle, so the kids show him everything that Reeftown has to offer! TVY

6am Sesame Street. CC #4808 *Abby's Sock Solution*. Abby tries to help Chris after he loses a sock while doing his laundry, but her efforts create chaos as she conjures up dancing socks. TVY

6:30 Daniel Tiger's Neighborhood. CC #202 *The Baby Is Here*. The Baby is Here - The baby is about to arrive and everyone is so excited! Mom and Dad head to the hospital while Daniel and Grandpere spend time at home going through some of Daniel's old things. In this half-hour musical episode everyone welcomes the new addition to the Neighborhood as Margaret comes home! Strategy: I can't wait to meet the baby! TVY

7am Pinkalicious & Peterrific. CC #110 *Peter's Blues/Pink Raspberry*. Peter is feeling down and learns to play the blues on the harmonica. Expressing your feelings through music can make you feel better! Maybe Peter can cheer up his friends and family, too. But not everyone responds to music the same way. / Peter learns how to make a raspberry sound from baby Saffron, sparking an idea - to host a silly song contest. Peter really wants to win, but he has trouble coming up with an original silly sound until he teams up with an expert - Saffron. TVY

7:30 Molly of Denali. CC #112 *New Nivagi/Crane Song*. When Molly is entrusted with her Grandpa Nat's secret nivagi recipe for the annual Qyah Ice Cream Competition, she's determined to make it a winning dish...until Suki eats the nivagi and slobbers all over the recipe! Molly has just a few hours to recreate the recipe and collect the hard-to-find ingredients. Can she uphold her Grandpa's nivagi legacy or will she end his winning streak? / Molly can't wait to help Nina and Dr. Antigone band baby cranes. But every time they get close enough to slip the bands on the colts' legs, something happens that scares the

cranes away. Molly puts in an emergency call to Grandpa Nat, who provides her with a foolproof trick to finish the job: a crane dance. TVY

8am Let's Go Luna!. CC #101 *Hola Mariachi/LoCo for Cocoa*. In Mexico City, the Circo orchestra gets a bad case of the hiccups, so Carmen finds a Mariachi band to fill in, causing Luna to break into wild dancing! / In Mexico City, Leo, Carmen, and Andy help return a lost cocoa bean to a friend's mother. TVY

8:30 Nature Cat. CC #129 *The Shell Game/Heron Food Blues*. The Shell Game - Nature Cat and his pals are ready to play Ronald in their five-player volleyball championship match of the world! They've been practicing all week and are so ready! There's only one problem: their fifth player, Herbert the Hermit Crab, is having a little shell trouble. His shell doesn't fit anymore and he can't play volleyball without one. Can Nature Cat and the gang find the perfect shell to protect Herbert's little crabby belly in time for the game? Or will they be forced to forfeit, making Ronald the champion? Heron Food Blues - It's the annual Net-A-Fish-And-Toss-It-Back-A-Thon over at the pond! But something's not right - Nature Cat and his pals have netted exactly...no fish. Last year there were so many fish they couldn't net 'em fast enough. Where did all the fish go? The answer comes from an unlikely source - Flo the Heron, who lives at the pond and hasn't had a good fish dinner in days. Nature Cat will do whatever it takes to find some fish for Flo. Onward and fishward! TVY

9am Curious George. CC #215 *Robot Monkey Hullabaloo/Curious George and the Slithery Day*. Robot Monkey Hullabaloo: At the museum, George joins Professor Wiseman and the Man with the Yellow Hat on a stroll through an amazing new robot exhibit. Later, after the Man gathers his old robots to add to the collection, George notices how excited Hundley is by his first robot sighting. That's when George gets his most brainy brainstorm yet and decides to make himself into a robot to play with Hundley! Using a hodgepodge of paper, tubes, cardboard boxes, gadgets and even a colander, George glues together an awesome robot outfit that works a little too well and fools even the sharp-witted Professor Wiseman. Will George end up on display at the museum? EDUCATIONAL OBJECTIVE: To build or construct a structure using the design process and found objects. Curious George and the Slithery Day: George is watching and feeding Mr. Zoobel's gopher snake, Bruno, and mice, Benjy and Willie, for the day. But Mr. Zoobel forgets to tell George that Bruno is about to shed his skin. So when George sees the shed skin he worriedly takes it to the pet store for an explanation, leaving behind the snake with his cage open! And when George comes home the mice escape too. With a little help from Hundley, a wild chase around the building ensues and George gets the animals safely back - learning a lot about snake feeding (and hiding) habits along the way. EDUCATIONAL OBJECTIVE: To provide information about snakes as one type of animal; what it eats, where and how it lives, and some behaviors; the predator/prey relationship. To introduce the idea of habitat. TVY

9:30 Wild Kratts. CC #508 *Elephant Brains!*. The Wild Kratts are on a mission to figure out the differences between African and Asian elephants. They soon discover that despite their differences, all elephants have lots in common. Like feelings, emotions and real intelligence. Science Concept: Elephants have feelings, emotions and real intelligence. TVY

10am Odd Squad. CC #226 *Shapely University/Slow Day*. Shapely University - Agents compete against rival Odd Squad agents to solve an odd problem. Curriculum: geometry and spatial sense, parallel lines, parallelograms. Slow Day - Otis and Olympia investigate why people in town are stuck in slow motion. Curriculum: data collection and analysis, geometry and spatial skills, understanding maps. TVY

10:30 MotorWeek. CC #3852 R/T: '19 HYUNDAI KONA ELECTRIC FYI: DOG FRIENDLY CARS GOSS: PLUG-IN MAINTENANCE QS: LEXUS RX350, CADILLAC XT6 L/T: VOLKSWAGEN TIGUAN R/T: '19 HONDA PASSPORT TVG

11am America's Heartland. CC #1402 AMERICA'S HEARTLAND celebrates the men and women across who grow the country's crops, raise its livestock, tend its nurseries and prepare its food. AMERICA'S HEARTLAND taps into the national fascination with food and curiosity about unfamiliar places and ways of life, while also exploring the American values of family, hard work and the spirit of independence. The series, produced entirely on location, portrays the worlds of agriculture, horticulture and aquaculture complete with fascinating stories, compelling characters, innovative ideas and enticing travel destinations. TVG

11:30 Market to Market. CC #4502 TVRE

12pm Capitolview. CC #82919

12:30 Richard Bangs' Adventures with Purpose Assam India: Quest for the One-Horned Rhinoceros. CC In his latest ADVENTURES WITH PURPOSE special, renowned adventurer Richard

Bangs treks through the remote state of Assam in India - a region of rushing rivers, strapping monsoons, vast expanses of unspoiled land and a staggering array of wildlife, including the one-horned rhinoceros. What kept these rare rhinos from falling into extinction? What does their story reveal about the world and about saving precious wildlife? Richard sets off to discover what this elusive rhino represents to the people of Assam - and to the world. TVG

1:30 Dream of Italy. CC #104 Naples/Amalfi Coast. Neapolitans are serious about their coffee and we visit the historic Gran Caffè Gambrinus to taste what some say is the best espresso in the city. Naples is also famous for its tailoring tradition and we visit Rubinacci for an inside look. Kathy attends pizza school with Master Enzo Coccia and learns it isn't easy to make a perfect pizza. A visit to Via San Gregorio Armeno reveals a street full of Christmas creches and caricatures. Mount Vesuvius looms large over life here and we venture into the crater with guide Roberto Addeo. In the shadow of Vesuvius we enjoy a local folk music performance before venturing to the Amalfi Coast. We visit some very special vines at Tenuta San Francesco, learn how to make paper at Amatruda in the town of Amalfi, learn to make limoncello with a local, watch a cooking demonstration with Chef Christoph Bob at Monastero Santa Rosa and go fishing with local Costabile Laudano. TVG

2pm Today's Wild West. CC #206 Rancho de la Osa/ Native Artist Birdy Real Bird/Santa Clarita Cowboy Festival. Arizona's historic Rancho de la Osa; Montana's award-winning Crow Indian artist Birdy Real Bird; Plus Cowboy music and much more at California's Santa Clarita Cowboy Festival. TVG

2:30 Rick Steves' Europe. CC #801 Western Turkey. From the port of Kusadasi, we wander the streets of ancient Ephesus, soak in a natural spa at Pamukkale, learn why the dervishes whirl at Konya, munch lunch in a Turkish pizzeria, and cruise the Mediterranean on a traditional Turkish gulet from Antalya. Turkey is a mighty nation whose ancient heritage, Muslim faith, and western ways are coming together...and we'll see how. TVG

3pm Curious Traveler. CC #301 Curious Dublin. How did Dublin get its name? And what do Vikings and a black pool have to do with it? Who was Maewyn Succat, and why is he celebrated with green beer? How did the harp become a symbol of Ireland, and why do the harps on Irish coins and Guinness beer look different? What is the curious history of the Book of Kells, and how did it make its way into Trinity College's Longroom Library? TVG

3:30 In The Americas with David Yetman. CC #705 The Road from Oaxaca to Chiapas. The states of Oaxaca and Chiapas in southern Mexico are culturally different from the rest of the country. We descend from the mezcal-producing fields of Oaxaca into the Isthmus of Tehuantepec, where the native culture is dominated by women, then on to Chiapas, where a river town is home to ancient peoples and a most unusual carnival celebration. TVG

4pm Illinois Stories. CC Placeholder.

4:30 Illinois Stories. CC Placeholder. (R) See 9/1 at 4pm.

5pm Finding Your Roots. CC #403 Puritans and Pioneers. Actors Ted Danson, Mary Steenburgen and William H. Macy trace their nonconformist ancestors through American conflicts - the Civil War and the American Revolution, all the way back to the Puritan establishment. TVPG

6pm Visionaries, The. CC #2312 Islands of Change. Child Family Service - In the beginning it was as simple as one person helping another. Someone was in need of food, or shelter, or maybe they were sick. You gave them what they needed. Life... and philanthropy, is more complex now. We need organizations that can help those in need, while also addressing a myriad of social and economic issues - the issues that caused that need in the first place. This is a story about a non-profit organization that has elegantly merged bold risk-taking with outcome driven, evidence-based programs that are helping thousands of children. But the real power of their story is the interplay of innovation and accountability that can inspire an extraordinary level of creative thinking across America. TVG

6:30 PBS NewsHour Weekend. CC #1218 TVRE

7pm Mrs. Wilson On Masterpiece. CC #4909 Episode One. Alec and Alison Wilson marry after meeting in the secret service during World War II. Two decades later, spy novelist Alec dies, and his real story begins to emerge. Alison tracks down his former partner, who was also deceived by Alec's charms. TV14

8pm Mrs. Wilson On Masterpiece. CC #4910 Episode Two. Determined to uncover the truth about the man she loved, the recently widowed Alison soon finds herself at the center of a mystery that proves truth can be stranger than fiction. TV14

9pm Mrs. Wilson On Masterpiece. CC #4911 Episode Three. Alec's handler in the secret service drops a bombshell, but is it the truth or another lie? Resigned to uncertainty about the past, Alison receives a final surprise. TV14

10:30 Bluegrass Underground. CC #805 Tim O'brien. Taped 333-feet below ground within the majestic Volcano Room deep inside Tennessee's Cumberland Caverns, this "musical adventure" series features both well-established and top emerging artists within the broad spectrum of Bluegrass, Jamgrass, Roots and Americana genres. Artists include Old Crow Medicine Show, Andrew Bird, Yonder Mountain String Band, Ben Sollee, The SteelDrivers, Johnnyswim, BeauSoleil, Leon Russell, North Mississippi Allstars, The Wood Brothers, Alison Brown Quartet, and the Infamous Stringdusters. TVG

11pm Song of the Mountains. CC #1123 Carolina Blue/Moron Brothers. SONG OF THE MOUNTAINS showcases the best talents in bluegrass and old-time country music from the heart of the region where it all began. Performances are held at the beautifully restored Lincoln Theatre in Marion, Virginia. Hosted by Tim White. The Lincoln Theatre in Marion, Va., was originally built in 1929. The theatre is on the National Register of Historic Places and has been designated a Virginia Historic Landmark. It is one of only three existing Mayan Revival-style theatres in America. Once known as the "finest showplace in Southwest Virginia," The Lincoln has been restored to its former grandeur, now fully accentuated by state-of-the-art computerized sound and lighting systems. TVG

Monday, September 2, 2019

12am Mrs. Wilson On Masterpiece. CC #4910 Episode Two. (R) See 9/1 at 8pm. TV14

1am Mrs. Wilson On Masterpiece. CC #4911 Episode Three. (R) See 9/1 at 9pm. TV14

2am Magical Land of Oz. CC #101 Land. An exploration of one of the most magical lands on the planet. Its unique wildlife includes a tree-dwelling kangaroo, a spider that survives underwater and a bird that spreads fire. TVPG

3am Big Family: The Story of Bluegrass Music. CC (R) See 9/1 at 2am. TVG

5am Peg + Cat. CC #219 The Friday the 13th Problem/The Looking Glass Problem. The Friday the 13th Problem - Camp Ninwawa. At the camp sleepover, Richard is terrorized by a number: 13! Primary Content: Counting in the teens Secondary Content: Addition, subtraction. The Looking Glass Problem - Peg's House / Wonderland. Peg and Cat go through the looking glass, where nonsense starts to make sense with the help of patterns. Primary Content: patterns - AB, AABB, AAABBB Secondary Content: Adding to eight. TVY

5:30 Arthur. CC #1106 The Making of Arthur/Dancing Fools. The Making of Arthur - Matt Damon guest-stars in animated form as the host of a new series, "Postcards from You." When the Oscar # winning star puts out a call for homemade videos for his TV show, he sets off a frantic rush among Arthur and his gang to film their lives. Could the experiences of kids in Elwood City really interest a television audience? They'll have to wait and see if Matt Damon thinks so. (Note: This episode promotes the real "Postcards from You" initiative that encourages kids around the country to make their own videos.) Dancing Fools - Mrs. Molina is a teaching a dance class for kids. The class creates the opportunity for some unlikely dance pairings - Muffy and Binky, D.W. and the Tibbles, and, the most unlikely of all, Francine and George. Will the two survive the dance class? Or, could they possibly emerge as the next Fred and Ginger? TVY

6am Classical Stretch: The Esmonde Technique. CC #801 Stretch All 600 Muscles. CLASSICAL STRETCH: THE ESMONDE TECHNIQUE focuses on overall wellness and physical fitness. This series, hosted by Miranda Esmonde-White, features a graceful, fluid and controlled method of stretching the entire body. It combines yoga, tai chi, Pilates and ballet techniques, plus specific movements and stretches that reach muscles and ligaments not normally targeted in the average fitness program. The movements, designed in consultation with a physician and a physiotherapist, are simple, safe, effective and appropriate for all ages and fitness levels. TVG

6:30 Happy Yoga with Sarah Starr. CC #503 Lace Meadow. Enjoy the peaceful summer meadow as we focus on a modified yoga practice using a chair for support. Including stretches to increase mobility in the shoulders while lengthening the spine in a full range of motion; combined with standing poses to create more strength and flexibility in the lower body. TVG

7am Wild Kratts. CC #401 Liturgusa Krattorum. The Kratt Bros. are hanging out with Shadow, the Black jaguar cub, when they receive news that a scientist has just named a newly discovered praying mantis species after them - Liturgusa krattorum. It's time to celebrate. But Zach Varnitech, Donita Donata

and Chef Gaston Gourmand are not happy. They feel the species should have been named after them. So they hatch a plan to capture all the *Liturgusa krattorum*. It's now up to the Wild Kratts to rescue their namesake and return them safely to their jungle home. Science Concept : Taxonomy and classification. TVY

7:30 Molly of Denali. CC #105 *Bird in the Hand/Bye-Bye Birdie*. Molly and Tooey think they've discovered a ghost after a strange noise follows them from Spooky Hose all the way to the Trading Post's Bunkhouse. Turns out the phantom is actually a bird stuck in a dryer vent! Molly's bird call book holds the key to finding out what kind of bird it is, but they'll need to learn what some unfamiliar words mean before finding their feathered friend a new home. / Molly and Trini tag along with Nina on trip to Kenai National Park to see real, live puffins! As the enthusiastic birders count how many puffins are eating and admire the precocious pufflings, Molly and Trini are alarmed when the baby chicks begin to jump off a cliff! What's a good birdwatcher to do? TVY

8am Curious George. CC #804 *Curious George Goes for 100/Fearless George*. Curious George Goes for 100 - It's Lake Wannasink Lake's 100th anniversary and George is in charge of the main attraction - the town's 100-year-old-flag with 10 stripes and 100 stars. When the stripes accidentally blow away, George runs around the countryside to retrieve them. Can George reassemble the flag in time for the big unveiling? Fearless George - "Fearless George" and his comrades (aka Steve and Betsy) are playing a make-believe adventure with George's toys. But putting away toys only to set them up again the next day really eats into play time. Is there a way to store the toys without destroying the set? Sounds like a job for "Fearless George!" TVY

8:30 Let's Go Luna!. CC #121 *A Prickly Pear/Turkish Delight*. TVY

9am Daniel Tiger's Neighborhood. CC #301 *Tiger Family Trip*. The Tiger Family is heading out on a road trip to Grandpere's house! At first, Daniel doesn't know what to expect on the ride, but when Mom Tiger gives him a helpful map, he learns that there are so many exciting things to do and see when you're on a trip with your family. Strategy: There are so many things to do and see, when you're on a trip with your family. TVY

9:30 Daniel Tiger's Neighborhood. CC #402 *Daniels Lunch/Daniels Toy*. Daniels Lunch - Daniel is excited to eat the special lunch Dad Tiger made for him - an egg salad sandwich! When Miss Elaina declares she doesn't like egg salad, Daniel gets upset. They learn that it's okay to like different things, but they should always be kind to one another. Daniels Toy - Daniel Tiger goes to the park to play with his toy, Ducky, but Prince Wednesday doesn't like Ducky. They realize while it's fine to like different toys, they should be kind to each other even when they disagree. TVY

10am Sesame Street. CC #4901 *When You're A Vet*. Abby and Elmo play veterinarians. By using their eyes, ears, and hands, Abby and Elmo figure out what's wrong with their pretend patients and help them feel better. TVY

10:30 Pinkalicious & Peterrific. CC #109 *Snow Fairy/to Catch A Leaf*. A freak snowstorm leaves Pinkville covered in pink snow - pinkamazing! Pinkalicious, Peter and Jasmine spend the day sculpting a snow fairy - Frostina. But the sun comes out and starts to melt the snow! Can Pinkalicious find a way to make Frostina last all year? / According to Rafael, if a falling leaf lands on your shoulder, you get a wish. However, it's autumn and only one leaf remains. Will Pinkalicious be able get her wish? Maybe, if she can dance her way to make the leaf land on her shoulder. TVY

11am Dinosaur Train. CC #506 *A Brand New Species*. The Conductor and the kids are out digging in a favorite fossil spot, out past the Big Pond. Buddy turns up something that the Conductor doesn't recognize. It's an excellent fossil - he guesses that they may have discovered a whole new Jurassic species! They all carefully finish digging out the beautifully intact theropod raptor skeleton and bring it to Troodon Town, where they can examine it at the Science labs at Troodon Academy. The experts agree: The Conductor and the kids have discovered a new Jurassic dinosaur! They nickname it "Buddysaurus." Now the Conductor must give a presentation to all the assembled Academy about this new Dracoraptor discovery. Used to being the authority and a kind of hilarious know-it-all, the Conductor is for once super-nervous and tongue-tied. The kids help him figure out how to properly and scientifically present his information and get over his nerves. Buddy leads them, and the kids even improvise a song about the new discovery, "A Brand-New Species!" It's a hit! / Buddy gets the idea to travel to the Early Jurassic and meet an example of their new discovery, a theropod they named "Buddysaurus." Unfortunately, since this is a brand-new-discovery, there is no train to the home of the Buddysaurus, nor a train station! The Conductor decides to take them all to the Early Jurassic, and hike from the nearest station to find this new theropod. And, they do! They discover that the theropod is actually called a "Dracoraptor." Our kids

invite him to come back to Troodon Town with them so they can present him to the Troodon Scientists.
TVY

11:30 Cat in the Hat Knows A Lot About That!. CC #117 *A Long Winter's Nap/The Tree Doctor.* A Long Winter's Nap - Sally and Nick are so excited to go ice skating tomorrow, that they can't fall asleep! Cat's friend Boris the bear can help! Off they go to the Gleep-sneep Woods to learn how Boris gets ready to take his long winter's nap. Back at home, Nick and Sally follow Boris' advice, and follow their own bedtime routine to get ready for bed. With the help of a bedtime story from Cat, they quickly fall asleep. The Tree Doctor - Sally's little maple sapling hasn't grown any bigger! To discover why, the Cat in the Hat takes the kids to meet Dr. Twiggles. With the help of the tree doctor and his songs, Nick and Sally discover how trees "eat"; - through their leaves and roots. They also learn that trees grow verrrry slowly. A few more years and their maple sapling will grow into a maple tree! TVY

12pm Amanpour and Company. CC #2045 Christiane Amanpour leads wide-ranging, in-depth conversations with global thought leaders and cultural influencers on the issues and trends impacting the world each day, from politics, business and technology to arts, science and sports. TVRE

1pm Pinkalicious & Peterrific. CC #109 *Snow Fairy/to Catch A Leaf.* (R) See 9/2 at 10:30. TVY

1:30 Let's Go Luna!. CC #121 *A Prickly Pear/Turkish Delight.* (R) See 9/2 at 8:30. TVY

2pm Nature Cat. CC #107 *Where Have All the Butterflies Gone?!/For the Birdies!.* Where Have All the Butterflies Gone?! Oh no! A long-awaited play date with Daisy's butterfly friends is at risk because there are no flowers around for the butterflies to feed on. When all seems lost, Nature Cat steps up to save the day. He and his pals decide to build a new butterfly garden before the butterflies have to fly off. For the Birdies! - With winter approaching, and the neighborhood birds' food sources dwindling, Nature Cat, Squeeks, Hal and Daisy set out to build bird feeders, to give the birds a much needed food boost for the winter months. But building the feeders and setting out the food is much easier said than done! TVY

2:30 Wild Kratts. CC #318 *Aye Aye.* When the Wild Kratts team embarks on a pirate adventure in the Indian Ocean, they discover a very strange, other-worldly castaway. TVY

3pm Molly of Denali. CC #105 *Bird in the Hand/Bye-Bye Birdie.* (R) See 9/2 at 7:30. TVY

3:30 Odd Squad. CC #212 *Three's Company/Behind Enemy Mimes.* Three's Company - Ms. O gets kicked out of her office due to odd infestations. Curriculum: Combining 3-D shapes. Behind Enemy Mimes - Ms. O needs the agents' help to track down her old partner, O'Donahue. Curriculum: Grouping; Multiplication. TVY

4pm Odd Squad. CC #210 *Night Shift/Put Me In Coach.* Night Shift - The agents discover things are very different at Odd Squad at night. Curriculum: Mapping; Using Coordinates. Put Me In Coach - Coach O determines which agents get to visit the unicorns in Cloud Town. Curriculum: Measurement; Using a pan balance to measure relative weight. TVY

4:30 Arthur. CC #1106 *The Making of Arthur/Dancing Fools.* (R) See 9/2 at 5:30. TVY

5pm PBS NewsHour. CC #12646 The PBS NewsHour continues to provide in-depth analysis of current events with a news summary, live interviews and discussions of domestic and international issues. TVRE

6pm Nightly Business Report. CC #38175 TVRE

6:30 Illinois Stories. CC Placeholder. (R) See 9/1 at 4pm.

7pm Antiques Roadshow. CC #2106 *Indianapolis, Hour Three.* Travel to Indianapolis for hidden treasures including an 1898 Alphonse Mucha JOB poster, a 1974 George Nakashima "Kent Hall" floor lamp and a 1961 Ty Cobb-signed baseball. Which is the big find? TVG

8pm Antiques Roadshow. CC #2107 *Palm Springs, Hour One.* Journey to Palm Springs for vintage and antique finds such as a 1965 Noah Purifoy sculpture, Carroll O'Connor's Archie Bunker coat, ca. 1970, and a Franz Bergman foundry Vienna bronze lamp from around 1920. Can you guess which is valued at \$125,000? TVG

9pm Going Home. CC Imagine living somewhere you didn't choose. Being told you can't love or leave. For decades, that was reality for people with intellectual disabilities living in state institutions. Today, most people with intellectual disabilities are living in the community. But, does living in the community mean you're truly a part of it? Going Home, a follow up to WITF's award-winning documentary i go home, examines the journey towards inclusion for people with intellectual disabilities. Are we there yet? TVG

10pm Amanpour and Company. CC #2046 Christiane Amanpour leads wide-ranging, in-depth conversations with global thought leaders and cultural influencers on the issues and trends impacting the world each day, from politics, business and technology to arts, science and sports. TVRE

11pm Antiques Roadshow. CC #2106 Indianapolis, Hour Three. (R) See 9/2 at 7pm. TVG

Tuesday, September 3, 2019

12am Antiques Roadshow. CC #2107 Palm Springs, Hour One. (R) See 9/2 at 8pm. TVG

1am POV. CC #3209 TVPG

2am Mrs. Wilson On Masterpiece. CC #4909 Episode One. (R) See 9/1 at 7pm. TV14

3am Mrs. Wilson On Masterpiece. CC #4910 Episode Two. (R) See 9/1 at 8pm. TV14

4am Mrs. Wilson On Masterpiece. CC #4911 Episode Three. (R) See 9/1 at 9pm. TV14

5am Peg + Cat. CC #102 The Messy Room Problem/The Golden Pyramid Problem. The Messy Room Problem - Peg's Room. Peg and Cat sort through the mess in Peg's room just in time for company to come over and see Cat's masterpiece, "The Circles." Primary Content: Sorting; Secondary Content: Shapes. The Golden Pyramid Problem - Magical Forest. Peg the Bold and Brave Sir Cat, Knights of the Round Table, search far and wide to retrieve the Mermaid's golden pyramids. Primary Content: Solid shapes; Secondary Content: Counting by twos. TVY

5:30 Arthur. CC #303 Arthur Goes Crosswire/Sue Ellen and the Brainasaurus. Since they rescued Wilbur Rabbit (the guy who plays Bionic Bunny on TV!), Arthur and Muffy have been inseparable. Arthur figures it's best that "Friends of Wilbur" stick together. But the rest of their friends are growing tired of the new Arthur. Can he be "de-Muffified?" In the second story, Brain's a great partner for a school assignment--unless you want to work on it, too! When he's paired up with Sue Ellen for a team project, she expects to be a team player. Can Brain tolerate anyone else messing with his perfect A? TVY

6am Classical Stretch: The Esmonde Technique. CC #802 Increase Your Energy. CLASSICAL STRETCH: THE ESMONDE TECHNIQUE focuses on overall wellness and physical fitness. This series, hosted by Miranda Esmonde-White, features a graceful, fluid and controlled method of stretching the entire body. It combines yoga, tai chi, Pilates and ballet techniques, plus specific movements and stretches that reach muscles and ligaments not normally targeted in the average fitness program. The movements, designed in consultation with a physician and a physiotherapist, are simple, safe, effective and appropriate for all ages and fitness levels. TVG

6:30 Sit and Be Fit. CC #1809 Core Strength and Yoga Inspired Exercises. Yoga inspired exercises are woven throughout this gentle workout. Mary Ann focuses on exercises that emphasize extension, stretching and core strengthening. Dr. Emily shares a brain game exercise to help improve balance. TVG

7am Wild Kratts. CC #209 Shadow: The Black Jaguar. Martin and Chris are trying to decide on their next wild cat adventure when they learn that Zach Varmitech has decided to "catnap" a Black Jaguar to use as a symbol for his new spybots. TVY

7:30 Molly of Denali. CC #103 Cabbagezilla/Name Game. Trini's excited to enter Big Green, her giant cabbage, into the Alaska State Fair, but a suspicious moose keeps nibbling its leaves. Trini and Molly research ways to keep moose out of gardens, and even email cabbage expert Sadie Albert for advice, but this moose is clever. Will there be anything left of Big Green before the final weigh in? / Molly wants to get her Native name when she discovers that her Mom, Dad, Grandpa and others in the community have one. But she soon learns that only an elder can give you your Native name and getting one will require impressing the unimpressible Aunt Merna. TVY

8am Curious George. CC #204 Curious George Gets All Keyed Up/Gutter Monkey. Curious George Gets All Keyed Up: Betsy prepares to play the xylophone at a school concert one evening, and George, who has always been mesmerized by Betsy's music, volunteers to deliver the xylophone to Betsy's school while she goes to the beautician that afternoon. Betsy's brother Steve also promises to help, but when he becomes distracted by his videogame, they lose track of time and have to get the xylophone out the door very quickly. So George and Steve take all the keys out in a hurry - and when George gets to the school he realizes that he's forgotten what order they go in! Will George be able to fix the xylophone, or will Betsy's beautiful tunes become suddenly and horribly "out of key?" Gutter Monkey: It's bowling night! George cheers on The Man with the Yellow Hat and then tries to get the ball rolling himself. But when George rolls, it's always a gutter ball. Back at home, George polishes the Man's bowling ball before the big tournament and it looks so good he decides to test it out on the curvy front lawn - but all of those ruts and hills can sure ruin a monkey's game! And things don't exactly look up, er, straight, when George takes it inside and discovers that a smooth surface in the dining room can spell trouble for the plates in the china cabinet. Will George be able to get the ball under control and to the bowling alley in time for the Man's competition? TVY

8:30 Let's Go Luna!. CC #108 Hoopin' Hopper/A Chopsticky Situation. When Andy loses his basketball in Beijing, he learns that although competitive sports are fun, friendship is more important than winning. / In Beijing, Leo wants to taste all kinds of delicious Chinese food, but must first exercise patience in learning to use chopsticks. TVY

9am Daniel Tiger's Neighborhood. CC #303 Daniel Makes a Noise Maker/Daniel Makes the Neighborhood. Daniel Makes a Noise Maker - Daniel and Katerina are playing "super hero helpers." They use Baby Margaret's rattle as their super-duper noise maker to make sure everyone knows that help is on the way. When Baby Margaret wants her rattle back, Katerina and Daniel create their own super-duper noise makers and continue saving the day! Daniel Makes the Neighborhood - Daniel and Prince Wednesday are at the Museum-Go-Round playing with Miss Elaina. The three friends decide to take their stuffed toys for a Trolley ride around a pretend neighborhood, and create miniature models of their homes from items they find in the "Make It Box." Strategy: When there's something you need, try to make it yourself. TVY

9:30 Daniel Tiger's Neighborhood. CC #216 Daniel Explores Nature/Daniel's Nature Walk. Daniel Explores Nature It's a beautiful day in the Neighborhood! Daniel and his family are spending the day outside exploring, when Daniel spots a beautiful red bird. As they watch the busy bird, they learn about how a bird's nest is built. But when the nest falls out of the tree, will Daniel and Katerina be able to help her? Daniel's Nature Walk There's so much to explore when you're outside! Daniel is going on a nature walk in the forest with O the Owl and Uncle X. They see frogs, worms and even spot a rainbow in the sky! Strategy: There's so much to explore when you're outside! TVY

10am Sesame Street. CC #4902 Picture This. Alan gives Elmo, Rosita, and Abby his old cameras to play with and suggests that they can be photographers for the day. So Abby, Rosita, and Elmo go around Sesame Street taking pictures of things like sports and fashion, while also learning how to use their cameras. TVY

10:30 Pinkalicious & Peterrific. CC #134 Knights of the Pink Table/Music Mix Up. The Knights of the Pink Table are ready to go on a new quest! Peter wants to go too, but he's not a knight. Even with help from Pinkalicious the Brave and Jasmine the Daring, how will he go from being the Squire of the Scooter to Peter the Courageous? / Peter's Kazoo Club is about to have its first meeting! But after a strange encounter with a sprite named Spritely, nothing in Pinkville sounds quite like it should. Pinkalicious and her friends will need to find Spritely and return all the sounds to their proper place so the kids can get kazoo-ing! TVY

11am Dinosaur Train. CC #507 Don's Hole-Iday/We're Not All Dinosaurs. When Don is told he can't dig any more holes around the nest, he complains that he needs his own day just for digging holes-a hole-iday! The kids make up an imaginary holiday just for Don and recruit the Oryctodromeus to help dig all the holes Don could ever hope for. / The Pteranodon kids meet a new, small mammal friend, Adele Alphadon, and introduce her and their Big Pond friend, Cindy Cimolestes, to a new concept -- that not all Mesozoic creatures are dinosaurs. And that includes the Pteranodons! They live in a diverse world. TVY

11:30 Cat in the Hat Knows A Lot About That!. CC #317 Mind to Change/Curious Minds. Sally is convinced that a tall thin glass of juice holds more than a short wide glass so Cat takes them to Point O'View where they learn that getting evidence can cause them to change their mind. Nick and Sally wonder if they can walk on a cloud, and the Cat takes them to Mount Knowmore. As they climb, they discover that materials have different properties that allow them to be solid or fluid. And when they get to the top, they have gathered enough evidence through experience of walking through the clouds to answer the original question. TVY

12pm Amanpour and Company. CC #2046 (R) See 9/2 at 10pm. TVRE

1pm Pinkalicious & Peterrific. CC #134 Knights of the Pink Table/Music Mix Up. (R) See 9/3 at 10:30. TVY

1:30 Let's Go Luna!. CC #108 Hoopin' Hopper/A Chopsticky Situation. (R) See 9/3 at 8:30. TVY

2pm Nature Cat. CC #110 Tally Ho! A Rainbow/Travelin' Seeds. Tally Ho! A Rainbow - After a rainstorm (Nature Cat is sure glad it's over!) Daisy wants to capture a picture of a rainbow for her Granny Bunny who just loves rainbows! But finding a rainbow is easier said than done, as the four friends trek all over in search of it! Travelin' Seeds - When Daisy finds a beautiful flower in her garden that she didn't plant, it's up to Nature Cat and his pals to find out where the flower came from. Their investigation leads them through the park and into the woods where the clues show them that seeds can actually travel far distances and grow where they land. TVY

2:30 Wild Kratts. CC #510 *City Hoppers!*. While Aviva and Koki help two Wild Kratt kids make a catapult, Chris and Martin explore the world of grasshoppers. They soon realize that these mighty jumpers were really the first catapulters and the Kratt Brothers set off on a creature adventure to learn everything they can about the grasshopper's amazing jumping powers. Science Concept: How levers and catapults work. TVY

3pm Molly of Denali. CC #103 *Cabbagezilla/Name Game*. (R) See 9/3 at 7:30. TVY

3:30 Odd Squad. CC #135 *Now You Don't See Me/Moustache Confidential*. Now You Don't See Me - Olive and Otto must stop a villain who has turned townspeople and Odd Squad agents invisible. Curriculum: Algebraic thinking; deductive reasoning using clues, rules and patterns to solve mathematical problems. Moustache Confidential - When Agent Obfusco's moustache is stolen, it's up to Olive and Otto to get it back. Curriculum: Data collection and analysis; collecting data to answer questions and using tally marks to record data. TVY

4pm Odd Squad. CC #124 *Training Day*. Training Day - In this half-hour episode, Olive tells the story of what happened to her old partner. Curriculum: Algebraic thinking; deductive reasoning with number operations. TVY

4:30 Arthur. CC #303 *Arthur Goes Crosswire/Sue Ellen and the Brainasaurus*. (R) See 9/3 at 5:30. TVY

5pm PBS NewsHour. CC #12647 The PBS NewsHour continues to provide in-depth analysis of current events with a news summary, live interviews and discussions of domestic and international issues. TVRE

6pm Nightly Business Report. CC #38176 TVRE

6:30 Illinois Stories. CC Placeholder. (R) See 9/1 at 4pm.

7pm Mine Wars: American Experience. CC #2802 Go inside the bitter battle to unionize coal miners at the dawn of the 20th century. The struggle over the power that fueled America led to the largest armed insurrection since the Civil War, and turned parts of West Virginia into a bloody war zone. TVPG

9pm Frontline. CC #3801 TVRE

10pm Amanpour and Company. CC #2047 Christiane Amanpour leads wide-ranging, in-depth conversations with global thought leaders and cultural influencers on the issues and trends impacting the world each day, from politics, business and technology to arts, science and sports. TVRE

11pm Mine Wars: American Experience. CC #2802 (R) See 9/3 at 7pm. TVPG

Wednesday, September 4, 2019

1am Frontline. CC #3801 (R) See 9/3 at 9pm. TVRE

2am Magical Land of Oz. CC #101 *Land*. (R) See 9/2 at 2am. TVPG

3am POV. CC #3209 (R) See 9/3 at 1am. TVPG

4am Antiques Roadshow. CC #2107 *Palm Springs, Hour One*. (R) See 9/2 at 8pm. TVG

5am Peg + Cat. CC #217 *The Funky Seventies Problem/The Umbrella Problem*. The Funky Seventies Problem - Woodstock. Peg's grandparents love groovy 60s tunes, but their pet goats only want 70s funk! Can Peg save the family? Primary Content: Counting, comparing 10s Secondary Content: Ordinal numbers. The Umbrella Problem - The Park. Peg and Cat search for their umbrellas, which they need for measuring puddle depth and singing in the rain! Primary Content: 2D shapes, octagons, triangles Secondary Content: Measuring depth. TVY

5:30 Arthur. CC #2001 *Buster's Second Chance/Arthur and the Whole Truth*. With the help of a little time travel, Buster turns back the clock to see what his life would be like if he were a genius. But will a life winning science competitions mean a life without Arthur? Arthur isn't happy when he discovers that Buster has been telling him some white lies, even if it was just to spare his feelings. But can Arthur handle the harsh truth if Buster finally gives it to him? TVY

6am Classical Stretch: The Esmonde Technique. CC #803 *Stress Relieving Workout*. CLASSICAL STRETCH: THE ESMONDE TECHNIQUE focuses on overall wellness and physical fitness. This series, hosted by Miranda Esmonde-White, features a graceful, fluid and controlled method of stretching the entire body. It combines yoga, tai chi, Pilates and ballet techniques, plus specific movements and stretches that reach muscles and ligaments not normally targeted in the average fitness program. The movements, designed in consultation with a physician and a physiotherapist, are simple, safe, effective and appropriate for all ages and fitness levels. TVG

6:30 Happy Yoga with Sarah Starr. CC #504 Sunflower Glo. Bask in the golden sunflower glo as you enjoy a modified yoga session using a chair for support including; seated stretches to increase flexibility and mobility in the shoulders and upper back, and a standing sequence linking breath with movement designed to create more freedom in the hips and hamstrings while building strength, balance and focus. TVG

7am Wild Kratts. CC #203 Creature Power Challenge. After getting caught in the middle of a tussle between a grumpy rhino and an outraged elephant, Martin and Chris decide to have a contest to decide what's stronger - elephant or rhino powers. TVY

7:30 Molly of Denali. CC #101 Grandpa's Drum/Have Canoe, Will Paddle. Molly finds an old photo of Grandpa as a child and is shocked to see him singing and drumming-Grandpa neversings. When Grandpa tells her he lost his songs when he gave his drum away, Molly goes on a mission to find his drum and return his songs to him. / The Qyah Canoers are ready for their first competition. There's just one problem: Molly, Tooeey, and Trini don't know how to canoe! Mr. Patak refers them to Connie, but her coaching techniques are rather unusual. Are their chances for triumph doomed? Or does Connie's past hold the key to victory? TVY

8am Curious George. CC #801 Toy Monkey/George and Allie's Game Plan. Toy Monkey - George is ecstatic. Great Aunt Sylvia dropped by with a special present - a toy front loader that's...defective? No problem! Aunt Sylvia and George take the front loader back to the toy factory. But they find a room full of broken toys and no one to fix them. What will they do? With a hand drill, pickles, and a little ingenuity... anything is possible! George and Allie's Game Plan - It's "fair day" at the elementary school and Allie is determined to win the giant stuffed bear. But knocking down all the ducks is not as easy as it looks (or quacks). George builds a practice game at home complete with quacking sounds. Will Allie's practice and perseverance help her win the bear? TVY

8:30 Let's Go Luna!. CC #106 The Big Dig/Amazing Man. In Cairo, Andy unearths an ancient statue, learning that objects buried thousands of years ago can be discovered and dug up anytime and anywhere! / In Cairo, comic-book fan Andy and the others search for the meaning of hieroglyphics that explain the exciting ending to the latest Amazing Man adventure. TVY

9am Daniel Tiger's Neighborhood. CC #302 Visiting Grandpere/The Tiger Family Goes Back Home. Visiting Grandpere - The Tiger Family is visiting Grandpere's house and Daniel notices all of the things that are different and all of the things that are the same. Then, Grandpere and Daniel spend time together hunting for buried treasure. The Tiger Family Goes Back Home - It's Daniel's last day visiting Grandpere! Grandpere takes him on a special sunrise boat ride before the Tiger Family heads back to the Neighborhood of Make-Believe. Strategy: When you're away you can play this game, find what's different and what's the same. TVY

9:30 Daniel Tiger's Neighborhood. CC #401 Daniel Finds Something to Do/Daniel's Royal Good Time. Daniel Finds Something to Do - Tiger is working, but Daniel really wants her to play with him. She explains to Daniel that when she is busy, he can find something to do by himself. Daniel learns that he can have fun all on his own, by using his creativity and imagination. Daniels Royal Good Time - Daniel and his friends are playing together at the castle, but when the grown-ups are busy working, they don't know what they should do next. The kids look around for something fun to do and come up with silly games to play while the grown-ups are occupied. TVY

10am Sesame Street. CC #4918 Elmo Goes to Chicken School. Elmo helps Professor Buck Awe teach a class of chickens using strategies he learned in preschool. TVY

10:30 Pinkalicious & Peterrific. CC #101 Fairy House/Pinkabotta & Peterbotta. Pinkalicious and Peter build a fairy house to attract the Springtime Fairies. But when the fairies turn out to be noisy roommates, they decide it's probably best if they build a home for the fairies instead. / Pinkalicious and Peter create Robotta, a robot that can do anything, including helping them clean their rooms. But when Robotta malfunctions, they're left with a big mess. Fortunately, the kids figure out a way to make clean-up fun -- pretend to be robots! TVY

11am Dinosaur Train. CC #101 Valley of the Stygimolochs/Tiny Loves Fish. Valley of the Stygimolochs - Buddy wonders if he'll grow horns when he gets older, so Mrs. Pteranodon takes him to visit some dinosaurs called Stygimoloch, who have really impressive horns. Tiny Loves Fish - After Mr. Pteranodon teaches the kids his fishing method, Buddy and Tiny work together as a team to catch fish in the Big Pond. TVY

11:30 Cat in the Hat Knows A Lot About That!. CC #121 Reindeer Games/Along Came A Spider. Coming to television for the first time ever in an animated series, the Cat in the Hat whisks pre-schoolers

off on a voyage of scientific discovery. "The Cat in the Hat Knows a Lot About That!" features six-year-olds Sally & Nick, best friends and next door neighbors, who are transported on magical journeys to all corners of the globe where the natural world becomes their playground. With the Cat as their guide, his two energetic helpers, the zany duo, Thing One and Thing Two and the enigmatic Fish along for the ride, every outing becomes an unpredictable adventure. In each episode, Sally and Nick head off with the Cat in his one-of-a-kind custom vehicle, the Thinga-ma-jigger, a quintessentially Seussian contraption that instantly transforms from plane to boat to submarine with just a flick of the jigger-ma-whizzer or a honk of the shrinkamadoodle. They go everywhere from the ocean bottom, to a rainforest, or to the centre of a beehive. The Cat in the Hat "knows a lot" but he doesn't know everything making him the perfect guide for learning and fun. TVY

12pm Amanpour and Company. CC #2047 (R) See 9/3 at 10pm. TVRE

1pm Pinkalicious & Peterrific. CC #101 Fairy House/Pinkabotta & Peterbotta. (R) See 9/4 at 10:30. TVY

1:30 Let's Go Luna!. CC #106 The Big Dig/Amazing Man. (R) See 9/4 at 8:30. TVY

2pm Nature Cat. CC #206 Enter The Dragonfly/Water Woes. Enter the Dragonfly - Nature Cat and his pals are assembled in Ye Olde Kingdom of the Backyard to play. The Knights of Nature! Huzzah! When Ronald sees their shiny Knights of Nature helmets, he's entranced and wants one of his own. But not so fast, Ronald! Nature Cat explains that in order to wear a helmet, Ronald must become a Knight of Nature by going on a quest, and his quest is to find a dragonfly! Huzzah! Water Woes - Whaaaat?! Daisy's whole garden isn't looking so good. The plants are all droopy and way smaller than last year. Daisy explains that the reason is because they are in a drought, which means it hasn't rained in a while. And since it hasn't rained, her rain barrel, which she uses to water her plants, is totally empty. Even other woodland creatures are thirsty and looking for water because of the drought. Man oh man! Nature Cat and the gang have to do something to help, but they can't make it rain! What they can do is learn to conserve water! Hooray! TVY

2:30 Wild Kratts. CC #114 Tazzy Chris. When Martin and Chris assist the Tasmanian Wildlife Service in tagging endangered Tasmanian Devils, they discover that Zach Varmitech has been kidnapping them to create a ferocious new Zachbot. Science Concepts: A healthy ecosystem has both predators and scavengers. Scavengers are animals that eat mostly other dead animals. TVY

3pm Molly of Denali. CC #101 Grandpa's Drum/Have Canoe, Will Paddle. (R) See 9/4 at 7:30. TVY

3:30 Odd Squad. CC #214 High Maintenance/Not Ok Computer. High Maintenance - Agents switch jobs with the maintenance department for a day. Curriculum: Word problems involving multi-addend addition and multiplication. Not OK Computer - The agents get trapped in a computer. Curriculum: Using standard to measure length and capacity. TVY

4pm Odd Squad. CC #127 O Games. O Games - In this half-hour episode, Odd Squad agents compete in Olympic style games to determine who gets to be Ms. O for the day. Curriculum: Algebraic thinking; skip counting by 2s, 5s and 10s. TVY

4:30 Arthur. CC #2001 Buster's Second Chance/Arthur and the Whole Truth. (R) See 9/4 at 5:30. TVY

5pm PBS NewsHour. CC #12648 The PBS NewsHour continues to provide in-depth analysis of current events with a news summary, live interviews and discussions of domestic and international issues. TVRE

6pm Nightly Business Report. CC #38177 TVRE

6:30 Illinois Stories. CC Placeholder. (R) See 9/1 at 4pm.

7pm Animal Babies: First Year On Earth. CC #102 Testing Limits. Learn the new challenges baby animals face once they can get around on their own. Every day brings new trials and tribulations, like searching for food, surviving in harsh environments and bonding with family members. TVPG

8pm NOVA. CC #4508 Rise of the Superstorms. Dive into the devastation wrought by Hurricanes Harvey, Irma and Maria. How can scientists better predict these storms, and what does the 2017 season tell us about the likelihood of similar storms in the future? TVPG

9pm Magical Land of Oz. CC #102 Ocean. In this episode we see why marine species are drawn to the coasts of Australia and discover that the country's three surrounding oceans - the Southern Sea, the Pacific and The Indian Ocean create a unique environment for ocean voyagers of all types. In the clean waters of Pearson Island off South Australia Sealions, once a rare sight are now protected from hunting and are thriving. Meanwhile in the shallows of Spencer Gulf, June is the time for a midwinter gathering of spectacularly colourful giant cuttlefish who battle for mates. The cold Southern Ocean also brings

humpback whales from Antarctica to give birth and triggers the breath-taking spectacle of thousands of Australian spider crabs, the largest crustaceans in the world, congregating under the piers of Port Philip Bay to moult. It's a grisly time as the first to reveal their soft shells are cannibalised by their neighbours. Still, there's safety in numbers as bigger predators, smooth stingrays, sweep over the congregation sucking them from the seabed. A hundred miles up the coast from Sydney, Cabbage Tree Island is home to one of only two breeding colonies of Gould's petrel in the world. Chicks must find their way across rocky ground, scale the vertical trunks of giant cabbage tree palms and overcome their vicious spines in order to capture the breeze to become airborne. They will spend the next five to six years at sea. Off the west coast the Lacepede Islands are bathed in the warm currents of the Indian Ocean. 18,000 pairs of brown boobies build makeshift nests here whilst further south Shark Bay lives up to its ominous name as tiger sharks sweep in to prey on a whale carcass. TVPG

10pm Amanpour and Company. CC #2048 Christiane Amanpour leads wide-ranging, in-depth conversations with global thought leaders and cultural influencers on the issues and trends impacting the world each day, from politics, business and technology to arts, science and sports. TVRE

11pm Animal Babies: First Year On Earth. CC #102 *Testing Limits.* (R) See 9/4 at 7pm. TVPG

Thursday, September 5, 2019

12am NOVA. CC #4508 *Rise of the Superstorms.* (R) See 9/4 at 8pm. TVPG

1am Magical Land of Oz. CC #102 *Ocean.* (R) See 9/4 at 9pm. TVPG

2am POV. CC #3209 (R) See 9/3 at 1am. TVPG

3am Mine Wars: American Experience. CC #2802 (R) See 9/3 at 7pm. TVPG

5am Peg + Cat. CC #101 *The Chicken Problem/The Space Creature Problem.* The Chicken Problem - The Farm. Peg and Cat have to get 100 chickens back in the coop before the farmer sees. Primary Content: Size correspondence; Secondary Content: The number 100. The Space Creature Problem - The Purple Planet. Peg, Cat and Richard must get the 100 chickens away from Big Mouth and back to their spaceship. Primary Content: Counting by tens; Secondary Content: The number 100. TVY

5:30 Arthur. CC #703 *Ants In Arthur's Pants/Don't Ask Muffy.* Ants in Arthur's - Pants To excel in science, Mr. Ratburn's class has to prove that they have P.A.N.T.S. - the ability to be patient, attentive, nosy, thoughtful, and systematic. And Arthur's certain he's got 'em to ace his ant project... until the crawly creatures end up everywhere but in their ant-farm! Can Arthur's P.A.N.T.S. save his project - and save the ants from the exterminator? Don't Ask Muffy - Muffy starts an advice column in the school newspaper to launch her career as a rich and famous talk-show host. There's only one problem - the kids are ignoring her, and flocking to a mystery advice-giver instead! If Muffy wants to be as popular as Hoprah Linseed, she'll have to learn a few lessons about competition and what really makes a good listener... TVY

6am Classical Stretch: The Esmonde Technique. CC #804 *Firm & Strengthen Your Butt.* CLASSICAL STRETCH: THE ESMONDE TECHNIQUE focuses on overall wellness and physical fitness. This series, hosted by Miranda Esmonde-White, features a graceful, fluid and controlled method of stretching the entire body. It combines yoga, tai chi, Pilates and ballet techniques, plus specific movements and stretches that reach muscles and ligaments not normally targeted in the average fitness program. The movements, designed in consultation with a physician and a physiotherapist, are simple, safe, effective and appropriate for all ages and fitness levels. TVG

6:30 Sit and Be Fit. CC #1810 *Fun Exercises for the Core and More.* Mary Ann kicks off this lively episode with a variety of core strengthening exercises followed by a fast paced circulation segment. A small ball is used to improve grip strength, reaction time and finger dexterity. Weights are utilized to target muscles of the core, arms and lower body while a large ball is used for standing balance work and pelvic mobility. Gretchen leads a stretch segment using a towel and Dr. Emily closes the episode with a balance homework exercise. TVG

7am Wild Kratts. CC #602 *Mystery of the Flamingo's Pink.* When Aviva makes a Flamingo Creature Power Suit, the color doesn't work. The suits are completely white, and the gang can't figure out why. All of the DNA is correct. There's nothing wrong. So where does the flamingo's pink come from? The gang is on a quest to solve the Mystery of the Flamingo's Pink. TVY

7:30 Molly of Denali. CC #108 *Hot Springs Eternal/Tooey's Hero.* It's a cold winter and Molly is set on discovering a hot springs Grandpa Nat once found in a blizzard, so she sets off with Grandpa, Dad, and Tooey on two snowmobiles and with a list of vague directions. When night falls, the success of their

backwoods adventure will come down to determination and traditional Alaska Native knowledge of the stars. / Tooey's hero, dog musher Eugene Pike, is recreating a historic mail run across interior Alaska. When ice breakup at the river threatens Pike's progress to Qyah, it's up to Tooey and Molly to help him finish the mail run. TVY

8am Curious George. CC #203 *Up A Tree/Curious George and the Trash.* Up A Tree: When George tires of table manners and house rules, he decides to build a tree house in the country yard - a nest of his own where using his feet to eat corn on the cob and to paint on the walls would be perfectly acceptable. Armed with his Handy Monkey Tool Set, George gathers as many building materials as possible. But he quickly learns that creating a house from scratch just might take more than a pile of plywood and a handful of nails. What he needs is a design plan to make this work - and forgiveness for accidentally stealing supplies from Quint's dock and Mrs. Renkin's chicken coop! Curious George and the Trash: Just as he is preparing to have his new driver's license photo taken, The Man with the Yellow Hat suddenly finds himself hatless - thanks to George, who accidentally crushes it. After dropping the hat off at the dry-cleaner to have it fixed, The Man asks George to wait at home for it to be delivered while he goes on a neighborhood jog. But when the hat arrives, George mistakes it for a look-a-like garbage box and tosses it down the trash chute. George's desperate attempt to recover his friend's most prized possession leads the monkey on a race through the labyrinth of the city's garbage system. TVY

8:30 Let's Go Luna!. CC #109 *Speaking Wiggles/London Frog.* In London, Andy and friends are sent on an important shopping trip for the Circo, but the simple task becomes confusing due to differences between British and American English. / When thick fog hides London's Big Ben, Luna helps Andy realize that the sounds of the city can provide the necessary clues to find their way and solve a mystery. TVY

9am Daniel Tiger's Neighborhood. CC #304 *Daniel's Allergy/Allergies at School.* Daniel's Allergy - When Daniel tries a peach for the first time, he learns he is allergic to the fruit. Dad and Doctor Anna take care of him, and Doctor Anna tells Daniel how he can take care of himself, too. Allergies at School - Daniel is celebrating the 100th day at school. He tells Teacher Harriet and his friends that he is allergic to peaches. Teacher Harriet, Katerina, Miss Elaina, O the Owl, and Prince Wednesday take care of Daniel by helping him avoid peaches. They all take care of each other in different ways throughout the school day. Strategy: We take care of each other. TVY

9:30 Daniel Tiger's Neighborhood. CC #217 *So Many Feelings/Daniel's Many Feelings.* So Many Feelings - Daniel is playing at school with Katerina and Prince Wednesday, but Prince Wednesday won't stop pretending to be a scary bear. That makes Daniel feel mad...but he's surprised to learn that Katerina and Prince Wednesday don't feel the same way. Daniel realizes the importance of sharing how you feel with your friends. Daniel's Many Feelings - Daniel is helping Dad with errands around the Neighborhood and Daniel identifies his many feelings as the day unfolds. It's amazing how many different things you can feel in one day! Strategy: It helps to say what you're feeling. TVY

10am Sesame Street. CC #4906 *Math Magic.* Max the Magician amazes Rosita, Big Bird, and Elmo with his magical, mathematical tricks. TVY

10:30 Pinkalicious & Peterrific. CC #121 *Sidewalk Art/Gnome at Home.* While drawing with chalk, Pinkalicious starts to tell her friends an epic story about Puddles the poodle and Splish-Splash the cat. Soon everyone gets in on the fun and helps to bring the chalk drawings to life! Does Pinkville have enough sidewalk for their amazing story? / It's wintertime in Pinkville and snow has covered the Pinkerton garden which means Norman the Gnome has nothing to guard! So Pinkalicious and Peter invite him to watch over the plants inside their home. But they soon learn, indoor gnomes can get pretty loud, even in the middle of the night! TVY

11am Dinosaur Train. CC #505 *Gilbert The Conductor/A Clubhouse of Their Own.* The Conductor's nephew Gilbert has been taking Conductor courses at the Troodon Academy, and has finally graduated to Cadet Conductor! The kids are thrilled - will Gilbert get his own Dinosaur Train to conduct? The answer comes when the Conductor gets sick and can't do his job, including calling out the station stops! He appoints new Cadet Gilbert to run the Dinosaur Train until he gets his voice back. The strain of running the train by himself wears heavily on Gilbert, and our kids step in to help him run it. Gilbert learns it takes a team to get the job done and keep the train running. There's big relief when the real Conductor gets his voice back and goes back to running things. No one's more relieved than Gilbert! / Our kids want their own clubhouse, separate from the family nest. They try out several locations - Tiny's Tiny Place, Dad's Thinking Tree, a large Don-made hole - but none of them are the right fit. Eventually, the kids (with the help of Mom and Dad), build their own clubhouse using natural materials. TVY

11:30 Cat in the Hat Knows A Lot About That!. CC #320 *The Song Flower Solution/The Hard Weigh.* Nick and Sally are trying to build a sandcastle but the sand is either too dry or too wet. Cat takes them to see the Song Flower Sisters, who need just the right mixture of water and soil before they'll sing. Through multiple trials, Nick and Sally learn the importance of recording procedures and of perseverance as they find the right mixture for the flowers. Sally wants to make a mobile balance with four identical rubber ducks, but she's only got three. Cat takes them to The Bazaar at Balance Point, where the Things throw everything off balance. Sally discovers that weight and size are not always equivalent and that there are many different ways to balance objects. TVY

12pm Amanpour and Company. CC #2048 (R) *See 9/4 at 10pm.* TVRE

1pm Pinkalicious & Peterrific. CC #121 *Sidewalk Art/Gnome at Home. (R) See 9/5 at 10:30.* TVY

1:30 Let's Go Luna!. CC #109 *Speaking Wigglewalker/London Frog. (R) See 9/5 at 8:30.* TVY

2pm Nature Cat. CC #104 *The Treasure of Bad Dog Bart/Pet Sounds.* The Treasure of Bad Dog Bart - While digging a hole to bury his bone, Hal uncovers Bad Dog Bart's treasure map. Legend has it that Bag Dog Bart stole the neighborhood dogs' toys, and buried them in a treasure chest for himself! No fair! Nature Cat and his pals must decipher the map so they can right this wrong, find Bad Dog Bart's treasure chest and return all of the stolen dog toys! Tally ho! Pet Sounds - The Nature Cat Band is ready for The Battle of the Pet Bands! They've been practicing for weeks and cannot wait to compete! But right before the band battle is set to begin, a mishap launches all of their instruments into the ocean! How can they make music and compete with no instruments? Oh no! TVY

2:30 Wild Kratts. CC #325 *Back In Creature Time - Go Dodo Go, Part 1.* The Wild Kratts crew lament the extinction of different animals in recent history and how they'll never ever be able to see them. Aviva decides that it's finally time to unveil her most secret invention yet - the Time Trampoline! Using the trampoline, the Wild Kratts jump back in time to meet the extinct Dodo Bird of Mauritius. But once there, they run into Gourmand's ancestor, who decides Dodos are definitely on the menu! It's Wild Kratts to the rescue! TVY

3pm Molly of Denali. CC #108 *Hot Springs Eternal/Tooey's Hero. (R) See 9/5 at 7:30.* TVY

3:30 Odd Squad. CC #202 *Back to the Past/Odd Squad Needs You.* Back to the Past - When the agents are accidentally transported to the future, they need to figure out what day it is or risk a time-tastrophe! Curriculum: Using a calendar, understanding the concept of past, present and future. Odd Squad Needs You - When Odd Squad is asked to make a recruitment commercial, Ms. O proves difficult. Curriculum: Time-learning how many seconds equal a minute, exploring what you can do in 1 minute. TVY

4pm Odd Squad. CC #217 *The Cherry-On-Top-Inator/Sir.* The Cherry-On-Top-Inator - Agents recall how a beloved gadget helped them. Curriculum: Prediction and probability. Sir - The agents bring someone with an odd problem back to headquarters. Curriculum: Time. TVY

4:30 Arthur. CC #703 *Ants In Arthur's Pants/Don't Ask Muffy. (R) See 9/5 at 5:30.* TVY

5pm PBS NewsHour. CC #12649 The PBS NewsHour continues to provide in-depth analysis of current events with a news summary, live interviews and discussions of domestic and international issues. TVRE

6pm Nightly Business Report. CC #38178 TVRE

6:30 Illinois Stories. CC Placeholder. (R) See 9/1 at 4pm.

7pm PBS Previews: Country Music. CC Meet the filmmakers and go behind the scenes of COUNTRY MUSIC, the sweeping new series from director Ken Burns. TVPG

8pm Carpenters: Close to You (My Music Presents). CC MY MUSIC Presents THE CARPENTERS: CLOSE TO YOU is a music-filled documentary that traces the Carpenters' career through the eyes of Richard Carpenter and the group's friends in the music business, featuring their top recording hits, including "(They Long to Be) Close to You," "Top of the World," "For All We Know," "Superstar," "Yesterday Once More," "Rainy Days and Mondays" and "We've Only Just Begun." Between 1970 and 1983, the Carpenters were awarded 10 gold singles and 9 gold albums, many of which also achieved multi-platinum status. They won Grammy Awards as Best New Artist and Best Contemporary Vocal group in 1970 and for Album of the Year in 1971. That same year, Karen and Richard hosted the NBC-TV summer series, "Make Your Own Kind of Music" and later starred in a series of specials on ABC-TV into the 1980s. Their soundtrack recording of "Bless the Beasts and Children" was nominated for an Academy Award, and they performed it at the Oscar telecast in 1972. From 1970 to 1981, the Carpenters consistently were represented on the Billboard charts with 17 of their singles in the Pop Top 20, including three #1 songs and six songs at #2 in addition to 17 songs hitting #1 on the Easy Listening

chart. The Carpenters became the top American recording act of the 1970s and have sold over 100 million recordings worldwide. **THE CARPENTERS: CLOSE TO YOU** features interviews with Richard Carpenter in addition to the group's musicians, famous friends and colleagues, particularly those who helped them achieve stardom, including Herb Alpert, Paul Williams, Burt Bacharach and Petula Clark. The program also contains rare footage of Richard and Karen, including never-before-seen promotional films, concert performances, studio recording sessions, archival television appearances and outtakes. TVG

9:30 Neil Diamond: Hot August Night III. CC Neil Diamond: Hot August Night III chronicles Neil Diamond's triumphant return to the legendary Greek Theatre in Los Angeles in August 2012. This magical evening celebrates the 40th anniversary of the original multiplatinum-selling Hot August Night collection that was recorded at the very same venue in 1972. TVG

11pm Last of the Breed. CC Celebrate the greatest hits of Willie Nelson, Merle Haggard and Ray Price in this 2007 concert. With the richest voices this side of the Rio Grande, the three legends give rousing performances on a treasure trove of honky-tonk and Texas swing tunes. TVG

Friday, September 6, 2019

12:30 This Old House -- 40th Anniversary Special. CC Join hosts and cast members to celebrate 40 years of groundbreaking home improvement. Vintage clips, behind-the-scenes stories and favorite moments from the series that inspired an entire genre of TV programming are also featured. TVG

2am Life from Above. CC #101 Moving Planet. See new footage of the greatest, most beautiful and powerful movements on our planet. Cameras in space capture events like an elephant family's struggle through drought, and thousands of Shaolin Kung-Fu students performing in perfect synchronicity. TVPG

3:30 Mister Rogers: It's You I Like. CC Join host Michael Keaton to celebrate "Mister Rogers' Neighborhood," the pioneering children's series that premiered nationally 50 years ago. Celebrities, cast members and Joanne Rogers reveal their favorite memories from the series. TVG

5am Peg + Cat. CC #218 The Pentagirls Problem/The Tree Problem of National Importance. The Pentagirls Problem - Recording Studio. The Pentagirls get to record with the famous Worm. But this really big break starts to break up the band! Primary Content: Flat shapes Secondary Content: Pie charts. The Tree Problem of National Importance - Washington, D.C. Peg and Cat must save the nation from humiliation when the Vice President is stuck atop a monument that's 170 feet or meters tall. Primary Content: Feet / meters Secondary Content: Height / length. TVY

5:30 Arthur. CC #2104 Muffy Misses Out/Arthur Takes A Stand. Muffy worries that her friends don't need her anymore when they plan a successful bake sale without her. Arthur thinks Mrs. MacGrady is being treated unfairly, so - with some guidance from special guest Congressman John Lewis - he decides the best way to take a stand is to take a seat. TVY

6am Classical Stretch: The Esmonde Technique. CC #805 Balance & Strength. CLASSICAL STRETCH: THE ESMONDE TECHNIQUE focuses on overall wellness and physical fitness. This series, hosted by Miranda Esmonde-White, features a graceful, fluid and controlled method of stretching the entire body. It combines yoga, tai chi, Pilates and ballet techniques, plus specific movements and stretches that reach muscles and ligaments not normally targeted in the average fitness program. The movements, designed in consultation with a physician and a physiotherapist, are simple, safe, effective and appropriate for all ages and fitness levels. TVG

6:30 Happy Yoga with Sarah Starr. CC #505 Waves. Allow the powerful ocean energy to recharge your body as we explore an invigorating modified yoga practice using a chair for support. Including gentle sun salutations along with easy to follow yoga moves to stretch and lengthen the spine in a full range of motion, creating more ease in the back, shoulders and hips. TVG

7am Wild Kratts. CC #515 The Erminator. While on a mission to explore the creature powers of the chickadee - and to discover why such a little bird can make it through the toughest winters - Martin and Chris get separated. While Chris makes it back to the Tortuga with his chickadee findings, Martin encounters an ermine. With the help of this little weasel, Martin also learns what it takes to survive in this harsh environment. Science Concept: Animals use different strategies to survive in harsh environments. TVY

7:30 Molly of Denali. CC #113 Fiddle of Nowhere/A Splash of Mink. Oscar has dreamed about participating in Qyah's annual fiddle festival and becoming a champion fiddler like his idol, Finnegan King. This year, he is finally old enough to play, but he breaks an E string the morning of the event and there

are no replacements to be found in town! His only hope is a snowshoe journey out to the cabin of Mr. Patak's mysterious customer, known only as "The Fiddler in the Woods," to borrow one. Will Molly, Oscar, and Mr. Patak make it to the Fiddler's cabin in time? / Molly and Trini can't wait to get their jig on at the Qyah Tribal Hall, but on the way, they run into an adorable, tiny mink that leaves them covered in a big, stinky smell. The duo tries tips from an online "cleaning expert," but nothing the site suggests works. Can they find an effective way to lose the mink stink, or will they have to sit this dance out? TVY

8am Curious George. CC #803 *George's Backwards Flight Plan/Curious George, Hog Trainer.* George's Backwards Flight Plan - Help! Professor Wiseman is set to launch B.I.R.D., her bird migration tracking device, at sunset, but the remote control isn't functioning properly. Up is down. Left is right. Off is on. Can George and Marco master the tricky remote control in time or will this B.I.R.D. be flying North for the winter? Curious George, Hog Trainer - George and Allie are determined to help Howie the Hog win a blue ribbon at the state fair, but the portly pig doesn't like to train for the competition. Once they figure out how to keep Howie clean, George and Allie use their creativity to find ways to keep Howie motivated and cool while exercising. Will Howie be in hog heaven this year and win the blue ribbon? TVY

8:30 Let's Go Luna!. CC #122 *Story of Smoothie/Andy The Giant.* TVY

9am Daniel Tiger's Neighborhood. CC #203 *Time for Daniel/There's Time for Daniel and Baby Too.* Time for Daniel Daniel is playing adventure tiger at home with Dad, but things are not quite the same, now that Baby Margaret is around. Daniel is upset that Dad keeps interrupting their play to take care of Baby Margaret, but Daniel learns that there's time for the baby and time for Daniel, too. There's Time for Daniel and Baby Too Daniel is still getting used to have the new baby around. When Prince Wednesday comes over to play, Daniel is upset when Prince Wednesday wants to play with the baby instead of him, but he learns that there's time for the baby and time for Daniel, and what's even better is when they all play together! Strategy: There's time for you and baby too TVY

9:30 Daniel Tiger's Neighborhood. CC #404 *Daniel's Obstacle Course/Daniel Plays in a Gentle Way.* Daniel's Obstacle Course - Daniel and Margaret are playing on a homemade obstacle course. When Daniel plays too fast and loud, Margaret gets upset. Daniel realizes that sometimes he needs to play slowly and gently with his baby sister. Daniel Plays in a Gentle Way - Daniel Tiger is playing slowly outside at school, but his friends start to play too fast and rough with him. Daniel and his friends learn that sometimes friends want to play fast, but other times, it's important to play slowly and gently. TVY

10am Sesame Street. CC #4901 *When You're A Vet. (R) See 9/2 at 10am.* TVY

10:30 Pinkalicious & Peterrific. CC #114 *Secret Sculpture/The Celebrator.* Pinkalicious, Peter and friends set out to explore Pinkville Green and discover a secret statue to play on! Mr. Crunk tells them not to touch the art, but it looks so fun! Can you play with art? Pinkville's birthday is coming up, and Mommy has made just the invention for the occasion - the celebrator! It's so much fun to use that Pinkalicious can't stop celebrating -- every little thing -- until celebrating becomes, well, a little annoying. TVY

11am Dinosaur Train. CC #211 *Haunted Roundhouse/Big Pond Pumpkin Patch.* Dad takes the kids on a special Night Train to Troodon Town, where the Troodons have decorated their Roundhouse into a "haunted house" for a spooky party. The kids end up meeting a strange new nocturnal creature - a mammal named Vlad Volaticotherium, who was hiding in the roundhouse trying to get some sleep. The Pteranodon family learns more about the customs of their neighbors, the Lambeosaurus family, when they are invited for the first time to accompany them to the Big Pond to celebrate "Gourd Day" - a kind of Mesozoic Halloween. The kids see their first pumpkins, and Larry Lambeosaurus even shows our family how to hollow them out and carve faces into them. TVY

11:30 Cat in the Hat Knows A Lot About That!. CC #120 *Pick Your Friends/Finola's Farm.* Pick Your Friends - It's Valentine's Day and Nick and Sally disagree hotly on how to decorate the card they're making for the Cat. Does this mean they aren't really best friends? The Cat takes them to meet Sheldon, a tortoise who knows all about friendship. They learn that Sheldon's best friend is completely different from him and that being best friends doesn't mean you always have to agree. Finola's Farm - Nick and Sally are sittind down to breakfast but have run out of milk. The Cat arrives to take them to Finola's Farm to have breakfast with Finola. First they learn how to milk a cow, then they discover that cows' milk can be made into butter and cheese and best of all--ice cream! TVY

12pm Amanpour and Company. CC #2049 Christiane Amanpour leads wide-ranging, in-depth conversations with global thought leaders and cultural influencers on the issues and trends impacting the world each day, from politics, business and technology to arts, science and sports. TVRE

1pm Pinkalicious & Peterrific. CC #114 *Secret Sculpture/The Celebrator. (R) See 9/6 at 10:30.* TVY

1:30 Let's Go Luna!. CC #122 *Story of Smoothie/Andy The Giant. (R) See 9/6 at 8:30.* TVY

2pm Nature Cat. CC #202 *Stop and Hear The Cicadas/Cold-Blooded.* Stop And Hear The Cicadas - Today is the day of the Nature Quiz game show and Daisy has been studying non-stop! But while on the way to the quiz, the gang hears a spooky scary noise in the forest that stops them in their tracks. What could it be?! And where is it coming from?! Nature Cat is convinced the forest is haunted. Daisy thinks there must be a more logical explanation. Time for a little scientific investigation! Oh yeah! Oh yeah! Cold-Blooded - Man-oh-man! Something keeps knocking over Daisy's precious Pinecone Pals! Maybe it's the wind? Hal knows exactly who can protect the Pinecone Pals! Police officer Captain Pino Pineaconi, he's a Pinecone of Law! But when the gang returns from a fun game of hide-and-go-seek, they find the Pinecone Pals knocked over again! Who keeps doing this?! Captain Pino thinks its time to launch an investigation and the good captain is right! Time to look for clues. Tally ho! TVY

2:30 Wild Kratts. CC #317 *Mini Madagascar.* With no big land predators, Chris realizes that Madagascar is one of the safest places in the world for adventuring. It's the perfect place to miniaturize and explore. But the 'mini' Kratts soon discover, they made a big mistake! TVY

3pm Molly of Denali. CC #113 *Fiddle of Nowhere/A Splash of Mink. (R) See 9/6 at 7:30.* TVY

3:30 Odd Squad. CC #201 *First Day.* In this two-part episode, agents struggle with a case while Oscar interviews candidates to run the Odd Squad Creature Room. Curriculum: Data and charts. TVY

4pm Odd Squad. CC #209 *Happy Halfiversary/Good Egg Bad Egg.* Happy Halfiversary - The agents celebrate an important milestone in their partnership. Curriculum: Using a calendar; Understanding how many days in a week and how many months in a year. Good Egg Bad Egg - The agents try to determine what kind of creature will hatch from an egg. Curriculum: Data Analysis and Measurement. TVY

4:30 Arthur. CC #2104 *Muffy Misses Out/Arthur Takes A Stand. (R) See 9/6 at 5:30.* TVY

5pm PBS NewsHour. CC #12650 The PBS NewsHour continues to provide in-depth analysis of current events with a news summary, live interviews and discussions of domestic and international issues. TVRE

6pm Nightly Business Report. CC #38179 TVRE

6:30 Illinois Stories. CC Placeholder. (R) See 9/1 at 4pm.

7pm Washington Week. CC #5910 TVRE

7:30 Capitolview. CC #90519

8pm Joe Bonamassa: Muddy Wolf at Red Rocks. CC Guitar Hero Joe Bonamassa performs an exclusive event concert experience at Red Rocks Amphitheater celebrating the music of blues legends Muddy Waters and Howlin' Wolf. Beginning just before sundown, the concert highlights the natural beauty of the amphitheater and focuses primarily on the catalogs of Howlin' Wolf, one of the most influential Chicago bluesmen of all time, known for his deep, scratchy voice, and Muddy Waters, considered the "father of modern Chicago blues" and a major inspiration for the British blues explosion of the 1960s, a genre that Bonamassa grew up with and that influences his own music to this day. A full performance will be dedicated to a selection of songs from each artist, starting with a tribute to Muddy Waters, dressing in formal Blues white as Muddy used to and showcasing archival footage of Muddy in this first section. The following segments are a tribute to Howlin' Wolf and then a set of songs from Bonamassa's own extensive catalog with three new songs from his new album, *Different Shades of Blue*.

9:30 The O'Jays: Live In New York. CC Join the R&B supergroup for a concert featuring their greatest hits, fan favorites and new songs. Taped in March 2019, performances include "Love Train," "Use Ta Be My Girl," "For The Love Of Money," "Enjoy Yourself" and more. TVG

11pm Feel Better with Pressure Point Therapy. CC In the first-ever pledge special on Pressure Points Therapy, Dr. Michael Pinkus (D.C.) empowers viewers to take pain relief into their own hands. Over the years, Dr. Pinkus has found a way to make Eastern medicine practices easy to understand and accessible to the layperson. Comparing Asian acupuncture charts to Western nerve charts of the body, Dr. Pinkus cross referenced which nerve pathways were involved with the ancient acupressure points. Where did the nerve travel to? What area of the body did it control or influence? Which organs were influenced by these points and how did this correspond to the nerve pathways in the body? From these observations and many years of hands-on application as a successful Doctor of Chiropractic, he derived this technique which he coined "Pressure Point Therapy." Pressure Point Therapy With Dr. Michael Pinkus (wt) is a lecture format special that will show viewers how they can apply these techniques in their daily lives. TVG

Saturday, September 7, 2019

12am Prince: Rave Un2 The Year 2000. CC Experience Prince's legendary talent and peerless showmanship at a dazzling show filmed on the cusp of the new millennium. Recorded at Paisley Park Studios, the concert features performances of his timeless hits including "Kiss" and "Purple Rain." TVG

1:30 Food: What The Heck Should I Eat? with Mark Hyman, MD. CC Did you know that oatmeal actually isn't a healthy way to start the day? That milk doesn't build bones, and eggs aren't the devil? In *Food: What the Heck Should I Eat?*, Dr. Mark Hyman looks at every food group and explains what we've gotten wrong, revealing which foods nurture our health and which pose a threat. He also explains food's crucial role in functional medicine and how food systems and policies affect our environmental and personal health. With myth-busting insights, easy-to-understand science, and delicious, wholesome recipes, *Food: What the Heck Should I Eat?* is a no-nonsense guide to achieving optimal weight and lifelong health. Eating real food doesn't have to be complicated. Dr. Hyman is going to show us the principles of healthy eating by walking through each of the major food categories - from meats to beverages and everything in between. Dr. Hyman tells the viewer exactly what foods to focus on and what to avoid. He will provide easy steps to get started, taking out all of the guess work of putting together meals. As a bonus, Dr. Hyman will also explain how food is one of the greatest contributors to global warming and pollution, then he will show us what foods will take less of a toll on our environment and our health. TVG

3:30 Mister Rogers: It's You I Like. CC (R) See 9/6 at 3:30. TVG

5am Mister Rogers' Neighborhood. CC #1561 *How People Make Trumpets/Plans for Comet Celebrating.* (R) See 9/1 at 5am. TVY

5:30 Splash and Bubbles. CC #138 *Pole-To-Pole, Parts 1 & 2.* The Reeftown Rangers discover that, unlike them, Melody the fin whale migrates twice a year to follow the krill. Inspired by Melody, Splash and the others attempt to experience migration for themselves, beginning in the Antarctic, where they meet Mac, a mackerel icefish. / The Reeftown Rangers, continuing their migration adventure in the Antarctic, meet Pebbles, a gentoo penguin, and learn that she will receive a gift of a pebble from a male penguin who wants her to be his partner for life. TVY

6am Sesame Street. CC #4902 *Picture This.* (R) See 9/3 at 10am. TVY

6:30 Daniel Tiger's Neighborhood. CC #303 *Daniel Makes a Noise Maker/Daniel Makes the Neighborhood.* (R) See 9/3 at 9am. TVY

7am Pinkalicious & Peterrific. CC #121 *Sidewalk Art/Gnome at Home.* (R) See 9/5 at 10:30. TVY

7:30 Molly of Denali. CC #108 *Hot Springs Eternal/Tooey's Hero.* (R) See 9/5 at 7:30. TVY

8am Let's Go Luna!. CC #109 *Speaking Wigglewalker/London Frog.* (R) See 9/5 at 8:30. TVY

8:30 Splash and Bubbles. CC #138 *Pole-To-Pole, Parts 1 & 2.* (R) See 9/7 at 5:30. TVY

9am Curious George. CC #203 *Up A Tree/Curious George and the Trash.* (R) See 9/5 at 8am. TVY

9:30 Wild Kratts. CC #602 *Mystery of the Flamingo's Pink.* (R) See 9/5 at 7am. TVY

10am Odd Squad. CC #202 *Back to the Past/Odd Squad Needs You.* (R) See 9/5 at 3:30. TVY

10:30 P. Allen Smith's Garden Home. CC #1612 *Living Poultry Museum.* Heritage poultry has seen a decline in population numbers, but P. Allen Smith goes in depth to find out how we can save these breeds from extinction. TVG

11am Mid-American Gardener. CC

11:30 Garden SMART. CC #5609 Fresh vegetables from the garden, what's not to like? Sometimes vegetable gardens can look drab. But they don't need to. GardenSMART visits with an accomplished chef who has great vegetables in a good looking garden. Tune in and learn the secret to creating an attractive vegetable garden. TVG

12pm Antiques Roadshow. CC #2106 *Indianapolis, Hour Three.* (R) See 9/2 at 7pm. TVG

1pm 3 Steps to Pain-Free Living. CC Eliminate the root cause of many painful conditions with this easy to follow plan from neuromuscular therapist, yoga instructor and pain specialist Lee Albert, who teaches five simple exercises to correct muscle imbalance. TVG

3pm PBS Previews: Country Music. CC (R) See 9/5 at 7pm. TVPG

4pm This Old House -- 40th Anniversary Special. CC (R) See 9/6 at 12:30. TVG

5:30 Nat King Cole's Greatest Songs (My Music). CC Celebrate the centennial of the timeless artist in this special featuring his greatest hits and cherished standards, including "Mona Lisa," "Unforgettable" and "When I Fall in Love," along with rarely seen footage from his variety show. TVG

7pm Straight from the Heart: Timeless Music from the 60s & 70s (My Music). CC Join Tony Orlando and Dawn for musical memories featuring the most popular singers and songs heard on the

radio in the 1960s and 1970s. Performers include the Fifth Dimension, Dionne Warwick, Debby Boone, BJ Thomas, Lou Rawls and more. TVG

8:30 Daryl Hall & John Oates Live In Dublin. CC Join the number-one selling duo in music history for this sold-out concert filmed in Dublin, their first performance in Ireland. Hall & Oates perform a set list of hits including "Maneater," "Private Eyes," "I Can't Go For That (No Can Do)" and more. TVG

10pm Woodstock: Three Days That Defined A Generation: American Experience. CC #3106 Celebrate the 50th anniversary of the concert that became a touchstone for a generation. The film brings the three-day concert to life through the voices of those who were present at what became the defining moment of the counterculture revolution. TV14

Sunday, September 8, 2019

12:30 Keto Diet with Dr Josh Axe. CC Following his very successful first program, Dr. Josh Axe returns to public television in an entertaining new presentation to share cutting-edge health and nutrition advice based on his new book *The Keto Diet*. In his familiar upbeat style, Dr. Axe puts his own fresh spin on the widely successful and well-researched keto diet. Unlike many fad diets that come and go with very limited rates of long-term success, the ketogenic diet (or "keto diet") has been practiced for more than nine decades and is based upon a solid understanding of physiology and nutrition science. The program showcases delicious food and recipe options. It includes a demonstration of how to make Dr. Axe's preferred keto-friendly, gut-healing smoothie recipe. Dr. Axe clearly outlines the great benefits of the keto diet beyond fasting and weight loss: reduced risk for type 2 diabetes, reduced risk of heart disease, resistance to brain and neurological disorders, and more. The keto diet works for a high percentage of people and it targets several key, underlying causes of weight gain, including hormonal imbalances. This is especially true of insulin resistance coupled with high blood sugar levels. The keto diet also ends the cycle of restricting and binging on empty calories that so many dieters struggle with. That cycle is often a result of hunger, which is not a factor on the keto diet, as the list of approved, satiating foods is long. TVG

2am 3 Steps to Pain-Free Living. CC (R) See 9/7 at 1pm. TVG

3:30 Brain Secrets with Dr. Michael Merzenich. CC Join host Maria Shriver to discover how to improve and maintain cognitive fitness and deal with aging. Dr. Merzenich, a neuroscience pioneer, reveals new information about the brain and shows us how to rejuvenate and reshape our brains. TVG

5am Mister Rogers' Neighborhood. CC #1505 Opera Day. "Spoon Mountain Opera," starring Betty Aberlin and Chuck Aber. Wicked Knife and Fork is holding Purple Twirling Kitty captive on Spoon Mountain. Prince Extraordinary (Chuck Aber) and Betty Green (Betty Aberlin) from the Park Service must climb the mountain to rescue the kitty. They finally learn the reason for Wicked Knife and Fork's nasty behavior and are able to help him change. TVY

5:30 Splash and Bubbles. CC #122 Partner Pals/Ultimate Hide and Seek. Splash and Bubbles have an argument and decide not to play together for a while. With the help of Dunk and Ripple, they learn how much better things go for each of them when they communicate and cooperate. Splash's friends think he is so good at hide and seek that they decide to challenge him to find sea creatures who can blend into the background, making them very hard to find. TVY

6am Sesame Street. CC #4918 Elmo Goes to Chicken School. (R) See 9/4 at 10am. TVY

6:30 Daniel Tiger's Neighborhood. CC #203 Time for Daniel/There's Time for Daniel and Baby Too. (R) See 9/6 at 9am. TVY

7am Pinkalicious & Peterrific. CC #114 Secret Sculpture/The Celebrator. (R) See 9/6 at 10:30. TVY

7:30 Molly of Denali. CC #113 Fiddle of Nowhere/A Splash of Mink. (R) See 9/6 at 7:30. TVY

8am Let's Go Luna!. CC #122 Story of Smoothie/Andy The Giant. (R) See 9/6 at 8:30. TVY

8:30 Nature Cat. CC #202 Stop and Hear The Cicadas/Cold-Blooded. (R) See 9/6 at 2pm. TVY

9am Curious George. CC #803 George's Backwards Flight Plan/Curious George, Hog Trainer. (R) See 9/6 at 8am. TVY

9:30 Wild Kratts. CC #515 The Erminator. (R) See 9/6 at 7am. TVY

10am Odd Squad. CC #201 First Day. (R) See 9/6 at 3:30. TVY

10:30 MotorWeek. CC #3901 R/T: '20 PORSCHE 911 GOSS: PARKING BRAKE ISSUES / ROCK AUTO FYI: CERTIFIED USED CARS L/T: NISSAN ALTIMA, TOYOTA RAV4 R/T: '20 FORD EXPLORER TVG

11am America's Heartland. CC #1403 AMERICA'S HEARTLAND celebrates the men and women across who grow the country's crops, raise its livestock, tend its nurseries and prepare its food.

AMERICA'S HEARTLAND taps into the national fascination with food and curiosity about unfamiliar places and ways of life, while also exploring the American values of family, hard work and the spirit of independence. The series, produced entirely on location, portrays the worlds of agriculture, horticulture and aquaculture complete with fascinating stories, compelling characters, innovative ideas and enticing travel destinations. TVG

11:30 Market to Market. CC #4503 TVRE

12pm Capitolview. CC #90519 (R) See 9/6 at 7:30.

12:30 Rick Steves Fascism In Europe. CC In this one-hour special, Rick Steves travels back a century to learn how fascism rose and then fell in Europe - taking millions of people with it. He traces fascism's history from its roots in the turbulent aftermath of World War I, when masses of angry people rose up, to the rise of charismatic leaders who manipulated that anger, and the totalitarian societies they built. In addition, Rick chronicles the brutal measures the leaders used to enforce their ideologies, and discusses the horrific consequences of genocide and total war. And yet despite all this, inspiration can be found by those who resisted. Along the way, Rick visits poignant sights throughout Europe relating to fascism, and talks with Europeans whose families lived through those times. The goal of the RICK STEVES SPECIAL: THE STORY OF FASCISM IN EUROPE is to learn from the hard lessons of 20th-century Europe, and to recognize that ideology in the 21st century. TVPG

2pm Les Miserables 25th Anniversary Concert at the O2. CC Celebrate the legendary musical with a stellar cast including Alfie Boe, Nick Jonas, Lea Salonga, Colm Wilkinson, Norm Lewis and Ramin Karimloo. Staged by producer Cameron Mackintosh, the concert was filmed at London's O2 Arena.

6pm PBS Previews: Country Music. CC (R) See 9/5 at 7pm. TVPG

7pm Country Music: Live at the Ryman, A Concert Celebrating the Film by Ken Burns. CC Join celebrated musicians for a concert celebrating the film by Ken Burns. Hosted by Burns and featuring performances and appearances by Dierks Bentley, Rosanne Cash, Rhiannon Giddens, Vince Gill, Kathy Mattea, Marty Stuart, Dwight Yoakam and more. TVPG

9pm PBS Previews: Country Music. CC (R) See 9/5 at 7pm. TVPG

9:30 Country Music: Live at the Ryman, A Concert Celebrating the Film by Ken Burns. CC (R) See 9/8 at 7pm. TVPG

11:30 Capitolview. CC #90519 (R) See 9/6 at 7:30.

Monday, September 9, 2019

12am Kids In Crisis: You're Not Alone. CC TVG

12:30 Country Music: Live at the Ryman, A Concert Celebrating the Film by Ken Burns. CC (R) See 9/8 at 7pm. TVPG

2:30 PBS Previews: Country Music. CC (R) See 9/5 at 7pm. TVPG

3am LIVE FROM LINCOLN CENTER. CC #4405 *Odyssey Chamber Music Society In Greece.* Join the extraordinary musicians of the Chamber Music Society on a remarkable journey across iconic settings as they perform signature works in venues like the Ancient Amphitheater of Larissa, the historic Church of the Taxiarchon in Pelion and more. TVPG

4:30 Symphony for Nature: The Britt Orchestra at Crater Lake. CC Join classical musicians and Klamath drummers for a world premiere inspired by Oregon's breathtaking Crater Lake, forging deep connections among people, art and nature in an environment rich with historic and spiritual significance. TVG

5am Peg + Cat. CC #204 *The Package Problem/The Train Problem.* The Package Problem - Peg's Neighborhood. When Peg and Cat are waiting for a package, one minute feels like forever; but when they're trying to prevent an explosion, time flies! Primary Content: Minutes and seconds Secondary Content: Adding to 7. The Train Problem - The Peg + Cat Express. Missing lollipops, bananas, symphonies, and chickens can only mean: there's a thief on the Peg + Cat Express! Primary Content: Subtraction Secondary Content: Above and below. TVY

5:30 Arthur. CC #709 *Prunella Sees The Light/Return of the Snowball.* Prunella Sees the Light - To make everything perfect for her sleepover with Marina, Prunella happily styles her room to resemble a "Henry Skreever" book. But then she panics - since Marina is blind, will decorations she can't even see offend her... or worse, make her trip? Or will Prunella discover that her worries about protecting Marina - and their friendship - are more about Prunella's own perceptions rather than Marina's actual capabilities? Return of the Snowball - For six months, two weeks and four days, D.W. has been trying to solve the

mystery of her snowball's disappearance. So when it re-appears in the freezer, she's ecstatic!! But wait - if it was taken once, how can she stop it from being stolen again? Can D.W. keep the snowball safe from plotting thieves... or even from melting? TVY

6am Classical Stretch: The Esmonde Technique. CC #806 *Lose A Pant Size*. CLASSICAL STRETCH: THE ESMONDE TECHNIQUE focuses on overall wellness and physical fitness. This series, hosted by Miranda Esmonde-White, features a graceful, fluid and controlled method of stretching the entire body. It combines yoga, tai chi, Pilates and ballet techniques, plus specific movements and stretches that reach muscles and ligaments not normally targeted in the average fitness program. The movements, designed in consultation with a physician and a physiotherapist, are simple, safe, effective and appropriate for all ages and fitness levels. TVG

6:30 Happy Yoga with Sarah Starr. CC #506 *Bloom*. Rejuvenate amongst the spectacular desert bloom with a modified yoga practice using a chair for support. Including dynamic seated stretches to open the hips and improve range of motion in the spine along with a balance and strength standing sequence, incorporating gentle side bends to expand the breath, activate the core and bring overall spaciousness to the body. TVG

7am Wild Kratts. CC #202 *Race for the Hippo Disc*. When Chris and Martin accidentally lose a Power Disc on the African savannah, the Wild Kratts goes into crisis mode to find the disc before it gets into the hands of Zach Varmitech. TVY

7:30 Molly of Denali. CC #109 *The Worm Turns/Little Dog Lost*. Molly, Tooeey, and Trini are convinced giant ice worms are responsible for a power outage at the Trading Post, thanks to a spooky story from Grandpa Nat. The kids head to the library to learn more about the ice worms and find out if they're real or if they're fake. / When Tooeey's newest dog Anka wanders off during a training run in the woods, Molly and Tooeey find ways to lure her back home. But when Anka fails to return in the morning, they realize solving certain problems can take a village...and a ham radio. TVY

8am Curious George. CC #205 *Grease Monkeys In Space/Pinata Vision*. Grease Monkey in Space: The Man with the Yellow Hat's dream of space travel is finally coming true! He's been assigned to repair a large telescope, but on the day of the big launch Professors Wiseman, Pizza and Einstein realize that it's actually a two-man - or rather, a one-man and one-monkey - job. Soon it's up to George to complete the mission and replace the telescope's batteries. George has only a few minutes before his air runs out to accomplish his task and remember his right, his left and his shapes. Can George save the day or will the space walk turn into a space "whoops?" Pinata Vision: When George attends Betsy's birthday party he is ready for a day of fun with friends. Steve and Betsy blindfold George and give him the first shot at breaking open the birthday pinata - but when George swings the bat without any sense of where he's aiming, he makes a grand mess instead. To help George improve his game, Steve blindfolds George and sets him off to try and find Charkie - and George navigates his way around the city by using only his hands, ears and sense of touch. His adventure leads him to some familiar places and ultimately back to the sweet pinata prize! TVY

8:30 Let's Go Luna!. CC #105 *Bob The Plant/Aren't We A Pair?*. In Cairo, Leo's plant "Bob" isn't doing well. Leo must find out what's wrong and save Bob! / When Carmen chases after her hamster in Cairo, she makes friends with a girl who helps her see that Egypt is not as ancient or unfamiliar as she thought. TVY

9am Daniel Tiger's Neighborhood. CC #405 *Jodi's First Day at School/Daniel Plays at Jodi's House*. Jodi's First Day at School - Jodi is nervous on her first day at a new school, so Teacher Harriet explains to Jodi that she can find something or someone she knows to help herself feel better. She spots Daniel Tiger, who is someone she knows! Daniel takes on the duties of "First Day Friend" to help Jodi feel comfortable at her new school. Daniel Plays at Jodi's House - Daniel goes to Jodi's house after school. At first, Daniel feels a little nervous because he's never played at Jodi's house after school before. Then Daniel finds things he knows - like blueberries - to make himself feel better at Jodi's house. TVY

9:30 Daniel Tiger's Neighborhood. CC #218 *Daniel Feels Two Feelings/The Neighborhood Carnival*. Daniel Feels Two Feelings - Up, up and away! Daniel, Katerina, and O are excited to fly a kite, but get frustrated when they can't keep the kite in the air. They find out that it's ok to feel two feelings at the same time. The Neighborhood Carnival - The Neighborhood Carnival is in town, and Daniel can't stop thinking about riding the Ferris wheel for the very first time. But when he gets to the carnival, he feels both excited and scared. Will Daniel ride the Ferris wheel, or wait until next year? Strategy: Sometimes you feel two feelings at the same time... and that's okay. TVY

10am Sesame Street. CC #4903 *Hey! Sesame Street News.* Cookie Monster is a journalist for Abby and Big Bird's newspaper, "Hey Sesame Street News!." He solves the mystery of Chris' missing belt buckle by asking the five W questions: who, what, where, when, why. TVY

10:30 Pinkalicious & Peterrific. CC #136 *Whale of a Song/Pinkabubbles.* The Pinkerton family is going whale watching with Captain Jolly! While at sea they discover a lost baby whale. Will Pinkalicious' whale song succeed in calling out to its mommy - one of Pinkville's great pink whales? / It seems like another fun-filled, bubble-blowing day in Pinkville - until Peter gets trapped in Pinkalicious's huge bubble! Pinkalicious and friends chase Peter all around town. Will the Peter-bubble burst before they catch him? TVY

11am Dinosaur Train. CC #502 *Mom Was A Kid Once.* After Shiny and Annie have a disagreement while exploring a local cave, Mom recalls a similar disagreement with her best friend when she was a kid, Tilly Pteranodon. Tilly happens to be visiting that day and the kids get to meet her for the first time. Mom and Tilly have a great reunion, yet they have very different memories of what their childhood disagreement was about-except that it was about an adventure in a swamp and a swamp-dwelling creature. To clear things up, Mom, Tilly, Tiny, Shiny, and Annie go back to Mom and Tilly's old neighborhood and the swamp. / Mom and Tilly (along with Tiny, Shiny, and Annie) return to their old neighborhood to explore the swamp where they used to play as kids and had a disagreement. The disagreement was about a swamp creature - was it a friend or foe? Mom and Tilly discover the creature, who is still there, is a friend! She is GOLDIE the GLOBIDENS, a marine creature who eats mostly shellfish. Mom recalls that she was scared of Goldie as a kid. and that that was the crux of her disagreement with Tilly. But, that was then, and now their friendship is patched up and strong again - a good example for Shiny and Annie. TVY

11:30 Cat in the Hat Knows A Lot About That!. CC #302 *Accidents Happen....If You're Lucky/Making Waves.* When Sally accidentally destroys Nick's model of a mountain, the Cat takes them to meet Sara of Serendip, an inventor who helps them understand that you can make new discoveries through your mistakes. Nick discovers that Sally can't hear him when he yells from his bedroom window if their bedroom windows are closed. The Cat takes them to the Soundy Sea and they learn that sound travels in waves. TVY

12pm Amanpour and Company. CC #2050 Christiane Amanpour leads wide-ranging, in-depth conversations with global thought leaders and cultural influencers on the issues and trends impacting the world each day, from politics, business and technology to arts, science and sports. TVRE

1pm Pinkalicious & Peterrific. CC #136 *Whale of a Song/Pinkabubbles. (R) See 9/9 at 10:30.* TVY

1:30 Let's Go Luna!. CC #105 *Bob The Plant/Aren't We A Pair?. (R) See 9/9 at 8:30.* TVY

2pm Nature Cat. CC #205 *Lets Talk Turkey Vulture/Prescription: Nature.* Let's Talk Turkey Vulture - It's a crisp autumn day and Nature Cat and his pals are raking leaves in their backyard when a large creepy shadow suddenly covers them. Nature Cat looks up to see big bald birds swooping over their heads. What are those things? And what do they want? Ahhhh! The scary birds come down to introduce themselves as Tammy and Tobias. The gang learns that they're turkey vultures, and despite their intimidating appearance, they come in peace, man! Prescription: Nature - Hal has been inside his doghouse all week trying to build a Squeak-a-saurus Rex, a model Tyrannosaurs Rex built completely out of squeak toys. It's gonna be fabuladocious! But every time he's about to be finished, the model breaks apart, making Hal very frustrated and tired. He'll never get his Squeak-a-saurus Rex finished!! Dr. Daisy has the remedy. A dose of nature should do the trick! It's time for Hal to take a break and go outside! TVY

2:30 Wild Kratts. CC #115 *Octopus Wildkratticus.* When Martin accidentally knocks Aviva's creature power suits into a deep Arctic trench, the Martin and Chris dive down in search of them in Aviva's newly invented Octopod submarine. Science Concepts: An Octopus can use ink, jet propulsion, tentacle regeneration, and camouflage in order to escape or hide when in danger. Each feature has an important function for survival. TVY

3pm Molly of Denali. CC #109 *The Worm Turns/Little Dog Lost. (R) See 9/9 at 7:30.* TVY

3:30 Odd Squad. CC #128 *Not So Splash/Switch Your Partner Round and Round.* Not So Splash - In the middle of summer, Olive and Otto investigate why parts of town are turning snowy and cold. Curriculum: Measurement; comparing temperatures and using a thermometer. Switch Your Partner Round and Round - Olive and Otto discover what life would have been like if Ms. O has assigned them different partners. Curriculum: Measurement; using standard measurements to compare capacity. TVY

4pm Odd Squad. CC #208 *Flawed Squad/The Creature Whisperer.* Flawed Squad - The Villains team up to break into Odd Squad headquarters. Curriculum: Data Collection and analysis; Using tally marks to

track data; Graphing. The Creature Whisperer - The agents struggle to catch an odd creature.
Curriculum: Composition and Decomposition of 2D shapes. TVY

4:30 Arthur. CC #709 Prunella Sees The Light/Return of the Snowball. (R) See 9/9 at 5:30. TVY

5pm PBS NewsHour. CC #12651 The PBS NewsHour continues to provide in-depth analysis of current events with a news summary, live interviews and discussions of domestic and international issues. TVRE

6pm Nightly Business Report. CC #38180 TVRE

6:30 Illinois Stories. CC Placeholder. (R) See 9/1 at 4pm.

7pm Straight from the Heart: Timeless Music from the 60s & 70s (My Music). CC (R) See 9/7 at 7pm. TVG

8:30 Story Songs (My Music). CC Join host B.J. Thomas for vintage performances of the songs that united us by original artists like Don McLean, Bobbie Gentry and Glen Campbell. Songs include "American Pie," "Ode to Billie Joe," "Harper Valley PTA" and "Wichita Lineman." TVG

10pm Downton Abbey Live!. CC Join host Deborah Roberts along with cast members and creators for a celebration of the beloved series and a sneak peek at the upcoming feature film. Guests will reveal behind-the-scenes stories and preview clips from the film. TVG

11:30 Rick Steves' European Travel Tips and Tricks. CC In RICK STEVES' EUROPEAN TRAVEL TIPS AND TRICKS, Rick shares the essential skills for smart European travel: itinerary planning, venturing off the beaten path, packing light, and avoiding crowds (and thieves). He also offers tips on transportation, finding hotels and restaurants, and much more. Throughout the special, Rick imparts valuable lessons from a lifetime of travel so others can learn from his experience and travel smarter. TVG

Tuesday, September 10, 2019

1am 3 Steps to Pain-Free Living. CC (R) See 9/7 at 1pm. TVG

3am Daryl Hall & John Oates Live In Dublin. CC (R) See 9/7 at 8:30. TVG

4:30 Betty White: First Lady of Television. CC The definitive look at Betty White's life and career. Thanks to exclusive access, you'll see Betty behind the scenes at work, entertaining at home and interacting with her close friends, one of whom is a 900-pound grizzly bear. TVG

6am Classical Stretch: The Esmonde Technique. CC #807 Elongating Your Muscles. CLASSICAL STRETCH: THE ESMONDE TECHNIQUE focuses on overall wellness and physical fitness. This series, hosted by Miranda Esmonde-White, features a graceful, fluid and controlled method of stretching the entire body. It combines yoga, tai chi, Pilates and ballet techniques, plus specific movements and stretches that reach muscles and ligaments not normally targeted in the average fitness program. The movements, designed in consultation with a physician and a physiotherapist, are simple, safe, effective and appropriate for all ages and fitness levels. TVG

6:30 Sit and Be Fit. CC #1001 SIT AND BE FIT is a popular exercise series designed to make exercise fun, easy and safe for people of all ages. Programs focus on therapeutic exercises that make everyday activities easier to perform; including core strengthening, balance work, stretching and relaxation. Host, Mary Ann Wilson, RN designs programs with physical therapists, using creative choreography and a diverse selection of music. Her warmth and encouragement effectively reaches out to people of all fitness levels and ages. She is especially loved by older adult viewers, children, and those managing chronic conditions and physical limitations. TVG

7am Wild Kratts. CC #324 Capture The Fishmobile. When Aviva unveils her new Fishmobile invention, designed to keep up with the rapid, precise movements of schooling fish, Chris and Martin challenge the gang to a brand new creature game. TVY

7:30 Molly of Denali. CC #110 Sukis Bone/Brand New Flag. When Suki digs up an old bone tool covered with markings, Molly, Tooeey, and Oscar discover the playful pooch has made an important archeological discovery. Now everything the kids find by the river could be an ancient artifact, including a round, washer-like object Oscar tied to a kite and got stuck in a tree. / Inspired by Benny Benson, the real-life Alaska Native boy who designed the state flag of Alaska, Molly announces a contest to design an original flag for the Denali Trading Post. As the submissions stream in, Molly finds her hands full of designs, expectations, and worries. Which flag will she choose? The winner proves to be the most unlikely candidate. TVY

8am Curious George. CC #609 Junky Monkey/Jumpy Warms Up. Junky Monkey - Steve is appointed head of Pretty City Committee Pod 7 on a mission to lead George, the Man with the Yellow Hat, Aunt

Margaret, Betsy, and Charkie to clean up litter in their neighborhood. But where others see trash, George sees treasures hidden in alleys, sidewalk, and recycling bins. He takes his findings up to his apartment and sorts them by shape and size, transforming his collection into a masterpiece worthy to be hung at City Hall. But will the mayor agree or call it junk? Jumpy Warms Up - One cold winter's day, George and the Man with the Yellow Hat find an unexpected houseguest living in their country home -- Jumpy Squirrel! While the Man insulates their home to keep heat in and squirrels out, George worries that Jumpy's nest won't keep his friend warm enough through the winter. George decides to build Jumpy a winter proof house, and much to Jumpy's surprise, the monkey's squirrel resort is pretty cozy! TVY

8:30 Let's Go Luna!. CC #117 C'est Cheese/C'est La Vie A Paris. In Paris, when Leo tries to make a regular grilled cheese sandwich for Carmen, he discovers that, for a resourceful chef, even the simplest dish can become a true work of art / When Hockbar experiences job stress, Luna and the kids strive to help him relax in Paris, where enjoying life is a high priority. TVY

9am Daniel Tiger's Neighborhood. CC #406 A New Friend at School/ A New Friend at the Playground. A New Friend at School - Daniel can't wait to race the crafty car he made at school with Prince Wednesday! But Prince Wednesday is busy playing with Jodi now. Is Prince Wednesday still Daniel's friend? Of course he is! A New Friend at the Playground - Daniel and Miss Elaina are playing together at the park. When their new friend Jodi shows up to play, Daniel worries that Miss Elaina likes Jodi more than him, but then Daniel is reminded that they're all still friends. TVY

9:30 Daniel Tiger's Neighborhood. CC #407 Daniel Visits The Dentist/Daniel's First Haircut. Daniel Visits the Dentist - Daniel visits Dr. Plat, his new dentist. A little nervous at first, Daniel talks about what happens at the dentist, and this helps him feel better. He's ready for his teeth to be cleaned! Daniels First Haircut - Daniel gets his first haircut with Nana Platypus. Dad explains what's going to happen at his haircut so that Daniel feels more comfortable. He realizes that haircuts don't hurt at all - they can even tickle! TVY

10am Sesame Street. CC #4906 Math Magic. (R) See 9/5 at 10am. TVY

10:30 Pinkalicious & Peterrific. CC #117 School Rules/Scooterboy. When Pinkalicious brings her pet unicorn, Goldie, to school, she discovers that even imaginary unicorns have to follow the rules. Peter is ready to save the day as Scooterboy, superhero extraordinaire! But he can't find anyone who needs rescuing. Maybe his sidekick, Twirl-a-whirl Girl, can help. TVY

11am Dinosaur Train. CC #215 Dinos A to Z, Part 1, The Big Idea/Dinos A to Z, Part 2, Spread The Word. While riding the Dinosaur Train with Buddy and Mom, Tiny gets the idea to gather all the dinosaurs in the `Dinosaurs A to Z' song for a picnic at Troodon Town. The Conductor agrees, and the Train starts picking up dinosaurs, as Tiny and Buddy help keep track of how many of the different species have come on board, and where they are on the dinosaur A to Z list. The Dinosaur Train continues traveling around the Mesozoic picking up more and more dinosaurs that are in the `Dinosaurs A to Z' song, on the way to a picnic at Troodon Town. As more train cars are added, and the rest of the Pteranodon family comes on board, Tiny and Mrs. Conductor team up to help keep order on the increasingly crowded Train. TVY

11:30 Cat in the Hat Knows A Lot About That!. CC #124 Secret Super Digger/Pucker Up and Blow. Secret Super Digger - Sally is trying to grow a flower for her mom, but it just won't grow. Time to see Finola! At Finola's Farm, she introduces Cat, Sally and Nick to her secret super digger - Diggery the earthworm. Diggery shows them how plant roots need water air and compost, which Diggery helps to make. Sally's flower is sure to grow once she gets some of her own secret super diggers to help! Pucker Up and Blow - Nick and Sally are trying to whistle but they just can't seem to get it right! The Cat takes them to visit his friend, Rocky the Winter Wren, who is an expert whistler. Rocky, and his son Ricky, offer this advice: if you want to whistle, start with one note and practice. TVY

12pm Amanpour and Company. CC #2051 Christiane Amanpour leads wide-ranging, in-depth conversations with global thought leaders and cultural influencers on the issues and trends impacting the world each day, from politics, business and technology to arts, science and sports. TVRE

1pm Pinkalicious & Peterrific. CC #117 School Rules/Scooterboy. (R) See 9/10 at 10:30. TVY

1:30 Let's Go Luna!. CC #117 C'est Cheese/C'est La Vie A Paris. (R) See 9/10 at 8:30. TVY

2pm Nature Cat. CC #101 Heartthrob Hamster/Astronuts. Heartthrob Hamster - Nature Cat's family is pet-sitting their neighbor's super cute hamster, Sir Galahad. But when Hal "accidentally" knocks the top off the cage, Sir Galahad runs away, claiming he'll never go back in the cage, ever! Tally ho! It's up to Nature Cat and the gang to track down Sir Galahad, and get him in his cage before the owners get back. Astronuts - Nature Cat has a dream, to be first cat to walk on the moon. Daisy, Squeeks and Hal have

always wanted to go to the moon too so they are in! But there's one slight problem how do they get to the moon? Daisy has an idea - they can build a rocket ship! Onward and onward to the moon! TVY

2:30 Wild Kratts. CC #402 Panda Power Up! While checking out the endangered Giant panda, the Wild Kratts gets stranded in the bamboo forests of China without power to any of their vehicles or equipment. They must figure out how to 'power up' in time to help save the pandas, who are being turned into roboticized stuffed toys by the nefarious villain, Zach Varmitech. An 'ancient panda secret' just might lead to the creature power that will restart their engines and save the pandas. Science Concept:

Alternative energy. TVY

3pm Molly of Denali. CC #110 Sukis Bone/Brand New Flag. (R) See 9/10 at 7:30. TVY

3:30 Odd Squad. CC #213 Drop Gadget Repeat/20 Questions. Drop Gadget Repeat - The agents try to escape from a time loop. Curriculum: Addition. 20 Questions - A villain sets off a backwards bubble. Curriculum: Numerical relations; Using a number line; Understanding greater than/less than. TVY

4pm Odd Squad. CC #232 It Takes Goo To Make A Feud Go Right/Friends of Odd Squad. It Takes Goo to Make a Feud Go Right - Olympia and Otis are tasked with calling a truce between feuding guests. Curriculum: using a Venn diagram, 3D shapes: spheres and cubes. Friends of Odd Squad - Ms. O leaves headquarters in the hands of an unlikely crew. Curriculum: spatial sense: mapping; position, location and direction. TVY

4:30 Arthur. CC #2102 The Master Builders, Parts 1 & 2. Buster struggles to build a birdhouse that will save the community garden from pests, while Muffy and Francine design a cat toy that they think will really change the pet toy game. TVY

5pm PBS NewsHour. CC #12652 The PBS NewsHour continues to provide in-depth analysis of current events with a news summary, live interviews and discussions of domestic and international issues. TVRE

6pm Nightly Business Report. CC #38181 TVRE

6:30 Illinois Stories. CC Placeholder. (R) See 9/1 at 4pm.

7pm Mannheim Steamroller 30/40 Live. CC Celebrate 30 years of musical holiday magic and 40 years of groundbreaking "Fresh Aire" compositions with this milestone special from the American group known for blending classical music and rock. Includes interviews and behind-the-scenes footage. TVG

8:30 John Sebastian Presents: Folk Rewind (My Music). CC Join John Sebastian of The Lovin' Spoonful in a special featuring the greatest singers and songwriters of the classic 50s & 60s folk era, with historic footage and new performances. TVG

10:30 Mister Rogers: It's You I Like. CC (R) See 9/6 at 3:30. TVG

Wednesday, September 11, 2019

12am Jackie Robinson. CC #101 Part One. Robinson rises from humble origins to integrate Major League Baseball, performing brilliantly despite the threats and abuse he faces on and off the field and, in the process, challenges the prejudiced notions of what a black man can achieve. TVPG

2:30 Jackie Robinson. CC #102 Part Two. Robinson uses his fame to speak out against injustice, alienating many who had once lauded him for "turning the other cheek." After baseball, he seeks ways to fight inequality, but as he faces a crippling illness, he struggles to remain relevant. TVPG

5am Peg + Cat. CC #103 The Pirate Problem/The Sleepover Problem. The Pirate Problem - Pirate Island. Peg and Cat show a group of very hungry Pirates how to share tropical fruit fairly. Primary Content: Fair sharing; Secondary Content: Adding within 4. The Sleepover Problem - Peg's House. When the Pirates are having a sleepover at Peg's house, they get scared at bedtime. Peg and Cat help the Pirates fall asleep by counting chickens. Primary Content: Counting to 20; Secondary Content: $4 + 1 = 5$. TVY

5:30 Arthur. CC #305 Chips Are Down/The Revenge of the Chip. What a mysterious, beautiful thing is a green potato chip--and D.W. just ate a gigantic one! But then she hears a rumor that they're poisonous and she's resolved to live what's left of her life to the fullest because, well, it's only a matter of time. In the second story, D.W.'s Mom tells everyone the green potato chip tale. When the story hits the local newspaper, it's just too much! How can D.W. get Mom to stop blabbing about it? TVY

6am Classical Stretch: The Esmonde Technique. CC #808 Slenderize The Waiste & Flatten The Abs. CLASSICAL STRETCH: THE ESMONDE TECHNIQUE focuses on overall wellness and physical fitness. This series, hosted by Miranda Esmonde-White, features a graceful, fluid and controlled method of stretching the entire body. It combines yoga, tai chi, Pilates and ballet techniques, plus specific

movements and stretches that reach muscles and ligaments not normally targeted in the average fitness program. The movements, designed in consultation with a physician and a physiotherapist, are simple, safe, effective and appropriate for all ages and fitness levels. TVG

6:30 Happy Yoga with Sarah Starr. CC #507 *Golden Shoreline*. Relax with the golden light of sunset along the peaceful shoreline as we enjoy a modified yoga practice using a chair for support. Including gentle stretches for the neck, shoulders and back combined with calming forward bends to stretch the hamstrings and hips. TVG

7am Wild Kratts. CC #511 *Blue Heron*. The Tortuga is travelling down a dirt road when Martin spots something blue in the sky. It's a Blue heron! One of the largest birds in North America and the largest heron. Even though the bird is blue - and not green as Chris was hoping - Chris realizes that it doesn't matter. It's not the color of the creature, but the power within. And soon the Wild Kratts are off to discover the Blue heron's amazing abilities. Science Concept: Body form shaped by hunting strategy. TVY

7:30 Molly of Denali. CC #111 *Sap Season/Book of Mammoths*. It's been a long winter in Qyah, and everyone is out of birch syrup. Luckily, Auntie Midge is teaching Molly and Tooeey how to tap trees so they can make more. But then a mischievous raven unties the rope tethering their boat to the shore, and the trio are left stranded with barrels of sap and no way to get them home. / Molly and her Dad are shocked when Travis, a tourist, announces that the goal of his expedition is to find a living woolly mammoth. He's read all about it in a "reputable" book and is convinced mammoths dwell in a secret valley. Can Molly convince Travis that mammoths are extinct before his shenanigans turn into a mammoth problem for them all? TVY

8am Curious George. CC #208 *Free Hundley/Bag Monkey*. Free Hundley: If there ever was a dignified dog, it was Hundley. But once flea season begins Hundley's dignity goes right out the window - right along with his collar! - which lands him in the local pet shelter. While a caring stranger and friendly shelter director make Hundley a new home, George, Gnocchi and Charkie join forces to try and rescue the dapper dachshund and return him to his old life. Will the furry crew be able to follow an organized plan and free their friend - or will the trio find themselves under lock and key right along with Hundley? Bag Monkey: Just putting his toys away in an organized manner is a challenge for George - so he faces an incredible test when he represents the City Grocer in the local "Bag Olympics" for bagging groceries! Toys are one thing, but fitting canned ham, eggs and paper towels neatly into the same bag may prove too tall an order - especially with the overly confident Rodney from Large Mart packing in the next corner. But then again, if George can practice at home by fitting together the shapes of his stuffed camel and muscle man together, what's a little salami and cheese? TVY

8:30 Let's Go Luna!. CC #118 *D'orsay Day/Honey In Paris*. When Andy gets frustrated while painting a picture of his model train, they visit a Paris museum to experience the wonder of trains and Impressionist art / In Paris, Carmen is alarmed by Honey's kooky behavior, but after a thrilling chase to the top of the Eiffel Tower we discover that it's not what it seems! TVY

9am Daniel Tiger's Neighborhood. CC #305 *The Neighborhood Fall Festival/Field Day at School*. The Neighborhood Fall Festival - The neighbors are busy decorating for the big Fall Festival when a gust of wind knocks down Music Man Stan's hard work. Daniel and his friends help rebuild the scene and learn that everyone's abilities are different - what's important is that you do your best. Field Day at School - Teacher Harriet has set up a Fall Field Day outside at school today. While trying new games, Daniel and his friends struggle to do the games how they want to. They learn a lesson about the importance of doing your best. Strategy: Do your best. Your best is the best for you. TVY

9:30 Daniel Tiger's Neighborhood. CC #219 *Sharing at the Library/Daniel Shares with Margaret*. Sharing at the Library - Daniel is at the library to check out a new book. Just as he spots the book he wants, O the Owl reaches for the same one! Who knew that sharing a book with a friend could be even more fun than reading it alone? Daniel Shares with Margaret - Daniel gets a special sticker book from Grandpere, but Margaret wants to play with the stickers, too. Daniel learns that while sharing can make things more fun, there are also some things you don't have to share. Strategy: Sharing with you is fun for me, too. TVY

10am Sesame Street. CC #4904 *So You Think You Can Choreograph*. Elmo and his friends are making a music video. They ask Zoe to be the choreographer, who comes up with the perfect dance and teaches everyone the moves. TVY

10:30 Pinkalicious & Peterrific. CC #116 *Cha-Cha-Licious /Show and Smell*. It's the first day of summer. This means it's time for ice cream, but Mr. Swizzle's blender isn't working. Pinkalicious and her family volunteer to run the shop while he fixes his blender, but they soon learn serving ice cream takes a

certain rhythm. Mommy's new invention, the Perfume-a-matic, can make perfume out of anything so, of course, Pinkalicious makes the most pinkatastic perfume ever! But it sure doesn't smell that way when she brings it to Show-and-Tell. She'll have to fix this smelly mix-up fast! TVY

11am Dinosaur Train. CC #501 *The Tiny-Saur Train/How Many Horns.* While Mikey Microraptor is visiting Tiny at the family nest, next-door neighbor Larry Lambeosaurus tells Mikey that he can't actually be a dinosaur, since he's so small, and all dinosaurs are gigantic. Tiny and Mikey decide to show Larry he's mistaken. They take the Dinosaur Train to find the tiniest dinosaur of all - in Jurassic China. There, they meet Yi qi, a new tiny dinosaur, the size of a pigeon, whose name means "strange wing" because its wings are made of skin! She's otherwise covered in feathers. Tiny and Mikey learn Yi qi's point of view: "Everyone thinks dinosaurs are huge. I'm small, but I'm still a dinosaur!" Mikey is thrilled to meet a dino smaller than himself. Then Mikey, Tiny, and Yi qi bond over being small but proud, and exclaim their rallying cry of "Tiny Power!" Yi qi joins this group of tiny dinosaurs. The Conductor is inspired to create a Tiny Dinosaur Train, especially adapted to accommodate tiny dinosaurs. Larry meets the tiniest dinosaur when the Tiny Dinosaur Train rolls into the station, is properly impressed, and the kids sing a new "Tiny Power!" song / Buddy and Tank Triceratops are best friends, and they share a love for comparing features. Tank, who has 3 horns, wonders why Mayor Kosmocerotops has 15, and Protoceratops has only 1. Buddy, Tank, and the other kids go on a quest to track down Ceratopsians with horns numbering from 1 to 15. In their travels, they end up meeting "the Queen," an amazing Late Cretaceous Regaliceratops, who has a very decorative frill that almost rivals Kosmocerotops for number of horns! TVY

11:30 Cat in the Hat Knows A Lot About That!. CC #301 *Whatever Floats Your Boat/Building Bridges.* When Nick and Sally's boat sinks, they need to build another boat, but don't know how. A trip to Floating Island helps them discover that, along with needing the right material, you also need to make the shape of your boat float. Nick is in pursuit of finding out how to build a drawbridge. In Spansylvania, they meet a dragon who chases after them - and along the way they find out that some materials are better suited for bridges than others. TVY

12pm Amanpour and Company. CC #2052 Christiane Amanpour leads wide-ranging, in-depth conversations with global thought leaders and cultural influencers on the issues and trends impacting the world each day, from politics, business and technology to arts, science and sports. TVRE

1pm Pinkalicious & Peterrific. CC #116 *Cha-Cha-Licious /Show and Smell.* (R) See 9/11 at 10:30. TVY

1:30 Let's Go Luna!. CC #118 *D'orsay Day/Honey In Paris.* (R) See 9/11 at 8:30. TVY

2pm Nature Cat. CC #111 *Hooray, It's Arbor Day/Goodnight, Gracie.* Hooray, It's Arbor Day - While celebrating Arbor Day and their love for trees in the forest, a heavy wind blows Squeeks' favorite climbing tree halfway over. How could something like this happen, and on Arbor Day no less?! It's up to Nature Cat and his pals to try and save the tree, for Squeeks, for all the critters that live in the tree and for Arbor Day! Goodnight, Gracie - Squeeks' play date with her pal Gracie the toad has to be cut short because it's time for Gracie to hibernate for the spring. When Gracie needs help getting ready for hibernating, Nature Cat is there to lead the way. If he can just stop calling her a frog instead of a toad, Nature Cat might be able to save the day. TVY

2:30 Wild Kratts. CC #210 *To Touch A Hummingbird.* Martin and Chris realize that the Hummingbird might be the ultimate flier in the Creature world and ask Aviva to create a new power disc with its powers. The only problem - it's not easy to touch Hummingbird! TVY

3pm Molly of Denali. CC #111 *Sap Season/Book of Mammoths.* (R) See 9/11 at 7:30. TVY

3:30 Odd Squad. CC #122 *The Potato Ultimato/A Fistful of Fruit Juice.* The Potato Ultimato - When Otto starts shrinking, Olaf leads Olive and Oren on a quest for the only known cure - the magical Growing Potato. Curriculum: Measurement: using standard length measurements and estimating length. A Fistful of Fruit Juice - Ms. O tells Olive and Otto the story of how she first joined up with Odd Squad. Curriculum: Algebraic thinking; understanding odd and even number patterns. TVY

4pm Odd Squad. CC #233 *Saving Agent Orson/The Scientist.* Saving Agent Orson - The agents try and stop baby Agent Orson from getting kicked off the squad. Curriculum: using bar graphs, pie charts and Venn diagrams to sort, classify and analyze data. The Scientist - Oona gets zapped to an alternate dimension. Curriculum: place value, number operations. TVY

4:30 Arthur. CC #305 *Chips Are Down/The Revenge of the Chip.* (R) See 9/11 at 5:30. TVY

5pm PBS NewsHour. CC #12653 The PBS NewsHour continues to provide in-depth analysis of current events with a news summary, live interviews and discussions of domestic and international issues. TVRE

6pm Nightly Business Report. CC #38182 TVRE

6:30 Illinois Stories. CC Placeholder. (R) See 9/1 at 4pm.

7pm Nature. CC #3604 A Squirrel's Guide to Success. The squirrel family - from tiny chipmunks to big prairie dogs - is one of the most widespread on Earth. There are almost 300 species of squirrels that can glide through the air, outwit rattlesnakes, and survive the coldest temperatures of any mammal. What is the secret to their success? Uncover the extraordinary abilities of these cheeky nut lovers as a filmmaker puts their problem-solving to the test on a specially designed obstacle course. TVG

8:30 Life from Above. CC #101 Moving Planet. (R) See 9/6 at 2am. TVPG

10pm Keto Diet with Dr Josh Axe. CC (R) See 9/8 at 12:30. TVG

11:30 The O'Jays: Live In New York. CC (R) See 9/6 at 9:30. TVG

Thursday, September 12, 2019

1am Les Miserables 25th Anniversary Concert at the O2. CC (R) See 9/8 at 2pm.

5am Peg + Cat. CC #223 The Compost Problem/Raiders of the Lost Arch. The Compost Problem - Farm. By mixing different types of compost just right, Peg and Cat turn garbage into a garden. Primary Content: Simple ratios, portions Secondary Content: Sorting, classifying objects. Raiders of the Lost Arch - Art Museum / Cave. Peg and Cat head into a deep, winding cave in search of the famous Lost Arch. Primary Content: The shortest distance between two points is a straight line Secondary Content: Using a map; arch. TVY

5:30 Arthur. CC #704 To Tibble The Truth/Waiting to Go. To Tibble the Truth - When the Tibble Twins' constant lying lands them in constant trouble, they promise to tell only the truth. But is telling every truth any better? Tommy and Timmy try to be honest Tibbles before they lose all their friends - and each other. Waiting to Go - Binky and Brain collide on the soccer field, breaking Brain's new watch and nearly breaking their friendship. Could things get any worse? Well, yes - the other kids' rides have come and gone, leaving Binky and Brain behind. Will they spend the next 50 years sitting in the parking lot, waiting to go? TVY

6am Classical Stretch: The Esmonde Technique. CC #809 Improve Your Posture & Increase Your Energy. CLASSICAL STRETCH: THE ESMONDE TECHNIQUE focuses on overall wellness and physical fitness. This series, hosted by Miranda Esmonde-White, features a graceful, fluid and controlled method of stretching the entire body. It combines yoga, tai chi, Pilates and ballet techniques, plus specific movements and stretches that reach muscles and ligaments not normally targeted in the average fitness program. The movements, designed in consultation with a physician and a physiotherapist, are simple, safe, effective and appropriate for all ages and fitness levels. TVG

6:30 Sit and Be Fit. CC #1002 SIT AND BE FIT is a popular exercise series designed to make exercise fun, easy and safe for people of all ages. Programs focus on therapeutic exercises that make everyday activities easier to perform; including core strengthening, balance work, stretching and relaxation. Host, Mary Ann Wilson, RN designs programs with physical therapists, using creative choreography and a diverse selection of music. Her warmth and encouragement effectively reaches out to people of all fitness levels and ages. She is especially loved by older adult viewers, children, and those managing chronic conditions and physical limitations. TVG

7am Wild Kratts. CC #320 Lemur Stink Fight. While in Madagascar, the Wild Kratts hear signs of a dispute between two troops of ringtailed lemurs. So they set out to figure out just what these two lemur groups are arguing about... TVY

7:30 Molly of Denali. CC #107 Eagle Egg Hunt/Dream Tube. When a gust of wind spins a wildlife camera away from an eagle's nest on hatching day, Molly and Dad head to the Windsong Wildlife Area on an ATV to fix it. Unfortunately, none of the camera locations on their map are labeled. Will they have time to check each camera and find the Eagle Cam before the baby birds hatch? / Molly and friends have their eye on a spectacular water tube for sale at the Trading Post, but they don't have enough money to buy it. Fortunately, there is money to be found on the riverfront in the form of agate stones! Unfortunately, the kids have no idea how to price and sell them. But they better find out soon, because Auntie Midge has her eye on the tubular tube too! TVY

8am Curious George. CC #606 *Wind Symphony/George and Allie's Automated Car Wash.* Wind Symphony - George is an expert at making noise, so Mr. Zoobel asks for his help in creating a one-of-a-kind rooftop Wind Symphony. George and Zoobel listen closely to the different sounds of everyday objects, whether it's banging pots, clinking silverware, or flapping laundry, and find the perfect instruments for a wind-powered orchestra. But as the crowd gathers below, the promised wind isn't arriving and George has to think of a way to save the day. George and Allie's Automated Car Wash - Spish! Spish! Blub blub! George and Allie are so impressed by Sprint Quint's automatic car wash that they decide to build their own...for toy cars! Remembering each stage of the car wash by the sound it makes, George and Allie assemble picnic benches, slippers, car mats, paint rollers and other everyday objects into a one-of-a-kind automatic toy wash. But will it be as successful as the full-sized car wash? TVY

8:30 Let's Go Luna!. CC #103 *Lullaby for Baby Vlad/Space Is The Place.* In Moscow, Leo, Andy, and Carmen are enlisted to babysit a fussy baby bear. They must search the city to find his favorite lullaby. / In Moscow, Andy's love of space travel and planets is enriched by a trip to a famous space museum. TVY

9am Daniel Tiger's Neighborhood. CC #101 *Daniel's Birthday/Daniel's Picnic.* Daniel's Birthday - It's Daniel's Birthday! Daniel is very excited to go to Baker Aker's Bakery with his mom to pick out a cake for his party. When they arrive home after a bumpy ride on Trolley, Daniel is disappointed to find that his cake is smushed. It turns out...smushed cake is yummy too! Daniel's Picnic - Daniel, Prince Wednesday and Miss Elaina are having a picnic in front of the clock factory. When it starts to rain, the picnic is ruined, leaving them very disappointed. The friends turn this around by having their picnic inside the clock factory instead. TVY

9:30 Daniel Tiger's Neighborhood. CC #204 *Playtime Is Different/The Playground Is Different With Baby.* Playtime is Different Daniel is having fun playing restaurant with O and Katerina but they keep getting interrupted by a very curious Margaret who wants to be part of the action. She also can't seem to keep her hands off of Daniel's beloved Tige-y! Daniel eventually learns that although having a new baby sister around is very different...it can also be really fun. The Playground is Different with Baby Daniel is playing "circus" at the playground with his friends, but Margaret seems to be making things different. Mom and Dad encourage Daniel to find a way to include her in the play, which Daniel learns can actually be even more fun! Let the circus parade go on! Strategy: When a baby makes things different, find a way to make things fun. TVY

10am Sesame Street. CC #4903 *Hey! Sesame Street News. (R) See 9/9 at 10am.* TVY

10:30 Pinkalicious & Peterrific. CC #133 *Jumping for Joy/Music Is Everywhere.* Peter thinks he's too short to do fun activities as well as Pinkalicious or Rafael, so he makes shoes that let you jump really high! But he and Pinkalicious will need to learn how to jump properly if they're going to make it to the park in time to play basketball. / Pinkalicious sees a pinkatoo, a rare music-loving bird that hasn't been seen in Pinkville for 53 years! Now everyone wants to see the pinkatoo, too. Pinkalicious, Peter, Rafael and Jasmine set out to find that bird! TVY

11am Dinosaur Train. CC #213 *Dinosaur Train Submarine: Otto Ophthalmosaurus/King Meets Crystal.* When the Pteranodon family takes the Dinosaur Train under the sea to visit their friend Elmer Elasmosaurus, they learn that the Elasmosaurus family is going away from the station to follow their food, the fish. Buddy wants to follow, but the train tunnel doesn't go that way - so the Conductor decides to take the family in a brand-new invention, the Dinosaur Train Submarine! On their journey, they meet a marine reptile called Otto Ophthalmosaurus, who guides the submarine deeper than it's ever been, and even helps them find their way out of a sea cave. During a day at Troodon Town Music Festival, the Pteranodon family and King Cryolophosaurus hear a wonderful singer named Crystal Cryolophosaurus. King is very interested in becoming friends with Crystal, another dinosaur of his species, but he gets very nervous when trying to talk to her. Tiny and Buddy help King overcome his nervousness, and he and Crystal end up friends who happily sing together. TVY

11:30 Cat in the Hat Knows A Lot About That!. CC #118 *Incredible Journey/Bamboozled.* Incredible Journey - Nick and Sally are playing in their homemade Thingamajigger, when the Cat arrives to take them on a real adventure! Off they go to meet salmon Sam, who is returning to the pool where she hatched so she can lay her eggs. With the help of the Subber-e-blubber, they follow Samantha underwater, upriver on her incredible journey! Bamboozled - Sally needs to find a gift for her stuffed panda, Pammy. Who better to ask than a real panda? The Cat takes them to meet Zhu Zhu, a giant panda who helps the kids to discover all the wonderful things you can do with her favorite food, bamboo. Bamboo turns out to be a perfect gift for Pammy! TVY

12pm Amanpour and Company. CC #2053 Christiane Amanpour leads wide-ranging, in-depth conversations with global thought leaders and cultural influencers on the issues and trends impacting the world each day, from politics, business and technology to arts, science and sports. TVRE

1pm Pinkalicious & Peterrific. CC #133 *Jumping for Joy/Music Is Everywhere.* (R) See 9/12 at 10:30. TVY

1:30 Let's Go Luna!. CC #103 *Lullaby for Baby Vlad/Space Is The Place.* (R) See 9/12 at 8:30. TVY

2pm Nature Cat. CC #207 *Garden Impossible/Agents of the Great Outdoors.* Garden Impossible - It's a beautiful spring day when Daisy gets an urgent video chat from her best gardening pal, Petunia, who has moved to the city. Petunia has gotten herself into a quite a pickle. The Urban Gardening Club is coming to consider her for club membership in a month. Only trouble is, she doesn't have a garden, and she doesn't know how to grow one in the city. If she can't become a member of the Urban Gardening Club, she doesn't know what she'll do. Not to worry! No garden is impossible for Daisy and her pals! Time to build a city garden! Tally ho! Agents of the Great Outdoors - The Agents of the Great Outdoors are on a super-secret spy mission! Shhh! They're going undercover to find out if the noises animals make are their own way of talking to each other, and whoever finds the answer will get the Golden Badge of Honor. Ooooh! It's so golden and so badge-y and all at the same time. The Agents of the Great Outdoors are on the case! Time to find out if animals communicate! Onward and Yonward! TVY

2:30 Wild Kratts. CC #204 *Termites Vs. Tongues.* When Aviva and Koki accidentally miniaturize themselves and get carried away by termites, Martin and Chris must split up to search for them. TVY

3pm Molly of Denali. CC #107 *Eagle Egg Hunt/Dream Tube.* (R) See 9/12 at 7:30. TVY

3:30 Odd Squad. CC #102 *Soundcheck/Double Trouble.* Soundcheck - Olive and Otto must figure out how and why things are disappearing around town when all Otto wants to do is listen to a song by his favorite band, Soundcheck. Curriculum: Number operations; subtraction. Double Trouble - Debbie from Debbie's Pizzeria has doubled... not once, but twice, creating four Debbies! When one of the four Debbies goes missing, Olive and Otto need to find her. Curriculum: Numbers and counting; doubling. TVY

4pm Odd Squad. CC #130 *The Curious Case of Pirate-itis/Oscar The Couch.* The Curious Case of Pirate-itis - Otto and Oscar try to stop Olive from turning into a pirate. Curriculum: Geometry; identifying three-dimensional shapes and comparing them to two-dimensional shapes. Oscar the Couch - Oscar accidentally turns himself into a couch. Curriculum: Number operations; solving addition and subtraction word problems. TVY

4:30 Arthur. CC #704 *To Tibble The Truth/Waiting to Go.* (R) See 9/12 at 5:30. TVY

5pm PBS NewsHour. CC #12654 The PBS NewsHour continues to provide in-depth analysis of current events with a news summary, live interviews and discussions of domestic and international issues. TVRE

6pm Nightly Business Report. CC #38183 TVRE

6:30 Illinois Stories. CC Placeholder. (R) See 9/1 at 4pm.

7pm (BLANK).

7:30 (BLANK).

8pm (BLANK).

8:30 Joe Bonamassa: Muddy Wolf at Red Rocks. CC (R) See 9/6 at 8pm.

10pm Downton Abbey Live!. CC (R) See 9/9 at 10pm. TVG

11:30 Feel Better Fast and Make It Last with Daniel Amen, MD. CC In this program, Feel Better Fast and Make It Last, neuroscientist, psychiatrist, and 10-time New York Times bestselling author Dr. Daniel Amen will show you how to boost your mood and overcome anxiety and worry by giving you 7 simple brain-based strategies to feel better fast and make it last. Nearly all of us have felt anxious, sad, exhausted, or hopeless at some point in life ... or we know someone who has. You are not alone. According to the National Institutes of Mental Health, 51% of the US population will have a mental illness at some point in their lives. Anxiety disorders are the most common, followed by depression, ADHD and addictions. It's more normal to have a problem than not to have one. Many people want to get help, but feel embarrassed or ashamed, because of the stigma attached to mental health issues, so they end up suffering in silence or overeat, use alcohol, or rush to take the latest medications to try to make themselves feel better fast, but it often doesn't last. Feel Better Fast and Make It Last will show viewers the strategies taught to patients at Amen Clinics, where they have one of the highest published success rates for people who suffer from anxiety, depression, addictions and grief. The program set contains

many time pieces to highlight to viewers that many of the techniques Dr. Amen will share literally take just a few minutes or even less. TVG

Friday, September 13, 2019

1am Carpenters: Close to You (My Music Presents). CC (R) See 9/5 at 8pm. TVG

2:30 Woodstock: Three Days That Defined A Generation: American Experience. CC #3106 (R) See 9/7 at 10pm. TV14

5am Peg + Cat. CC #203 The Claymation Problem/The Grumpy Judge Problem. The Claymation Problem - Peg's Yard. Temperamental director Richard finally finds performers he can totally control, shape, and mold: they're made of clay. Primary Content: Comparing height. Secondary Content: Counting to 20. The Grumpy Judge Problem - TV Show Set. On the singing competition "Perfect Ten," Peg and Cat must impress the toughest judge ever: the Grumpy Grouchy Bear. Primary Content: Attributes Secondary Content: Adding to 10. TVY

5:30 Arthur. CC #1104 Phony Fern/Brain's Shocking Secret. Phony Fern - When Fern's parents give her a cell phone for "emergencies only," Fern is uninterested - until Muffy introduces her to the joys of personalized ring tones, texting, and incessant chatting! Fern becomes hooked, and starts to believe that nail polish consultations are "emergencies." But she realizes that although evolving technology is great, sometimes it's better to communicate the old-fashioned way, in person. Brain's Shocking Secret - Brain is the smartest kid in his class. Everyone knows that! What they don't know is that he was kept back in Kindergarten - and that's a fact Brain would like to keep secret. Will Binky spill the beans?? TVY

6am Classical Stretch: The Esmonde Technique. CC #810 Strengthen Hips & Core. CLASSICAL STRETCH: THE ESMONDE TECHNIQUE focuses on overall wellness and physical fitness. This series, hosted by Miranda Esmonde-White, features a graceful, fluid and controlled method of stretching the entire body. It combines yoga, tai chi, Pilates and ballet techniques, plus specific movements and stretches that reach muscles and ligaments not normally targeted in the average fitness program. The movements, designed in consultation with a physician and a physiotherapist, are simple, safe, effective and appropriate for all ages and fitness levels. TVG

6:30 Happy Yoga with Sarah Starr. CC #508 Sunflower Inspiration. Allow the uplifting sunflower energy to inspire your practice as we create more support from the inside out with a modified yoga session designed to activate the core. Including a seated a seated warm up along with moves to firm the abs, strengthen the core and increase upper body endurance while exploring modified plank variations and standing poses using a chair for support. TVG

7am Wild Kratts. CC #603 Spots in the Desert. Chris is in the middle of organizing his creature power discs when they get a call from Wild Kratts kid Manuel, who lives in the Sonoran Desert. He says he has spotted an ocelot in his backyard. An ocelot in the desert? That's so rare, since these wild cats usually live in rainforests. Their Creature Mission - to "spot" an ocelot in the desert. TVY

7:30 Molly of Denali. CC #102 Berry Itchy Day/Herring Eggs Or Bust. Tooey has agreed to watch the Trading Post while Molly and her family head to their super-secret-berry-picking-spot, but their trip is cut short by a swarm of pesky mosquitos. If only Molly hadn't accidentally swapped the bug spray for dog perfume! A book in the Trading Post has a recipe for repellent made from wild plants. Can Tooey find it before Molly gets all bitten up? / Molly is thrilled when her cousin Randall calls from Sitka to say he's harvesting herring eggs-her absolute favorite food. Randall invites her to visit, but Mom insists Molly come up with 3 good reasons to make the long trip to Sitka by bush plane. TVY

8am Curious George. CC #207 Color Me Monkey/Special Delivery Monkey. Color Me Monkey: Mr. Glass is looking for a one-of-a-kind painting for his lobby and Mr. Zoobel knows just where to find such art - at the zoo, naturally! George and Charkie go along to meet SooBerm, the truly unique painting elephant who has her own style. But when Charkie causes a rip in the SooBerm painting for Mr. Glass's lobby, George must re-create the masterpiece so that no one discovers that the original is ruined. But first he has to figure out how to replicate the unique colors SooBerm used in her art. Could combining primary colors to create entirely new ones be the answer? Special Delivery Monkey: After lunch at Pisghetti's restaurant, George and The Man with the Yellow Hat finish their meal with a round of the Wild Goose Chase board game. The Man explains to George that moving ahead three spaces means not counting on the space he started on - a lesson which comes in handy when George is asked to help Chef Pisghetti by delivering a very special pie to a very special meeting. Along the way, George counts bus stops and

buildings - and realizes that the rules of the board game are the same rules for following directions. His counting skills pay off as he arrives just in time for the Chef to deliver a pie in the face! TVY

8:30 Let's Go Luna!. CC #107 *She Is The Moon of Moons/Beats of Beijing*. In Beijing, when the kids decide to give Luna her own special day, they discover that China already celebrates her with the Moon Festival. / In Beijing, while Carmen searches for a new home for Honey, the mischievous hamster takes residence in a giant drum that's about to be used in a drum ceremony. TVY

9am Daniel Tiger's Neighborhood. CC #202 *The Baby Is Here. (R) See 9/1 at 6:30.* TVY

9:30 Daniel Tiger's Neighborhood. CC #107 *Friends Help Each Other/Daniel Helps O Tell A Story*. Friends Help Each Other - Daniel spends the day at Katerina Kitty-cat's house. Katerina is excited to show Daniel a birthday tea-party she set up all by herself for her stuffed animals! Katerina accidentally knocks the tea set on the floor, and is very upset that she ruined the party. Luckily, Daniel is a helpful friend and they reassemble the party together. Daniel Helps O Tell a Story - O the Owl wants to show Daniel all his books. The boys choose a very special book about dinosaurs, but they realize that the last page of the story is missing! O gets very flustered, but Daniel is a good friend and uses his imagination to make up the end of the story. TVY

10am Sesame Street. CC #4902 *Picture This. (R) See 9/3 at 10am.* TVY

10:30 Pinkalicious & Peterrific. CC #118 *Garden Gnome Party/That Unicorn Feeling*. Norman turns down an invitation to a garden gnome party because he can't dance the Big Jig. With a little help from Edna, the gnome, Pinkalicious and Peter help Norman point, hop, and step his way to the party. To Pinkalicious, Goldie the unicorn is her best friend - but to Kendra, Goldie doesn't exist! When Kendra accidentally causes Goldie to go missing, she's determined to find her - but first she has to learn to "see" her. TVY

11am Dinosaur Train. CC #106 *Fast Friends/T. Rex Teeth*. Fast Friends - Buddy, Tiny, and Mom ride the Dinosaur Train to meet Oren and Ollie Ornithomimus, some of the fastest dinosaurs ever! Our kids love meeting the fast-moving and fast-talking twins. T. rex Teeth - When Buddy loses a tooth, Mom takes him to Rexville to ask his Tyrannosaurus friends all about T. rex teeth. They explain that he'll grow new teeth to replace the old ones. TVY

11:30 Cat in the Hat Knows A Lot About That!. CC #208 *Babies/Fast*. Babies - Sally is looking after some baby hamsters, but how can she and Nick hold them right? Well, different animals hold their babies different ways. A trip to Ozzie-Wozz Outback will help them, Cat has some friends who know all about carrying babies! First up is Wilma the spider, who carries all her babies on her back. Then it's off to see Dilly the crocodile, she carries her babies in her mouth! And the last stop, Coco the Koala who uses a pouch to carry her little one. But how does that help Nick and Sally? Well all the babies were happiest with their moms, so they'll just leave them all together. Fast - It's a race to the treehouse, but Nick and Sally wish they could go as fast as an airplane! How about a peregrine? asks The Cat. What's that? The fastest creature in the world! His friend Perry the Peregrine Falcon will show them how fast he can be. Off to Steep-and-Deep Cliffs to meet him! Using Cat's special backpacks, the kids have wings like Perry's so they can fly through the air too. Perry shows them how he dives straight down to catch his food. Who wants to be as fast as an airplane, when you can be a peregrine falcon! TVY

12pm Amanpour and Company. CC #2054 Christiane Amanpour leads wide-ranging, in-depth conversations with global thought leaders and cultural influencers on the issues and trends impacting the world each day, from politics, business and technology to arts, science and sports. TVRE

1pm Pinkalicious & Peterrific. CC #118 *Garden Gnome Party/That Unicorn Feeling. (R) See 9/13 at 10:30.* TVY

1:30 Let's Go Luna!. CC #107 *She Is The Moon of Moons/Beats of Beijing. (R) See 9/13 at 8:30.* TVY

2pm Nature Cat. CC #105 *Cave Conundrum/Daisy's Colossal Fossil*. Cave Conundrum - While playing catch, Hal's beloved flying disc Harold is accidentally flung into a cave. Oh no! Hal is so worried for his toy! Nature Cat, Squeeks, Daisy and Hal must venture into the cave to find Harold, and along the way learn a little bit about cave exploration. Daisy's Colossal Fossil - While digging in her garden, Daisy unearths a giant fossil, which belonged to a Woolly Mammoth! Wondering about what life was like back then leads Daisy's imagination to take over as she and her pals go back to explore prehistoric times! TVY

2:30 Wild Kratts. CC #321 *Golden Bamboo Lemur*. While in Madagascar, the Wild Kratts learn from Wild Kratts Kid, Patricia Ranomafana, that a Golden Bamboo lemur baby has been born. The Team decides to stay a bit longer to learn about this rare lemur. TVY

3pm Molly of Denali. CC #102 *Berry Itchy Day/Herring Eggs Or Bust. (R) See 9/13 at 7:30.* TVY

3:30 Odd Squad. CC #103 *Crime at Shapely Manor*. Crime at Shapely Manor - Olive and Otto are sent to Shapely Manor to investigate an odd crime with even odder people. Curriculum: Geometry. TVY

4pm Odd Squad. CC #207 *And Then They Were Puppies/A Case of the Sillies*. And Then They Were Puppies - When every agent turns into a puppy, it's up to Agent Ohlm to save the day. Curriculum: Understanding maps; Position, location and direction A Case of the Sillies - Dr. O gets an odd illness called the Sillies. Curriculum: Measurement; Using standard measurement to measure capacity and length. TVY

4:30 Arthur. CC #1104 *Phony Fern/Brain's Shocking Secret*. (R) See 9/13 at 5:30. TVY

5pm PBS NewsHour. CC #12655 The PBS NewsHour continues to provide in-depth analysis of current events with a news summary, live interviews and discussions of domestic and international issues. TVRE

6pm Nightly Business Report. CC #38184 TVRE

6:30 Illinois Stories. CC Placeholder. (R) See 9/1 at 4pm.

7pm Washington Week. CC #5911 TVRE

7:30 Capitolview. CC #91219

8pm Mannheim Steamroller 30/40 Live. CC (R) See 9/10 at 7pm. TVG

9:30 Nat King Cole's Greatest Songs (My Music). CC (R) See 9/7 at 5:30. TVG

11pm Magic Moments - The Best of 50's Pop (My Music #102). CC (My Music #102). Join hosts Phyllis McGuire, Pat Boone and Nick Clooney for a nostalgic trip back to the 1950s. Return to the era's pop music days with a mix of live performance and archival footage, including classic moments from favorite performers. TVG

Saturday, September 14, 2019

1am Rick Steves' European Travel Tips and Tricks. CC (R) See 9/9 at 11:30. TVG

2:30 3 Steps to Pain-Free Living. CC (R) See 9/7 at 1pm. TVG

4am Mister Rogers: It's You I Like. CC (R) See 9/6 at 3:30. TVG

5:30 Splash and Bubbles. CC #130 *Puffy/The Big Shake*. Dunk meets Puffy, a female pufferfish who admires his sand patterns, and becomes friends with her. When he starts spending all his time with just Puffy and not with the group, the gang teaches Dunk that it's good to make new friends, but keep the old ones as well. / When Splash experiences his first earthquake on the reef, Bubbles and Dunk decide to go on a quest to find out what causes "the big shake" and help put their friend's mind at ease. TVY

6am Sesame Street. CC #4904 *So You Think You Can Choreograph*. (R) See 9/11 at 10am. TVY

6:30 Daniel Tiger's Neighborhood. CC #305 *The Neighborhood Fall Festival/Field Day at School*. (R) See 9/11 at 9am. TVY

7am Pinkalicious & Peterrific. CC #133 *Jumping for Joy/Music Is Everywhere*. (R) See 9/12 at 10:30. TVY

7:30 Molly of Denali. CC #107 *Eagle Egg Hunt/Dream Tube*. (R) See 9/12 at 7:30. TVY

8am Let's Go Luna!. CC #103 *Lullaby for Baby Vlad/Space Is The Place*. (R) See 9/12 at 8:30. TVY

8:30 Splash and Bubbles. CC #130 *Puffy/The Big Shake*. (R) See 9/14 at 5:30. TVY

9am Curious George. CC #606 *Wind Symphony/George and Allie's Automated Car Wash*. (R) See 9/12 at 8am. TVY

9:30 Wild Kratts. CC #320 *Lemur Stink Fight*. (R) See 9/12 at 7am. TVY

10am Odd Squad. CC #102 *Soundcheck/Double Trouble*. (R) See 9/12 at 3:30. TVY

10:30 P. Allen Smith's Garden Home. CC #1613 *Deck The Halls*. 'Tis the season to be jolly as Christmas comes to the farm and P. Allen Smith gets some decorating help from flower expert, J. Schwanke. TVG

11am Mid-American Gardener. CC (R) See 9/7 at 11am.

11:30 Garden SMART. CC #5610 The studio garden of a world class garden designer provides some great garden tips. The garden designer talks about some of his favorite plants. A lot to learn, be sure to tune in as we GardenSMART. TVG

12pm Antiques Roadshow. CC #2108 *Palm Springs, Hour Two*. Learn more about fantastic Palm Springs finds including a 1966 Roy Lichtenstein screenprint, a NASA Apollo archive, ca. 1965, and a Tiffany Studios mosaic panel, ca. 1905. One is appraised at \$100,000-\$150,000! TVG

1pm Aging Backwards 2 with Miranda Esmonde-White. CC Many people think that how they age - if they remain mobile, healthy, and pain free throughout their entire lives - is simply the result of luck. As

though there's a randomness to it, or it's a lottery in which only a few winners enjoy golden years of youthful vitality. But did you know that you actually have a choice in how you age? In **AGING BACKWARDS 2 WITH MIRANDA ESMONDE-WHITE**, former professional ballerina Miranda Esmonde-White uses new and groundbreaking science to help put an end to this defeatist attitude towards aging. In her previous award-winning special *Aging Backs*, Esmonde-White revealed the power of our muscle cells. Now in **AGING BACKWARDS 2**, viewers discover the amazing clout of their connective tissue. This vital tissue surrounds every part of us and connects - every muscle, nerve, cell, bone and organ. Keeping it healthy is the secret to remaining youthful at any age. The human body is a powerful machine, but we must choose to keep it young. The fountain of youth is within each of us, and Esmonde-White teaches viewers how to access it. TVG

2pm Ken Burns: The National Parks. CC Explore the beauty and grandeur of our nation's magnificent parks, from Acadia to Yosemite, Yellowstone to the Grand Canyon. Filmmakers Burns and Dayton Duncan vividly reveal fascinating behind-the-scenes stories about the making of the series. TVG

3:30 Mannheim Steamroller 30/40 Live. CC (R) See 9/10 at 7pm. TVG

5pm John Sebastian Presents: Folk Rewind (My Music). CC (R) See 9/10 at 8:30. TVG

7pm John Denver: Country Boy. CC Discover the man behind the music in this intimate profile of the legendary popular singer-songwriter. His life and legacy are explored with friends, former wives and managers, family members, and musicians who toured with him for decades. TVG

8:30 Big Band Years. CC My Music presents its first "Big Band" music retrospective featuring the biggest songs that got us through World War II and kick-started the baby boom with brassy legends that will take your members on a "Sentimental Journey". This is a very warm and nostalgic program that compiles the original hit makers and legends that define the GI and generations' memories. Peter Marshall (of the legendary Hollywood Squares) hosts this event, which for the first time mixes vintage live, rare, and unreleased footage from the Big Band days.

10:30 Daryl Hall & John Oates Live In Dublin. CC (R) See 9/7 at 8:30. TVG

Sunday, September 15, 2019

12am NOVA. CC #4318 Treasures of the Earth: Gems. Gemstones like diamonds, rubies, opal and jade are the ultimate treasures. Delve into Earth's depths to discover how these precious stones are forged and what explains the unique allure of each captivating gemstone. TVG

1am Animal Babies: First Year On Earth. CC #103 New Frontiers. Join the baby animals as they near the end of their first year of life. It's time for these young ones to branch off from the comfort of their mothers and learn to explore the great unknown on their own. TVPG

2am Magical Land of Oz. CC #103 Human. An exploration of Australia's mesmerizing wildlife and how they've adapted to survive in the human environment, including a flamboyant dancing peacock spider in a suburban garden. TVPG

3am POV. CC #3210 TVPG

4am Washington Week. CC #5911 (R) See 9/13 at 7pm. TVRE

4:30 Firing Line with Margaret Hoover. CC #311 Join author, activist and political commentator Margaret Hoover for a public affairs talk show that delivers a civil and engaging contest of ideas among the brightest minds and freshest voices from across the political spectrum. TVRE

5am Mister Rogers' Neighborhood. CC #1550 Happy & Sad Music/Bass Violin Festival. Mister Rogers' friend, Tom O'Horgan, shows viewers his collection of unusual musical instruments. All Neighbors from Westwood, Southwood, and Northwood join in to celebrate a Bass Violin Festival. TVY

5:30 Splash and Bubbles. CC #114 One Big Ocean: Parts 1 and 2. When Splash invites Ripple, Bubbles and Dunk on a Reeftown Rangers exploration adventure, the friends worry that Splash will find another home out there in the big ocean and move on from Reeftown. / Splash and his friends meet Scoot, a young sea turtle who is riding the currents. As Reeftown Rangers, the group wants to help the mischievous turtle on his journey and see some new places along the way! TVY

6am Sesame Street. CC #4903 Hey! Sesame Street News. (R) See 9/9 at 10am. TVY

6:30 Daniel Tiger's Neighborhood. CC #101 Daniel's Birthday/Daniel's Picnic. (R) See 9/12 at 9am. TVY

7am Pinkalicious & Peterrific. CC #118 Garden Gnome Party/That Unicorn Feeling. (R) See 9/13 at 10:30. TVY

7:30 Molly of Denali. CC #102 Berry Itchy Day/Herring Eggs Or Bust. (R) See 9/13 at 7:30. TVY

8am Let's Go Luna!. CC #107 *She Is The Moon of Moons/Beats of Beijing.* (R) See 9/13 at 8:30. TVY

8:30 Nature Cat. CC #105 *Cave Conundrum/Daisy's Colossal Fossil.* (R) See 9/13 at 2pm. TVY

9am Curious George. CC #207 *Color Me Monkey/Special Delivery Monkey.* (R) See 9/13 at 8am. TVY

9:30 Wild Kratts. CC #603 *Spots in the Desert.* (R) See 9/13 at 7am. TVY

10am Odd Squad. CC #103 *Crime at Shapely Manor.* (R) See 9/13 at 3:30. TVY

10:30 MotorWeek. CC #3902 R/T: '20 CADILLAC XT6 GOSS: PLUS SIZING TIRES TIRE RACK TWO WHEELIN': DUCATI DIVEL 1260S QS: NISSAN VERSA, PORSCHE TAYCAN R/T: '19 VOLKSWAGEN ARTEON TVG

11am America's Heartland. CC #1404 AMERICA'S HEARTLAND celebrates the men and women across who grow the country's crops, raise its livestock, tend its nurseries and prepare its food. AMERICA'S HEARTLAND taps into the national fascination with food and curiosity about unfamiliar places and ways of life, while also exploring the American values of family, hard work and the spirit of independence. The series, produced entirely on location, portrays the worlds of agriculture, horticulture and aquaculture complete with fascinating stories, compelling characters, innovative ideas and enticing travel destinations. TVG

11:30 Market to Market. CC #4504 TVRE

12pm Capitolview. CC #91219 (R) See 9/13 at 7:30.

12:30 Richard Bangs' Adventures with Purpose "Switzerland: Quest for the Sublime". CC Switzerland - a country of great peaks, waterfalls, glaciers and grand scenery - served as the birthplace of adventure tourism, the wellspring of ecotourism and an inspiration for organized tours into the wild. In his latest travel special, adventurer Richard Bangs sets off for old-world Europe. In RICHARD BANGS' ADVENTURES WITH PURPOSE "Switzerland: Quest for the Sublime," he explores the origins of adventure travel and searches for what philosophers and poets of the past called "the sublime." Bangs' quest to unearth the true meaning of "sublime" begins in the heart of Switzerland: Lucerne. Later, he travels to the chic winter resort of St. Moritz, climbs aboard the famous Glacier Express train and heads to Zermatt and experiences the rapture of the Matterhorn. TVG

1:30 Dream of Italy. CC #105 *Piedmont/Lake Iseo.* Piedmont is the land of truffles and wine. Kathy tries to get truffle hunters Natale and Giorgio Romagnolo to reveal their secret hunting grounds, then tastes the precious white truffles they find. Then it is time to attend the World Truffle Auction where the bidding gets frenzied for these rare tubers. We visit Cascina Bruciata vineyard to learn about the hearty Barolo, Barbaresco and Barbera wines that are produced in Piedmont. Piedmont is also home to hot springs and Kathy goes to Lago delle Sorgenti to find out about the unique medicinal qualities of these baths. We also visit Lake Iseo in the region of Lombardy to see fine Italian boat making - from masters big and small - at Riva yachts and a small fishing boat maker on Monte Isola. TVG

2pm Today's Wild West. CC #101 *Rimrock / Cody / Stoecklein / Pipestone.* A visit to Rimrock Dude Ranch in Cody, WY; Learning cowboy photography from the pros at a Stoecklein Western Photo Workshop in Mackay, ID; and making peace pipes, at Pipestone National Monument in Pipestone, MN TVG

2:30 Rick Steves' Europe. CC #802 *Central Turkey.* We marvel at the fascinating landscape of Cappadocia from high above in a balloon...and from deep below, prowling an underground city where Christians once hid out. We'll join a circumcision party, explore troglodyte ghost towns, shop for sheep at the market, and chat with an imam. Then we enjoy the modern capital, Ankara, and pay our respects to the father of modern Turkey, Ataturk. TVG

3pm Curious Traveler. CC #302 *Curious Vienna.* Who were the Habsburgs, Maria Theresa, Franz Joseph and Sisi? And how did they shape Vienna? What is the Ringstrasse, and why are there so many oversized, ornate public buildings dotting it? Where did Mozart perform as a 6-year-old prodigy? When and why did Austria shrink to a tenth of its size? What do the eagles on the rooftop of St. Stephen's Cathedral symbolize? And why are Vienna's coffee and pastries so legendary? TVG

3:30 In The Americas with David Yetman. CC #707 *The Blue Ridge Parkway: From Virginia to North Carolina.* Begun during the Great Depression as stimulus to the local economy, the 500 mile-long Blue Ridge Parkway is now part of our national park system and winds through some of our fairest hardwood and coniferous forests in their mountainous setting. We choose segments to show the landscape, places, and people along the way, from local music, to moonshine, to barbecue, to NASCAR. TVG

4pm Illinois Stories. CC Placeholder. (R) See 9/1 at 4pm.

4:30 Illinois Stories. CC Placeholder. (R) See 9/1 at 4pm.

5pm Finding Your Roots. CC #404 *The Vanguard*. Author Ta-Nehisi Coates, filmmaker Ava DuVernay, and author and activist Janet Mock see their basic assumptions about their families challenged, placing their ancestors - of all colors - into the greater context of black history. TVPG

6pm Visionaries, The. CC #2201 *Smile Train*. Smile Train is an international children's charity with a sustainable approach to a single, solvable problem: cleft lip and palate. Millions of children in developing countries with untreated clefts live in isolation, but more importantly, have difficulty eating, breathing and speaking. Cleft repair surgery is simple, and the transformation is immediate. Smile Train's sustainable model provides training, funding, and resources to empower local doctors in more than 85 developing countries to provide 100 percent-free cleft repair surgery and comprehensive cleft care in their own communities. TVG

6:30 PBS NewsHour Weekend. CC #1222 TVRE

7pm Country Music. CC #101 *The Rub (Beginnings -1933)*. See how what was first called "hillbilly music" reaches new audiences through phonographs and radio, and launches the careers of country music's first big stars, the Carter Family and Jimmie Rodgers. TVPG

9pm Country Music. CC #101 *The Rub (Beginnings -1933)*. (R) See 9/15 at 7pm. TVPG

11pm Song of the Mountains. CC #1124 *Bobby Hicks & Mark Kuykendall/Steve Gulley & New Pinnacle*. SONG OF THE MOUNTAINS showcases the best talents in bluegrass and old-time country music from the heart of the region where it all began. Performances are held at the beautifully restored Lincoln Theatre in Marion, Virginia. Hosted by Tim White. The Lincoln Theatre in Marion, Va., was originally built in 1929. The theatre is on the National Register of Historic Places and has been designated a Virginia Historic Landmark. It is one of only three existing Mayan Revival-style theatres in America. Once known as the "finest showplace in Southwest Virginia," The Lincoln has been restored to its former grandeur, now fully accentuated by state-of-the-art computerized sound and lighting systems. TVG

Monday, September 16, 2019

12am Country Music. CC #101 *The Rub (Beginnings -1933)*. (R) See 9/15 at 7pm. TVPG

2am Country Music. CC #101 *The Rub (Beginnings -1933)*. (R) See 9/15 at 7pm. TVPG

4am History Detectives. CC #911 *Prohibition Business Card; St. Valentine's Day Massacre Shotgun; Circus Guest FDR*. What can a Club Continental business card tell us about California's prohibition-era underground? Then, did gangs use this shotgun in the Chicago St. Valentine's Day massacre that shocked the nation? And why is FDR on the guest list for a High Society Circus during the depths of the Depression? TVPG

5am Peg + Cat. CC #140 *The Robin Hood Problem/The Owl and the Pussy Cat Problem*. The Robin Hood Problem - Sherwood Forest. Robin Hood can't tell how to redistribute the goodies! So Peg and Cat must teach him more and less. The Owl and the Pussy Cat Problem - Dreamland. The Pig will only give Cat the hat he needs to warm his ears, if Peg and Cat will give him "infinity". So Peg and Cat sail off in search of infinity. TVY

5:30 Arthur. CC #2103 *Francine and the Soccer Spy/Sue Ellen and the Last Page*. When Ladonna befriends a new member of the Mighty Mountain soccer team, Francine becomes convinced she is leaking top secret team info. The City Council has voted to close the Elwood City Library! Can Sue Ellen save the library before it's too late? TVY

6am Classical Stretch: The Esmonde Technique. CC #811 *Unlock Your Spine & Improve Your Posture*. CLASSICAL STRETCH: THE ESMONDE TECHNIQUE focuses on overall wellness and physical fitness. This series, hosted by Miranda Esmonde-White, features a graceful, fluid and controlled method of stretching the entire body. It combines yoga, tai chi, Pilates and ballet techniques, plus specific movements and stretches that reach muscles and ligaments not normally targeted in the average fitness program. The movements, designed in consultation with a physician and a physiotherapist, are simple, safe, effective and appropriate for all ages and fitness levels. TVG

6:30 Happy Yoga with Sarah Starr. CC #509 *Waterfall Glen*. Enjoy the peaceful waterfall valley as we open to more ease with a modified yoga practice using a chair for support. Including gentle sun salutations, side bends, twist variations and forward folds to create more breathing space in your body. TVG

7am Wild Kratts. CC #403 *Snowy Owl Invasion*. Martin and Chris are hanging out in China with their Giant panda friend Stoffo, when they receive reports of Snowy owls showing up all over North America.

Since these raptors live in the Arctic, it's up to the Wild Kratts to solve the Mystery of the Snowy Owl Invasion! Science Concept : Territoriality, population cycles, migration. TVY

7:30 Molly of Denali. CC #104 First Fish/A-Maze-Ing Snow. Molly can't wait to catch her first fish (and to earn her own first fish tale), but when she gets to the river, the only thing she catches is Tooey's missing boot! Molly must put her knowledge of the salmon life cycle to the test and find out where the fish are before the day is through. / Molly suggests a community fun-raiser to fix her school roof after a snow storm. The main attraction? A giant maze made of snow! All is well until Trini gets lost in the maze and Molly realizes the maze map is out of date. Can Molly and Tooey find a way to help Trini escape the maze? TVY

8am Curious George. CC #607 Feeling Antsy/Maple Monkey Madness. Feeling Antsy - George loves starting the day off with a big breakfast, but more food lands on the floor than in his mouth. As George cleans up his mess, he spots an army of ants, something the Man with the Yellow Hat warned his messy monkey about. With some help from his friend Hundley, can a monkey and dog come up with a plan to get rid of the unwelcome houseguests or does George have hundreds of new roommates? Maple Monkey Madness - George pours the last drop of maple syrup on his pancakes, leaving the Man with the Yellow Hat with a dry stack of flapjacks. George learns that maple syrup comes from trees, so he and Allie team up to replenish the Man's syrup supply. After tapping lots of trees, tasting bitter sap, and turning sap into syrup at the Renkins' sugar shack, George is finally able to bring home syrup for the Man...just in time for dinner! TVY

8:30 Let's Go Luna!. CC #112 Where's Luna?/Pulling Strings. When Luna goes missing in Delhi, Andy and friends track her down using her hat and an ancient astronomy site called "Jantar Mantar" / In Delhi, when Andy and Carmen have an argument, Leo and Luna put on a traditional Kathputli puppet show that helps them learn to get along. TVY

9am Daniel Tiger's Neighborhood. CC #403 Margaret's Birthday Buddy/Margaret's Birthday Party. Margaret's Birthday Buddy - The Tiger Family is busy preparing for Margaret's birthday party. Daniel struggles when the attention is not on him until he figures out that he can be a "tigertastic" birthday buddy and help make Margaret's day special. Margaret's Birthday Party - Margaret's birthday party is underway, and Daniel is feeling left out. Daniel remembers he can be a "grr-ific" birthday buddy, so he leads Margaret and friends in a silly panda game and an original birthday song! TVY

9:30 Daniel Tiger's Neighborhood. CC #108 Something Special for Dad/I Love You, Mom. Something Special for Dad - Daniel notices how happy Dad is to have received a letter from Grandpere. Daniel really loves Dad, so he decides to send him a letter that will make him glad too. He goes to the Post Office with Mom, where he learns how letters are sorted and mailed. He even joins Mr. McFeely on his "speedy delivery" to give Dad the very special letter! I Love You, Mom - Daniel wants to surprise Mom Tiger with her favorite banana bread because he knows it is one way to say "I love you." Dad and Daniel head to Baker Aker's Bakery, where they learn about the bread-making process. Daniel and Dad Tiger surprise Mom and she happily shares the banana bread gift with them too! TVY

10am Sesame Street. CC #4905 Elmo's Factory. Elmo has a lot of anything holders to make, so Chris helps Elmo put together his own factory. Elmo's friends work as a team and each take on a different job to help make the anything holders quicker. TVY

10:30 Pinkalicious & Peterrific. CC #127 Pink Love/Duocorn. It's Valentine's Day in Pinkville! Pinkalicious can't wait to show her classmates just how much she loves them by making homemade collage Valentines out of their favorite things. But when the Valentines are accidentally destroyed, Pinkalicious needs to come up with a creative solution - fast! / Pinkalicious and her unicorn friend Goldilicious compete in an imaginary race - the Great Unicorn Challenge! Peter really wants to play, but he doesn't have a unicorn to ride, until he conjures up his very own - a duocorn. Interstitial: Kids meet mixed media artist Chanel Thervill and use materials to create collages. TVY

11am Dinosaur Train. CC #103 Beating The Heat/Flowers for Mom. Beating the Heat - Buddy and Tiny travel to the Jurassic to make a new friend, Morris Stegosaurus, and discover how this huge dinosaur keeps cool in the heat. Flowers for Mom - The kids go to the Big Pond to look for flowers to give to Mom on her special Mothers Day. They find many different flowers while following a very busy bee. TVY

11:30 Cat in the Hat Knows A Lot About That!. CC #207 Tough Enough/How Cool Is Coral. Tough Enough - Nick and Sally are trying to guess what animal is the toughest one - is it a lion? Oh no, it must be the enormous elephant! Why not at all, says The Cat. The toughest of all is a teeny tiny Waterbear. Huh? Off to meet Cat's friend Wally the Waterbear. After shrinking down in the Thingamajigger, they find

Wally and start to play the Tough Enough game! Wally is tough enough to live anywhere, so it's off to Freeze Your Knees Snowland to test it out. Then they go to the super hot Gritchity-Gratch Desert, then even a trip into space! Wally can live anywhere! He really is the toughest of all! How Cool is Coral - The Cat needs help! He needs to get his fish friend Ting Tang Tony back to his family. Off to Scoobamareen they go! Tony and Cat got distracted while he was drawing pictures of the beautiful coral that's all around them. Using Cat's drawings as a map, they swim to get Tony back home. Along the way they meet little polyps that live in the coral and learn that they actually helped to make it! They learn about how long it takes to make and how delicate it is. Luckily they soon find Tony's family and they're reunited. Back home Nick and Sally make their own coral drawings, cause you never know when the Cat might need help again! TVY

12pm Amanpour and Company. CC #2055 Christiane Amanpour leads wide-ranging, in-depth conversations with global thought leaders and cultural influencers on the issues and trends impacting the world each day, from politics, business and technology to arts, science and sports. TVRE

1pm Pinkalicious & Peterrific. CC #127 *Pink Love/Duocom.* (R) See 9/16 at 10:30. TVY

1:30 Let's Go Luna!. CC #112 *Where's Luna?/Pulling Strings.* (R) See 9/16 at 8:30. TVY

2pm Nature Cat. CC #106 *There's Gold in Them Thar Hills/Nature Cat and Mr. Hide.* There's Gold in Them Thar Hills - Squeeks accidentally finds a small nugget of gold in the park stream, but then she inadvertently loses it! To make her feel better, Nature Cat ventures back to the stream to do all he can to try and find another piece of gold for Squeeks. Nature Cat and Mr. Hide - Nature Cat hopes to finally beat Ronald at the Neighborhood Hide 'N' Seek Championship - Cat Edition. His chances for victory improve when his pals introduce him to what a lot of animals use in the wild: camouflage. Can Nature Cat master camouflage and stay hidden in plain sight to capture the crown? Not if Ronald has his say! TVY

2:30 Wild Kratts. CC #322 *Tenrec Treasure Hunt.* When Chris sets up an elaborate treasure hunt centering on a cool and rare group of insectivores - the Tenrec - from Madagascar, the rest of the crew sets off to complete the hunt. TVY

3pm Molly of Denali. CC #104 *First Fish/A-Maze-Ing Snow.* (R) See 9/16 at 7:30. TVY

3:30 Odd Squad. CC #116 *Odd Outbreak/The Perfect Lunch.* Odd Outbreak - Dr. O takes the lead on the case of a strange medical crisis that causes chaos right in the middle of Odd Squad HQ. Curriculum: Data collection and analysis. The Perfect Lunch - Olive and Otto help Ms. O host a lunch for some very important but easily offended guests. Curriculum: Weight; algebraic thinking; deductive reasoning. TVY

4pm Odd Squad. CC #218 *Orchid's Almost Half Hour Talent Show/The Perfect Score.* Orchid's Almost Half Hour Talent Show - All the agents want to be a part of Orchid's talent show. Curriculum: Fair sharing; Equi-partitioning. The Perfect Score - It's villain report card day at Odd Squad. Curriculum: Word problems involving addition and numerical relations; Using a number line. TVY

4:30 Arthur. CC #2103 *Francine and the Soccer Spy/Sue Ellen and the Last Page.* (R) See 9/16 at 5:30. TVY

5pm PBS NewsHour. CC #12656 The PBS NewsHour continues to provide in-depth analysis of current events with a news summary, live interviews and discussions of domestic and international issues. TVRE

6pm Nightly Business Report. CC #38185 TVRE

6:30 Illinois Stories. CC Placeholder. (R) See 9/1 at 4pm.

7pm Country Music. CC #102 *Hard Times (1933 -1945).* Watch as Nashville becomes the heart of the country music industry. The genre grows in popularity during the Great Depression and World War II as America falls in love with singing cowboys, Texas Swing and the Grand Ole Opry's Roy Acuff. TV14

9pm Country Music. CC #102 *Hard Times (1933 -1945).* (R) See 9/16 at 7pm. TV14

11pm Amanpour and Company. CC #2056 Christiane Amanpour leads wide-ranging, in-depth conversations with global thought leaders and cultural influencers on the issues and trends impacting the world each day, from politics, business and technology to arts, science and sports. TVRE

Tuesday, September 17, 2019

12am Country Music. CC #102 *Hard Times (1933 -1945).* (R) See 9/16 at 7pm. TV14

2am Country Music. CC #102 *Hard Times (1933 -1945).* (R) See 9/16 at 7pm. TV14

4am Magical Land of Oz. CC #103 *Human.* (R) See 9/15 at 2am. TVPG

5am Peg + Cat. CC #206 *The Imaginary Friend Problem/The Promise Problem.* The Imaginary Friend Problem - Prehistoric Valley. Peg and the dinosaurs search the jungle for Cat and Minkus, his imaginary

monkey. Primary Content: The meaning of zero Secondary Content: Comparative size. The Promise Problem - Verona. Nothing can keep Romeo and Juliet from meeting between their balconies - except maybe a dinosaur. Primary Content: Horizontal, vertical, diagonal Secondary Content: Between, above, vertical. TVY

5:30 Arthur. CC #705 *Elwood City Turns 100! (Parts I & II)*. Arthur's class is chosen to stage a musical tribute for its city's centennial celebration. But soon the rehearsals become a drama of missed cues, inflated egos, and alien invasions. And that's behind the curtain! In front, seated in the audience, viewers will glimpse returning animated guest stars-including Art Garfunkel, Fred Rogers, and Michelle Kwan-all invited by Muffy to the show. And if that weren't enough, CNN's Larry King gets into the action by becoming the first live action guest star to appear with the animated ARTHUR cast, as he interviews them during the show's intermission. TVY

6am Classical Stretch: The Esmonde Technique. CC #812 *Improve Your Balance*. CLASSICAL STRETCH: THE ESMONDE TECHNIQUE focuses on overall wellness and physical fitness. This series, hosted by Miranda Esmonde-White, features a graceful, fluid and controlled method of stretching the entire body. It combines yoga, tai chi, Pilates and ballet techniques, plus specific movements and stretches that reach muscles and ligaments not normally targeted in the average fitness program. The movements, designed in consultation with a physician and a physiotherapist, are simple, safe, effective and appropriate for all ages and fitness levels. TVG

6:30 Sit and Be Fit. CC #1003 SIT AND BE FIT is a popular exercise series designed to make exercise fun, easy and safe for people of all ages. Programs focus on therapeutic exercises that make everyday activities easier to perform; including core strengthening, balance work, stretching and relaxation. Host, Mary Ann Wilson, RN designs programs with physical therapists, using creative choreography and a diverse selection of music. Her warmth and encouragement effectively reaches out to people of all fitness levels and ages. She is especially loved by older adult viewers, children, and those managing chronic conditions and physical limitations. TVG

7am Wild Kratts. CC #514 *The Fourth Bald Eagle*. The Kratt brothers set out to experience the life of the Bald eagle. Beginning as unhatched eggs in a nest, Martin and Chris grow with their eaglet sister, but when one of their siblings mysteriously disappears, the gang must also solve the mystery of what happened to the Fourth Bald eagle. Science Concept: The feather - its structure and function. TVY

7:30 Molly of Denali. CC #112 *New Nivagi/Crane Song. (R) See 9/1 at 7:30*. TVY

8am Curious George. CC #202 *Monkey Underground/Cat Mother*. Cat Mother - Professor Wiseman entrusts George with Lucky, a tiny kitten too young to take care of herself. It's love at first sight for Lucky when she meets her first dog - Hundley, the proud lobby dachshund. But it's not such a fast friendship for Hundley, who sneezes when Lucky affectionately rubs against him. Hundley's allergic to cats! Lucky is inconsolable, having to stay away from her new friend, so George decides to build a substitute dog for Lucky. Can George use his sharp investigation and engineering skills to create an exact Hundley replica? Monkey Underground - When George stumbles across a gopher hole in the field near the country house, he suddenly finds himself inside a secret world of underground tunnels. Just below the mounds, Mama, Papa, and Junior Gopher have found a hiding place away from Mr. Gopher Getter - the man who plans to de-gopher the entire field. George warns his new pals about the looming trap. But only if George can dig super monkey-fast, and in the correct direction, will he be able to save his gopher friends from being removed from their home. TVY

8:30 Let's Go Luna!. CC #114 *Boomin' Boomerang/House Music*. In Sydney, when Carmen temporarily loses her confidence, her participation in an Australian boomerang competition helps it come whizzing back / In Sydney, when Andy wants to hear a performance of his new favorite song, he finds that their opera house is a true architectural wonder, designed for listening to music. TVY

9am Daniel Tiger's Neighborhood. CC #408 *Find What Makes Your Family Special/Family Day*. Find What Makes Your Family Special - Katerina wishes she had a little sister like Baby Margaret to play with. She learns that even though she doesn't have a baby sister, there are other wonderful things that make her family special. Family Day - It's Family Day at the Neighborhood Library! Daniel learns that each family is different and special in its own way, and the Tiger Family performs a special song. TVY

9:30 Daniel Tiger's Neighborhood. CC #201 *The Tiger Family Grows/Daniel Learns About Being A Big Brother*. The Tiger Family Grows - The Tiger Family is expanding and Daniel finds out that he is going to be a big brother! At first, he isn't sure what to expect, but as his family prepares for the arrival of the new baby, Daniel learns about what it means to be a big brother... and a big helper, too. Daniel Learns About Being a Big Brother - The new baby is almost here and the Tiger Family is getting ready for the

new arrival. Daniel is eager to pitch in as Mom and Dad prepare the baby's room, but struggles with the idea of giving up his old baby things for his new sibling. He soon realizes that being a big brother means letting go of things you no longer need, and that's a big help for the whole family. Strategy: You can be a big helper in your family. TVY

10am Sesame Street. CC #4901 *When You're A Vet.* (R) See 9/2 at 10am. TVY

10:30 Pinkalicious & Peterrific. CC #130 *Lost Voice/Doll Hospital.* Pinkalicious is chosen to sing a solo in a class concert. She practices and practices to make sure she gets the solo just right, but on the morning of the performance she discovers she's lost her voice! How will she be able to sing? / Pinkalicious, Jasmine and Peter love playing with their dolls. When one of their dolls gets hurt, the fun doesn't end - instead, the game changes to playing doctor! Soon, Pinkalicious and Jasmine find themselves taking care of all the dolls in Pinkville while Peter feels a little left out. TVY

11am Dinosaur Train. CC #406 *Stop and Smell The Flowers/Moms' Campout.* "Stop and Smell the Flowers" - Mom takes Tiny, Buddy, and Don on a super secret daytrip to Qianzhousaurus Pond, where they meet Quentin Qianzhousaurus - a Tyrannosaurus with similar features to Buddy, except for one major thing - Quentin has a long, thin snout covered in tiny horns! The kids think that Quentin's long snout gives him a super smelling sense, but after a series of tests, they realize that he and Buddy have the same sniffing power. Can Quentin and Buddy's super sniffers solve the mystery of Mom's secret daytrip? Educational Objectives: Qianzhousaurus was a Tyrannosaurus from the late cretaceous with a long, narrow snout (covered in tiny horns). Tyrannosaurs came in a variety of shapes and sizes. Qianzhousaurus probably hunted much smaller prey than its super strong-jawed cousin. T. Rex. "Moms' Campout" - Mrs. Pteranodon organizes a "Moms' Campout" with other moms and kids in the neighborhood. While on the way to the campout, Mr. Conductor challenges the kids to make a real "nature connection" by creating games that push them to look at nature from a different point of view. Educational Objectives: You can't appreciate nature just by looking at it. You need to dig in and be a part of it: splashing, climbing, getting dirty, and looking at things in a whole new way. Forming a "Nature Connection" (that is, fostering a bond with the natural world) is a hands-on, full body, multisensory activity that is essential for a healthy childhood. TVY

11:30 Cat in the Hat Knows A Lot About That!. CC #116 *Chasing Rainbows/Follow The Prints.* Chasing Rainbows - The kids are painting a picture of a rainbow but can't remember all the colors to use. Luckily for them, Cat takes them to Color-galore to meet King Kaleidoscope, an expert on rainbows! A musical number teaches them the proper color order, and a silly spray of water leads them to discover how to make their very own rainbow! Follow the Prints - Nick and Sally are enjoying a backyard picnic when they discover their last strawberry has gone missing! Who could have taken it? Cat's friend Cluey Looney can help them! They are off to Muddyfeet Waterhole where they learn about how the differently shaped feet, paws, or hooves of various animals make differently shaped footprints. Back home, they follow the prints and discover their strawberry was taken by a squirrel! Luckily, the Cat has some more! TVY

12pm Amanpour and Company. CC #2056 (R) See 9/16 at 11pm. TVRE

1pm Pinkalicious & Peterrific. CC #130 *Lost Voice/Doll Hospital.* (R) See 9/17 at 10:30. TVY

1:30 Let's Go Luna!. CC #114 *Boomin' Boomerang/House Music.* (R) See 9/17 at 8:30. TVY

2pm Nature Cat. CC #203 *Lights Out for Sea Turtles/Nature Art.* Lights Out For Sea Turtles! - Nature Cat and his pals are camping out on the beach! Sweet! While they're looking for seashells they run into Squeeks sea turtle friend, Celia, who just laid more than one hundred eggs. Squeeks wants to see the baby sea turtles up close and watch them run to the ocean. She hears the cuteness factor is off the charts! Celia's eggs won't hatch for a while, but she says there are lots of other nests on the beach and some of the eggs are bound to hatch tonight. Best. Beach. Campout. EVER! Time to find a sea turtle nest! Nature Art - Today is the day of Hal's Aunt Riva's Nature Art Festival and Aunt Riva has a surprise. She's inviting Hal, Nature Cat, Squeeks and Daisy to be part of her Nature Art show. Hooray! Aunt Riva encourages everyone to let their creative juices flow and create their own nature art. The pressure quickly gets to Nature Cat and he's worried he'll never be inspired to make any nature, but Nature Cat just needs to take Aunt Riva's advice. He needs to relax and soak up nature. That should lead to inspiration! Onward and artward! TVY

2:30 Wild Kratts. CC #113 *Mystery of the Weird Looking Walrus.* Chris and Martin are on a mission to discover why walrus look so weird, but discover that Zach Varmitech has kidnapped a herd to mine precious pearls for Donita Donata's fashion line. The Wild Kratts team must use the walrus features

against Zach to save the creatures and return them to their Arctic domain. Science Concepts: Suction. TVY

3pm Molly of Denali. CC #112 *New Nivagi/Crane Song. (R) See 9/1 at 7:30.* TVY

3:30 Odd Squad. CC #117 *Rise of the Hydraclops/O Is Not for Old.* Rise of the Hydraclops - In order to save humanity, Olive and Otto must locate a treasure chest that Oscar buried. Curriculum: Measurement; length. O is Not for Old - The agents throw a surprise party for Ms. O. Curriculum: Data collection and analysis; using tally marks to record data. TVY

4pm Odd Squad. CC #234 *Who Is Agent Otis?.* Who Is Agent Otis? - Olympia discovers a secret about her partner. Curriculum: charts, line graphs, data analysis and collection. TVY

4:30 Arthur. CC #705 *Elwood City Turns 100! (Parts I & II). (R) See 9/17 at 5:30.* TVY

5pm PBS NewsHour. CC #12657 The PBS NewsHour continues to provide in-depth analysis of current events with a news summary, live interviews and discussions of domestic and international issues. TVRE

6pm Nightly Business Report. CC #38186 TVRE

6:30 Illinois Stories. CC Placeholder. (R) See 9/1 at 4pm.

7pm Country Music. CC #103 *The Hillbilly Shakespeare (1945 -1953).* See how the bluegrass sound spreads in post-war America, and meet honky-tonk star Hank Williams, whose songs of surprisingly emotional depth are derived from his troubled and tragically short life. TV14

9pm Country Music. CC #103 *The Hillbilly Shakespeare (1945 -1953). (R) See 9/17 at 7pm.* TV14

11pm Amanpour and Company. CC #2057 Christiane Amanpour leads wide-ranging, in-depth conversations with global thought leaders and cultural influencers on the issues and trends impacting the world each day, from politics, business and technology to arts, science and sports. TVRE

Wednesday, September 18, 2019

12am Country Music. CC #103 *The Hillbilly Shakespeare (1945 -1953). (R) See 9/17 at 7pm.* TV14

2am Country Music. CC #103 *The Hillbilly Shakespeare (1945 -1953). (R) See 9/17 at 7pm.* TV14

4am Antiques Roadshow. CC #2110 *Salt Lake City, Hour One.* Utah's capital city is brimming with antique and vintage finds including an 1844 "Bellows Falls" LDS church hymnal, a 1914 Olaf Carl Seltzer oil on board and a 1969 prototype Hot Wheels "Beach Bomb." Can you guess which came in at \$100,000-\$150,000? TVG

5am Peg + Cat. CC #137 *The Groovy Sixties Problem/Bad Jack Is Back.* The Groovy Sixties Problem - Woodstock. Peg and Cat help Peg's hippy Grandmom create a groovy birthday present for Granddad based on his favorite numbers: the sixties. Bad Jack is Back - Wild West. When Bad Jack returns with his gang to tickle the townspeople, a surprise guest shows Peg and Cat how to fend off the bad guys' six feathers with four feathers. TVY

5:30 Arthur. CC #308 *Popular Girls/Buster's Growing Grudge.* Sue Ellen and Fern take a popularity quiz they find in a magazine for teenagers. They change their personalities to become more likable, but why does it seem no one likes them anymore? In the second story, Buster's convinced that his great joke will be the difference between a successful oral report and failure. But when Binky steals his material, will Buster stay mad forever? TVY

6am Classical Stretch: The Esmonde Technique. CC #813 *Strengthen Feet & Fingers.* CLASSICAL STRETCH: THE ESMONDE TECHNIQUE focuses on overall wellness and physical fitness. This series, hosted by Miranda Esmonde-White, features a graceful, fluid and controlled method of stretching the entire body. It combines yoga, tai chi, Pilates and ballet techniques, plus specific movements and stretches that reach muscles and ligaments not normally targeted in the average fitness program. The movements, designed in consultation with a physician and a physiotherapist, are simple, safe, effective and appropriate for all ages and fitness levels. TVG

6:30 Happy Yoga with Sarah Starr. CC #510 *Sunflower Sunset.* Bask in the setting sun over the vast sunflower fields of summer as we enjoy a modified yoga practice using a chair for support. Including gentle sun salutations along with easy to follow yoga moves to create more ease in the hands, neck, shoulders, back, hips and more. TVG

7am Wild Kratts. CC #205 *Happy Turkey Day.* The Wild Kratts are on a mission to defend the honor of the wild turkey and to stop Gourmand, who is hunting for the largest, fattest turkey in the forest. TVY

7:30 Molly of Denali. CC #113 *Fiddle of Nowhere/A Splash of Mink. (R) See 9/6 at 7:30.* TVY

8am Curious George. CC #610 *No Knowing Gnocchi/Here Comes The Tide*. No Knowing Gnocchi - Chef Pisghetti has done everything he can think of to please Gnocchi. He replaced the door she's always scratching, removed the old carpet that got her dirty, and even cleaned out all the debris from the alley. So why is his beloved cat spending so much time away from home? George decides to follow Gnocchi on her adventures to figure out what causes his cat friend to leave home and roam. Here Comes the Tide - When a treasure hunt at the beach leaves George and Marco staring into a big, empty hole, they decide to bury their own treasure chest. But after a swim with a friendly dolphin, they return and discover the tide moved their treasure chest down shore, and it's completely empty! Will the boys recover their missing treasure, or has the tide washed it away forever? TVY

8:30 Let's Go Luna!. CC #104 *You Froze My Shorts/What A Matryoshka*. When the Circo gets frozen in by a Moscow storm, the kids and Luna search for ways to keep warm. / In Moscow, Leo orders a Russian nesting doll for Senor Fabuloso, but accidentally gets an absurdly huge one! TVY

9am Daniel Tiger's Neighborhood. CC #414 *Daniel Likes to Be with Dad/Daniel Likes to Be with Mom*. Daniel Likes to Be with Dad - Daniel and Dad Tiger spend the whole day together searching for seashells, picking apples, and even a special surprise. But when things don't go as planned, Dad and Daniel remember that it doesn't matter what they do, they just enjoy being together. Daniel Likes to Be with Mom - Daniel is thrilled to spend the day with Mom - they even turn Mom's old wagon into a trolley together! Although the wagon doesn't turn out perfectly, it doesn't matter because they're just happy to be with one another. TVY

9:30 Daniel Tiger's Neighborhood. CC #117 *Good Morning Daniel/Goodnight Daniel*. Good Morning Daniel - It's a typical morning in the Tiger household, and Daniel has to get up for school but his playing and imagining distract him from his routine. Daniel learns that his morning routine helps him be ready in time for Trolley to take him to school. Goodnight Daniel - Tonight, Daniel is pretending to be Super Daniel! But after dinner, he has to follow his nighttime routine even though he would rather play. Young viewers follow Daniel as he gets ready for bed and eventually he learns that even super heroes get sleepy. TVY

10am Sesame Street. CC #4908 *Play Time*. Nina, Elmo, Abby, Big Bird, and Chris put on a play about Little Miss Muffet. With the actors, narrator, costume designer, and set designer jobs already planned out, Nina helps Big Bird find his job as playwright when Big Bird comes up with the idea of changing the ending to the story. TVY

10:30 Pinkalicious & Peterrific. CC #128 *Fashion Fun/Welcome Pinka Bear*. Jasmine, Lila and Pinkalicious are inspired by fashion designs to create their own, unique outfits! But when Pinkalicious' design comes apart at the seams, she learns that with a little innovation, she can create an even more pinkaperfect dress! / A baby pinka bear has been born at Pinkville Zoo! Pinkalicious, Peter and friends bring home-made baby gifts to the new arrival, who turns out to be a shy little cub. Pinkalicious learns that with a little patience - and some sweet singing - the baby pinka bear is ready to say hello! TVY

11am Dinosaur Train. CC #108 *One Big Dinosaur/Play Date with Annie*. One Big Dinosaur - Tiny and Buddy visit a dinosaur family called Argentinosaurus, some of the biggest land creatures ever! The kids find out there are great things about being really big, and that it's also great being their own size. Play Date with Annie - Buddy is excited that his friend Annie Tyrannosaurus is coming to the Pteranodon nest to visit and play with them. After Tiny feels left out, Buddy and Annie show her that they can all be friends! TVY

11:30 Cat in the Hat Knows A Lot About That!. CC #206 *Manatees and Mermaids/The Last Chocolate*. Manatees and Mermaids - Sally and Nick are pretending to swim, but why not go for a real swim asks the Cat! Off to the Glippydrippy Gulf to meet Matilda the Manatee and her son Marlin. Matilda and Marlon teach their guests how to swim slowly and gracefully. Until they hear the sound of a boat motor! Those can be dangerous for manatees, but luckily the Cat, Nick and Sally help their new friends to stay safe. And when they get back home, Nick and Sally will be sure to tell everyone to "Slow down for manatees!" The Last Chocolate - Only two chocolates left in the whole box, what a great present for Nick and Sally's Moms. That is until The Cat excitedly eats them! Oh no! How are they going to find more chocolate to give to their moms? Why a trip to visit Princess Lottachoca in the Cocolicious Forest will help them! There, the Princess teaches Nick and Sally the chocolate-making song and they help to pick the beans, roast them, and to heat the juice and add sugar. And then, pouring the hot liquid into moulds of any shape. Now that the chocolate has cooled, it's time to go home and surprise their moms!

Educational Objective: The process of how chocolate is made from the humble cocoa bean - by picking

the beans, drying them, roasting them and then crushing them to get the juice, then adding sugar while you heat it, pour it into a mould and cool it. TVY

12pm Amanpour and Company. CC #2057 (R) See 9/17 at 11pm. TVRE

1pm Pinkalicious & Peterrific. CC #128 Fashion Fun/Welcome Pinka Bear. (R) See 9/18 at 10:30. TVY

1:30 Let's Go Luna!. CC #104 You Froze My Shorts/What A Matryoshka. (R) See 9/18 at 8:30. TVY

2pm Nature Cat. CC #210 Rights Or Wrong/Amazing Animals. Say it isn't so! Cousin Marvin and the marsh are in trouble - again! Something is stopping the water upstream and now marsh has no steady source of water and it dried up. Nooo! Without the stream water, animals have to move on in search of food. Nature Cat and his pals investigate and find... Ronald?! It seems that Ronald has built a huge water slide that is blocking the stream and he refuses to move it! It's up to Nature Cat and his pals to convince Ronald to do the right thing and save the marsh! / Granny Bunny has a wintery surprise for Daisy and her pals. All they need to do is meet her at the top of the really big hill in Sunset Park but getting there is not so easy! They have freezing cold temperatures to deal with, deep snow to get over and icy mountainsides to climb. When all seems lost, and our gang feels like they cannot go on because of the elements, they get inspiration and ideas from a few unlikely animals! TVY

2:30 Wild Kratts. CC #316 Fossa Palooza. Chris, bummed that the gang must leave Madagascar without ever having seen amazing fossa, accidentally falls out the hatch of the Tortuga in mid-flight and lands deep in an island forest - amongst a group of the very creatures he longed to find! TVY

3pm Molly of Denali. CC #113 Fiddle of Nowhere/A Splash of Mink. (R) See 9/6 at 7:30. TVY

3:30 Odd Squad. CC #133 Not So Splash/by the Book. Not So Splash - In the middle of summer, Olive and Otto must figure out why parts of the town are turning snowy and cold. Curriculum: Measurement; using a thermometer and comparing temperatures. By the Book - Olive and Otto interrogate two suspects to figure out which one is innocent and which one is guilty. Curriculum: Measurement; time. TVY

4pm Odd Squad. CC #235 Odds and Ends. Odds and Ends - The agents must come together to battle a common enemy. Curriculum: charts, line graphs, data analysis and collection. TVY

4:30 Arthur. CC #308 Popular Girls/Buster's Growing Grudge. (R) See 9/18 at 5:30. TVY

5pm PBS NewsHour. CC #12658 The PBS NewsHour continues to provide in-depth analysis of current events with a news summary, live interviews and discussions of domestic and international issues. TVRE

6pm Nightly Business Report. CC #38187 TVRE

6:30 Illinois Stories. CC Placeholder. (R) See 9/1 at 4pm.

7pm Country Music. CC #104 I Can't Stop Loving You (1953 -1963). Travel to Memphis, where Sun Studios artists Johnny Cash and Elvis Presley usher in the era of rockabilly. Ray Charles crosses America's racial divide by recording a country album. Patsy Cline shows off Music City's smooth new Nashville Sound. TV14

9pm Country Music. CC #104 I Can't Stop Loving You (1953 -1963). (R) See 9/18 at 7pm. TV14

11pm Amanpour and Company. CC #2058 Christiane Amanpour leads wide-ranging, in-depth conversations with global thought leaders and cultural influencers on the issues and trends impacting the world each day, from politics, business and technology to arts, science and sports. TVRE

Thursday, September 19, 2019

12am Country Music. CC #104 I Can't Stop Loving You (1953 -1963). (R) See 9/18 at 7pm. TV14

2am Country Music. CC #104 I Can't Stop Loving You (1953 -1963). (R) See 9/18 at 7pm. TV14

4am NOVA. CC #4320 Treasures of the Earth: Power. Drill down to discover how Earth's natural treasures provide bountiful energy to power our modern world yet are also driving us to seek new, cleaner alternatives that can help us keep the lights on. TVG

5am Peg + Cat. CC #207 Peg and Cat Save The World: Part 1. Peg and Cat Save the World: Part 1 The Farm / Washington, D.C. The President of the United States summons Peg and Cat to solve a problem of national importance: strange signals are coming from space, in a pattern. Primary Content: Shapes. TVY

5:30 Arthur. CC #2101 Binky's A Game/Brain and the Time Capsule. When Binky gets an "A" on a test, Muffy and Francine are convinced he cheated. Is it possible that Shelly "Binky" Barnes actually

studied? Brain makes a time capsule and gets overwhelmed by people asking to have their special belongings included. Will he make room for his friends, or will he give them the boot? TVY

6am Classical Stretch: The Esmonde Technique. CC #814 *Unlock Your Hips.* CLASSICAL STRETCH: THE ESMONDE TECHNIQUE focuses on overall wellness and physical fitness. This series, hosted by Miranda Esmonde-White, features a graceful, fluid and controlled method of stretching the entire body. It combines yoga, tai chi, Pilates and ballet techniques, plus specific movements and stretches that reach muscles and ligaments not normally targeted in the average fitness program. The movements, designed in consultation with a physician and a physiotherapist, are simple, safe, effective and appropriate for all ages and fitness levels. TVG

6:30 Sit and Be Fit. CC #1004 SIT AND BE FIT is a popular exercise series designed to make exercise fun, easy and safe for people of all ages. Programs focus on therapeutic exercises that make everyday activities easier to perform; including core strengthening, balance work, stretching and relaxation. Host, Mary Ann Wilson, RN designs programs with physical therapists, using creative choreography and a diverse selection of music. Her warmth and encouragement effectively reaches out to people of all fitness levels and ages. She is especially loved by older adult viewers, children, and those managing chronic conditions and physical limitations. TVG

7am Wild Kratts. CC #112 *Fireflies.* It's time for the annual Wild Kratt Firefly picnic. Martin and Chris head off into the forest to find some fireflies to join in the fun, but fashion designer, Donita Donata, has been capturing all the fireflies to use in the making of a sparkly, one-of-a-kind dress. The Wild Kratts team has to save the firefly population! Science Concepts: Bioluminescence, Cold light. TVY

7:30 Molly of Denali. CC #101 *Grandpa's Drum/Have Canoe, Will Paddle. (R) See 9/4 at 7:30.* TVY

8am Curious George. CC #209 *Monkey Stagehand/Magic Garden.* Monkey Stagehand: Bill needs some help behind the scenes of the town talent show and George happily volunteers. So Bill shows George the ropes, literally, and the two friends practice working the pulleys that control the curtains and scenery, and the levers for the stage trapdoors. After a few mishaps in rehearsal George takes extra care and practice in preparing for the show, and on the big night everything goes smoothly - until Bill falls through a trap door and ends up beneath the stage, leaving George alone! But knowing that the show must go on, George gathers up his courage, ingenuity - and all his hands and feet! - to prove that he's an outstanding stagehand after all. EDUCATIONAL OBJECTIVE: To demonstrate that systems have parts or components that work together to accomplish a goal. Magic Garden: Chef Pisghetti is running low on fresh vegetables and George tries to help by weeding the Chef's rooftop garden. George doesn't know greenery, however, and ends up pulling out all of the vegetables right along with the weeds! Now the Chef must replant everything and wait for the vegetables to grow. But George doesn't want Chef Pisghetti to have to close the restaurant, so he replaces the seeds with vegetables from his refrigerator at home. Will the Chef discover that what made his garden grow overnight wasn't in fact magic fertilizer - but a hairy elf? EDUCATIONAL OBJECTIVE: To understand that the vegetables we eat are parts of plants and that plants may be cultivated for this purpose. To understand that plants are living things, and as such have survival needs like water, nutrients, and sun in order to grow and reproduce. To identify seeds as one way in which plants reproduce, that seed-bearing plants produce their own seeds, and to discover that the seeds from a plant will always grow into adult plants resembling the parent. TVY

8:30 Let's Go Luna!. CC #121 *A Prickly Pear/Turkish Delight. (R) See 9/2 at 8:30.* TVY

9am Daniel Tiger's Neighborhood. CC #415 *The Family Campout/A Game Night for Everyone.* The Family Campout - Daniel and Dad Tiger head to the "Dad and Me" Camp-out, joined by his friends and their dads. When Katerina arrives with her mom, she notices that she's the only one who brought her mom. Henrietta assures Katerina that all families are different, and that's okay. A Game Night for Everyone - Daniel and Mom are on their way to "Mom and Me" Game Night when they run into O and X the Owl. O isn't sure if he can go to Game Night without a mom, but Uncle X assures him that he has his uncle, who loves him very much, to bring him. TVY

9:30 Daniel Tiger's Neighborhood. CC #220 *Prince Wednesday's Happy Birthday/Daniel's Happy Song.* Prince Wednesday's Happy Birthday - Happy Birthday, Prince Wednesday! Daniel heads to the castle for Prince Wednesday's birthday party, and feels happy to be with his friends, play games and eat royally yummy birthday cake. Daniel's Happy Song - Daniel is so happy because his friends are coming over to play! As they play with their stuffies, Daniel teaches his friends his happy song - and they all sing along! Strategy: This is my happy song, and I could sing it all day long. TVY

10am Sesame Street. CC #4902 *Picture This. (R) See 9/3 at 10am.* TVY

10:30 Pinkalicious & Peterrific. CC #132 Best Day Ever/Catchy Song. Pop star Jonah Rose is coming to Pinkville. Pinkalicious and Peter are excited to see him and do his signature move, the Jonah Jump. But when they find out the concert is sold out, they decide to put on their own show with a very special guest. / Pinkalicious has written the catchiest song ever, and soon everyone in Pinkville is singing it. In fact, they can't stop singing it! Can Pinkalicious come up with an even catchier song to get it out of their heads? TVY

11am Dinosaur Train. CC #401 Trains, Submarines and Zeppelins: Part 1/Part 2. When Mr. Pteranodon and Larry go out to the Big Pond to find some red platanoids for the Winter Solstice Celebration, they accidentally miss the last train home. Will Larry and Mr. Pteranodon stop bickering long enough to figure out a way home, or will they get stranded in the middle of nowhere and miss the family Winter Solstice Celebration? Educational Objective: The Winter Solstice is the shortest day of the year. TVY

11:30 Cat in the Hat Knows A Lot About That!. CC #125 Sniff and Seek/Aye Aye! Sniff and Seek - Nick's most favourite smell is chocolate chip cookies! But what is Sally's? She's not sure. What better way to find out than by playing sniff and seek with a skunk! Cat introduces Nick and Sally to Whiffy, and in the adventure of finding Sally's favourite smell they discover how good Whiffy is at protecting himself with his very own special smell. Aye Aye! - Nick and Sally are making Halloween masks, but they want to make them really scary. Cat takes them to meet Aiya, the Aye Aye, in the forest of Spookywoowo. Aiya shows them, that even though he may look scary - his big ears, huge eyes and long fingers help him to find food. And now Nick and Sally know just how to make their masks scary! TVY

12pm Amanpour and Company. CC #2058 (R) See 9/18 at 11pm. TVRE

1pm Pinkalicious & Peterrific. CC #132 Best Day Ever/Catchy Song. (R) See 9/19 at 10:30. TVY

1:30 Let's Go Luna!. CC #121 A Prickly Pear/Turkish Delight. (R) See 9/2 at 8:30. TVY

2pm Nature Cat. CC #102 Muck Amok/Follow Those Footprints. Muck Amok - Squeeks' cousin Marvin needs big-time help, right away! His marsh home is in danger of flooding! Tally ho! Nature Cat and his pals are called into action to investigate and figure out how to stop the flooding before more animals are forced to leave their marsh homes. Follow Those Footprints - Tally ho, it's Nature Art Day! An extremely excited Nature Cat proudly unveils his latest nature masterpiece - a statue of himself made out of acorns. But there's a slight problem: the statue's acorn head is gone! Uh-oh, where'd it go?! TVY

2:30 Wild Kratts. CC #513 Komodo Dragon. While Koki is monitoring her daily "villain watch", she discovers that Gourmand is heading to the island of Komodo. The name sounds familiar, but she can't recall why, so she goes and asks the Kratt Brothers who do a double take. The island only has the world's largest lizard - the Komodo dragon! They decide they better go and see what Gourmand is up to on the island of these amazing creatures. Science Concept: Hunting strategies. TVY

3pm Molly of Denali. CC #101 Grandpa's Drum/Have Canoe, Will Paddle. (R) See 9/4 at 7:30. TVY

3:30 Odd Squad. CC #121 6:00 to 6:05. 6:00 to 6:05 - In this half-hour episode, dinosaurs break out of the dinosaur room in headquarters and Olive and Otto must travel back in time to save the day. Curriculum: Measurement; telling time on an analog clock. TVY

4pm Odd Squad. CC #104 Reindeer Games. Reindeer Games - In this Christmas-themed episode, Olive and Otto help Santa track down his missing reindeer. Also, Oscar helps Ms. O get off Santa's naughty list. Curriculum: Coordinate graphing; greater than and less than. TVY

4:30 Arthur. CC #2101 Binky's A Game/Brain and the Time Capsule. (R) See 9/19 at 5:30. TVY

5pm PBS NewsHour. CC #12659 The PBS NewsHour continues to provide in-depth analysis of current events with a news summary, live interviews and discussions of domestic and international issues. TVRE

6pm Nightly Business Report. CC #38188 TVRE

6:30 Illinois Stories. CC Placeholder. (R) See 9/1 at 4pm.

7pm Illinois Stories. CC Placeholder. (R) See 9/1 at 4pm.

7:30 Illinois Stories. CC Placeholder. (R) See 9/1 at 4pm.

8pm Charley Pride: American Masters. CC #3007 Explore the complicated history of the American South and its music through the life of country star Charley Pride. Raised in segregated Mississippi, his journey shows the ways that artistic expression can triumph over prejudice and injustice. TVPG

9pm Jamestown. CC #306 From the makers of Downton Abbey, this series follows the lives of three women as they wrestle with the challenges of creating a new life in a beautiful yet forbidding land. In the 17th century, on the edge of the breathtaking but untamed Virginian wilderness, sits the English colony of Jamestown. The settlement barely survived its first decade but is on the brink of change summoned by

the arrival of a new governor, Yeardeley, and 90 so-called "maids to make brides" -- a bid from the presiding Virginia Company to establish the town as a prosperous place for all. Yeardeley also brings with him a charter, granting land to the earliest settlers in reward for their loyalty, but new laws cause power struggles within the town and with the native inhabitants. TV14

10pm Amanpour and Company. CC #2059 Christiane Amanpour leads wide-ranging, in-depth conversations with global thought leaders and cultural influencers on the issues and trends impacting the world each day, from politics, business and technology to arts, science and sports. TVRE

11pm History Detectives. CC #909 *Revolutionary War Almanac; Jack Lalanne; Andy Warhol.* Loyalist or patriot? What can the notes in a 1775 Almanac tell us about how the revolution may have strained family ties? Do these phonograph records called "Get Thin to Music" reveal Jack Lalanne, the media exercise guru of the 1920s? Did NASA unwittingly transport Andy Warhol's art to the moon? TVPG

Friday, September 20, 2019

12am Charley Pride: American Masters. CC #3007 (R) See 9/19 at 8pm. TVPG

1am Antiques Roadshow. CC #2110 *Salt Lake City, Hour One.* (R) See 9/18 at 4am. TVG

2am NOVA. CC #4320 *Treasures of the Earth: Power.* (R) See 9/19 at 4am. TVG

3am Rise and Fall of the Brown Buffalo. CC The Rise and Fall of the Brown Buffalo is an innovative look into the life of radical Chicano lawyer, author, and countercultural icon, Oscar Zeta Acosta - best known for his volatile friendship with legendary journalist-provocateur, Hunter S. Thompson. The author of two groundbreaking autobiographical novels, Acosta's powerful literary voice, brash courtroom style and notorious revolutionary antics made him a revered figure within the Chicano movement, and offered one of the most brazen, frontal assaults on white supremacy seen at the time. Yet in hindsight, Acosta is more known as Thompson's bumbling Samoan sidekick in Fear and Loathing in Las Vegas than for his own work exposing racial bias, hypocrisy, and repression within the California justice system. This film sets out to right this historical wrong, giving Acosta his due place as an imperfect, but larger-than-life figure in American history. Channeling the spirit of the psychedelic 60s and the joyful irreverence of Gonzo journalism, the film also shows Acosta's personal and creative evolution play out against the backdrop of a society in turmoil. From his origins in segregated rural California, to his stint as a Baptist missionary in Panama, his radicalization in the Chicano movement of the 60s, to his mysterious disappearance in Mexico in 1974, director Phillip Rodriguez offers us a complex figure emblematic of a generation. Relevant now more than ever, this untold story probes issues of racial identity, criminal justice, and media representation, while revealing the personal story of a troubled and brilliant man coming to terms with his identity and finding meaning in the struggles of his people. TV14

4am Charley Pride: American Masters. CC #3007 (R) See 9/19 at 8pm. TVPG

5am Peg + Cat. CC #139 *The Magic Uke/The Rocking Out Problem.* The Magic Uke - Kingdom of Night/Kingdom of Day. Peg must trek through the Kingdom of Night to reach Cat. To cross the star-shaped steps, Peg needs to find lines of symmetry with the help of a magic ukulele. The Rocking Out Problem - Junk Yard. When Baby Fox makes a spectacular musical instrument out of junk, Peg and Cat get stuck in it! To get out they must use up, down, around and 3/4 time. TVY

5:30 Arthur. CC #1108 *Francine's Pilfered Paper/Buster Gets Real.* Francine's Pilfered Paper - Thanksgiving can be a time for a long, relaxing weekend with family and friends. But for Mr. Ratburn, it's a chance to assign a five-page paper about the holiday! Instead of despairing like her friends, Francine finds the perfect Web site for her research, which she happily copies and pastes in a matter of minutes for her entire report. There's nothing wrong with that....is there? Buster Gets Real - Everyone loves the new "Top Supermarket" reality series on TV - everyone except Arthur. So when Buster stops watching Bionic Bunny to watch this popular new show, Arthur fears their friendship is over. TVY

6am Classical Stretch: The Esmonde Technique. CC #815 *Increase Your Energy.* CLASSICAL STRETCH: THE ESMONDE TECHNIQUE focuses on overall wellness and physical fitness. This series, hosted by Miranda Esmonde-White, features a graceful, fluid and controlled method of stretching the entire body. It combines yoga, tai chi, Pilates and ballet techniques, plus specific movements and stretches that reach muscles and ligaments not normally targeted in the average fitness program. The movements, designed in consultation with a physician and a physiotherapist, are simple, safe, effective and appropriate for all ages and fitness levels. TVG

6:30 Happy Yoga with Sarah Starr. CC #601 *Panoramic Wilderness.* Revel in the beauty of the panoramic wilderness as you enjoy a modified yoga session using a chair for support. Including gentle

seated stretches designed to create more mobility in your upper body, standing balance poses to strengthen and tone the legs, and seated warrior moves to open your hips. TVG

7am Wild Kratts. CC #206 Neck and Neck. As Chris and Martin search for the answer to why giraffes have long necks, a mischievous giraffe begins secretly taking Creature Power Suit parts and supplies from the Tortuga. TVY

7:30 Molly of Denali. CC #105 Bird in the Hand/Bye-Bye Birdie. (R) See 9/2 at 7:30. TVY

8am Curious George. CC #608 Dj George/Curious George Paints The Desert. DJ George - It's George's lucky day when the Man with the Yellow Hat wins tickets to a Bonnie Smooth concert over the radio. But at the radio station, George's luck turns when he accidentally locks himself into the DJ booth just as Bonnie Smooth herself is scheduled to call in for an interview. Can a DJ teach a monkey how to operate a radio station through a sound proof window in time for the big call? Curious George Paints the Desert - While visiting the Quints during their desert vacation, George is thrilled when his new Native American friend makes a colorful sand painting of the happy monkey. But a jackrabbit runs through the painting, ruining the work of art and making George not so happy. George decides to make his own painting to replace the ruined one, but when he doesn't have the correct color of sand, he turns to food to help dye it the right color. TVY

8:30 Let's Go Luna!. CC #111 Guitar to Sitar/Spring Has Not Sprung. In Delhi, Carmen goes looking for guitar strings so she can write her mother a birthday song, but in the process, she and the kids learn about a different stringed instrument called a sitar / In Delhi, although Andy's plan to photograph the colors of spring is complicated by overcast weather, in the end, the day transforms into a joyous celebration of color. TVY

9am Daniel Tiger's Neighborhood. CC #416 Daniels Grr-ific Grandpere/Making Mozies with Nana. Daniels Grr-ific Grandpere - Daniel Tiger is excited to spend the whole day with his grandpa - Grandpere! Whether they're riding on Grandpere's boat, sorting through Grandpere's treasures, or even just relaxing on the sandy shore, they love the special time they have together. Making Mozies with Nana - Daniel Tiger spends the whole day with Jodi and her Nana. Jodi and Nana love the special things they do together, like baking sweet treats and coloring. TVY

9:30 Daniel Tiger's Neighborhood. CC #118 Daniel Plays Ball/O Builds A Tower. Daniel Plays Ball - Daniel, Miss Elaina and Prince Wednesday are at the park with Prince Tuesday. They decide to play a game with a ball. Daniel struggles to catch the ball and gets very frustrated. All of his friends remind him to keep on trying and finally, he succeeds! O Builds a Tower - In the block corner at school, O the Owl is determined to use all of the blocks to build the tallest tower in the world. After many failed attempts, he is frustrated, but Teacher Harriet and O's friends encourage him to try once again. TVY

10am Sesame Street. CC #4918 Elmo Goes to Chicken School. (R) See 9/4 at 10am. TVY

10:30 Pinkalicious & Peterrific. CC #131 Peterrific/Mother's Day Surprise. Peter is building the tallest block tower ever, all the way to the moon! He'll have so much fun, he won't want to come down...or will he? / For Mother's Day, Pinkalicious and Peter want to do something extra special for Mommy. Will they make her breakfast? Will they write a poem? Maybe Robotta can help - if she doesn't mess the house up first! TVY

11am Dinosaur Train. CC #104 I'm A T. Rex!/Ned The Quadruped. I'm a T. rex! - Buddy travels to Rexville on the Dinosaur Train and meets Delores Tyrannosaurus and her daughter Annie. When he sees that he shares all the same features, Buddy learns that he is a Tyrannosaurus rex! Ned the Quadruped - Buddy and Tiny tour the Dinosaur Train and earn their Junior Conductor hats while their friend Ned, a four-legged, long-necked Brachiosaurus and regular Train rider, tags along. TVY

11:30 Cat in the Hat Knows A Lot About That!. CC #318 Treehouse Handshake/The Big Pictures. Sally invents a secret treehouse handshake, but Nick can't remember the sequence. The Cat takes them to Over-and-Overton, where they figure out how to get through a series of obstacles by recognizing patterns. Nick and Sally don't understand why one toy car goes faster than another. The Cat says he needs their help to move some big pictures and along the way, they find out about how air is matter (takes up space and has mass) and can push on objects. TVY

12pm Amanpour and Company. CC #2059 (R) See 9/19 at 10pm. TVRE

1pm Pinkalicious & Peterrific. CC #131 Peterrific/Mother's Day Surprise. (R) See 9/20 at 10:30. TVY

1:30 Let's Go Luna!. CC #111 Guitar to Sitar/Spring Has Not Sprung. (R) See 9/20 at 8:30. TVY

2pm Nature Cat. CC #204 Houstons Outdoor Adventure/Hotel Hal. Houston's Outdoor Adventure Houston's cousin Nigel is coming to visit next week all the way from England. Nigel wants to join Houston on one of his famous nature adventures. Daisy suggests Houston take Nigel on The Tough Track

Adventure, a nature obstacle course happening the day that Nigel arrives. But Houston has a problem he's never been on an actual nature adventure before. He only assists his friends with their nature needs using his computer. How can he get ready for a nature adventure in a week? Never fear! Nature Cat and the gang will help! Onward and time-to-trainward! Hotel Hal - During band practice, some unexpected guests interrupt. Papa and Mama Vole (and all their young'uns) pop up to see if they can bunk with Hal. They're having a little problem at their burrow so they need to find shelter. Hal is happy to have the company at first, but when the voles start to take over and eat all his plants, it's time to ask the voles to leave. Easier said than done, as getting the voles back in their home sets off a chain reaction of other animal habitat problems! TVY

2:30 Wild Kratts. CC #116 *Walk on the Wetside*. When Chris and Martin locate an amazing water-walking Basilisk lizard in Costa Rica, they try to replicate its actions in order to learn how this rare lizard is able to walk on water. They discover that by using its wide feet, churning its legs to create water pockets and keeping up a certain speed, the Basilisk is able to run on water in order to escape from predators. And when Donita Donata begins capturing basilisks, Martin and Chris use their new water walking powers to rescue these rare lizards. TVY

3pm Molly of Denali. CC #105 *Bird in the Hand/Bye-Bye Birdie*. (R) See 9/2 at 7:30. TVY

3:30 Odd Squad. CC #211 *Extreme Cakeover/A Job Well Undone*. Extreme Cakeover - When a virus that turns people into cakes spreads through Headquarters, the agents try to contain the outbreak. Curriculum: Data analysis; Sorting and classifying. A Job Well Undone - The agents compete to win Agents of the Month. Curriculum: Word problems involving numerical relations; Using a number line. TVY

4pm Odd Squad. CC #206 *Olympia's Day/Otis's Day*. Olympia's Day: When a new room opens up in headquarters, all the agents want a piece. Curriculum: Fractions. Otis's Day: Getting a villain back to headquarters proves cumbersome when the tubes are down for maintenance. Curriculum: Measurement; Money. TVY

4:30 Arthur. CC #1108 *Francine's Pilfered Paper/Buster Gets Real*. (R) See 9/20 at 5:30. TVY

5pm PBS NewsHour. CC #12660 The PBS NewsHour continues to provide in-depth analysis of current events with a news summary, live interviews and discussions of domestic and international issues. TVRE

6pm Nightly Business Report. CC #38189 TVRE

6:30 Illinois Stories. CC Placeholder. (R) See 9/1 at 4pm.

7pm Washington Week. CC #5912 TVRE

7:30 Capitolview. CC #91919

8pm Great Performances. CC #4405 *Now Hear This: Vivaldi: Something Completely Different*.

Explore northern Italy with Maestro Scott Yoo and discover how Vivaldi's classical masterwork "The Four Seasons" merged religious melodies, opera and virtuosic violin playing to create a new era of music. TVPG

9pm Voces On PBS. CC #301 *The Pushouts*. Meet Victor Rios, a high school dropout and former gang member-turned-award-winning professor, author and expert on the school to prison pipeline, who works with young people who have been "pushed out" of school for reasons beyond their control. TV14

10pm Amanpour and Company. CC #2060 Christiane Amanpour leads wide-ranging, in-depth conversations with global thought leaders and cultural influencers on the issues and trends impacting the world each day, from politics, business and technology to arts, science and sports. TVRE

11pm Speakeasy. CC #404 *Lynyrd Skynyrd's Gary Rossington, Johnny Van Zant and Rickey Medlocke with Rob Tannenbaum*. The Southern rock icons open up like no past interview they've done, including the story behind their return after a decade-long hiatus. Filmed at New York City's Triad Theater. TVPG

Saturday, September 21, 2019

12am Great Performances. CC #4405 *Now Hear This: Vivaldi: Something Completely Different*. (R) See 9/20 at 8pm. TVPG

1am Great Performances. CC #4405 *Now Hear This: Vivaldi: Something Completely Different*. (R) See 9/20 at 8pm. TVPG

2am Voces On PBS. CC #301 *The Pushouts*. (R) See 9/20 at 9pm. TV14

3am Antiques Roadshow. CC #2110 *Salt Lake City, Hour One*. (R) See 9/18 at 4am. TVG

4am This Old House Hour. CC #1712 Energy Saving Installations | Secret Garden. Kevin learns about induction cooking, and the solar panels go on the barn roof. Richard shows how an ERV works. On Ask This Old House, Nathan upgrades a kitchen to have soft close cabinets, and Jenn cleans up an overgrown garden. TVG

5am Mister Rogers' Neighborhood. CC #1550 Happy & Sad Music/Bass Violin Festival. (R) See 9/15 at 5am. TVY

5:30 Splash and Bubbles. CC #113 The Kelp Needs Help/Mountain of Fire. After putting some Asterina starfish in the Kelp Forest where they don't belong, Splash, Ripple, and Tidy must get rid of them before the starfish eat all of the kelp. / Dunk, Bubbles, and Ripple don't believe Splash when he tells them about a mountain that spits out fire that can be found in the water really far down in the deep. To solve this mystery, the kids find Lu, who takes them into the deep to find a submarine volcano. TVY

6am Sesame Street. CC #4905 Elmo's Factory. (R) See 9/16 at 10am. TVY

6:30 Daniel Tiger's Neighborhood. CC #403 Margaret's Birthday Buddy/Margaret's Birthday Party. (R) See 9/16 at 9am. TVY

7am Pinkalicious & Peterrific. CC #132 Best Day Ever/Catchy Song. (R) See 9/19 at 10:30. TVY

7:30 Molly of Denali. CC #101 Grandpa's Drum/Have Canoe, Will Paddle. (R) See 9/4 at 7:30. TVY

8am Let's Go Luna!. CC #121 A Prickly Pear/Turkish Delight. (R) See 9/2 at 8:30. TVY

8:30 Splash and Bubbles. CC #113 The Kelp Needs Help/Mountain of Fire. (R) See 9/21 at 5:30. TVY

9am Curious George. CC #209 Monkey Stagehand/Magic Garden. (R) See 9/19 at 8am. TVY

9:30 Wild Kratts. CC #112 Fireflies. (R) See 9/19 at 7am. TVY

10am Odd Squad. CC #121 6:00 to 6:05. (R) See 9/19 at 3:30. TVY

10:30 P. Allen Smith's Garden Home. CC #1701 Food from the Farm. P. Allen Smith showcases farmers and their commitment to bring people back to a more natural way of providing for their families. TVG

11am Mid-American Gardener. CC (R) See 9/7 at 11am.

11:30 Garden SMART. CC #5611 Placing the correct plant in the correct place is an art and science. GardenSMART visits with an industry expert and author who provides great insight into plant selection. Be sure to tune in and GardenSMART. TVG

12pm Antiques Roadshow. CC #2110 Salt Lake City, Hour One. (R) See 9/18 at 4am. TVG

1pm Fit 2 Stitch. CC #612 In this episode, Peggy gives viewers an overview of the leather industry and the many options with added trims. TVG

1:30 Fons & Porter's Love of Quilting. CC #3411 Using Scallop Templates. On this season's longarming episode, Angela Huffman coaches us through the oh-so-versatile scallop shape. The gentle curve produces many different designs, and is an excellent place to start exploring ruler work for beginning longarmers. From planning to positioning to stitching, this episode shows you how to get the most from any scallop longarm template. TVG

2pm Steven Raichlen's Project Fire. CC #209 Florida Tailgate Party. You don't need to be a diehard Gators fan to get pumped up at a tailgate party. For sports lovers of all persuasions, a good barbecue makes the perfect prelude to the game. In this show, we explore how my home state, Florida, re-imagines three tailgate classics. Get ready for pork shooters stuffed with shrimp, cheese and Andouille sausage. Miami wings blasted with fire water. And luscious, smoky hamburgers like you've never experienced. (The secret? Lace them with CHOPPED barbecued brisket.) It's game on at Project Fire. TVG

2:30 Chef's Life. CC #506 Bourbon Country. A dinner in Vivian's honor ends as an American history lesson. A tour of Maker's Mark and Jefferson's distilleries clarifies the whiskey, scotch and bourbon differences. Vivian learns how Frank and Jesse James fit into Kentucky's boozy biography. TVG

3pm Martha Stewart's Cooking School. CC #410 Italian Favorites. Is there anyone who doesn't love Italian food? In this episode, Martha shares her modern take on four favorites: a decadent eight-layer pork ragu and bechamel-filled lasagna baked in individual ramekins, chicken Parmesan with an easy twist, an enormous raviolo with an egg yolk and rich ricotta-spinach filling, and two variations of linguine with clam sauce-red and white. Each is guaranteed to be a hit with friends and family. TVG

3:30 Martha Bakes. CC #912 Classic Italian Cookies. In Italian, la dolce vita means the sweet life so it seems fitting that Italians eat cookies at breakfast, lunch, and dinner. On today's show, Martha shares three scrumptious recipes including Sicilian buccellati cookies filled with a delicious combination of pecans, figs, and raisins, Italian wafer cookies known as pizzelle, and the distinctive diamond-shaped zaleti found throughout Venice. You'll definitely want to add these to your repertoire! TVG

4pm Sara's Weeknight Meals. CC #901 Renowned chef, television personality, magazine editor and cookbook author Sara Moulton brings her signature warmth and informative style back to public television in her new series, SARA'S WEEKNIGHT MEALS. Based on her book, Sara's Secrets for Weeknight Meals, Sara and her celebrity-chef friends share their ideas for flavorful, healthy meals with minimal fuss. Twenty fast-paced and engaging episodes feature quick, delicious and routine-breaking entrees designed to inspire and empower home cooks. Episodes include: "Breakfast for Dinner," "Soup for Supper" and "The Substantial Sandwich." TVG

4:30 America's Test Kitchen from Cook's Illustrated. CC #1919 Better Breakfast. Hosts Julia Collin Davison and Bridget Lancaster teach viewers how to make Easy Pancakes. Tasting expert Jack Bishop challenges Bridget to a tasting of turkey bacon. Next, gadget critic Lisa McManus reviews syrup dispensers, and science expert Dan Souza demystifies the science of baking soda and browning. Then, test cook Becky Hays makes Julia a decadent version of a breakfast classic: Creamy French-Style Scrambled Eggs. TVG

5pm Woodsmith Shop. CC #1206 Weekend Workbench. In the Woodsmith Shop, everything centers on the workbench. It doesn't have to be a daunting project to make. Learn how to make a strong and sturdy bench in a weekend. TVG

5:30 This Old House Hour. CC #1712 Energy Saving Installations | Secret Garden. (R) See 9/21 at 4am. TVG

6:30 PBS NewsHour Weekend. CC #1223 TVRE

7pm The Lawrence Welk Show. CC #1705 Fashions and Hits Through The Years. Host: Mary Lou Metzger. This show chronicles the changes in fashions coupled with the changing musical styles from the 20's through the '50s with songs like "Alice Blue Gown" sung by Norma Zimmer. Bobby and Cissy dance that Big Band classic, "In The Mood", Guy and Ralna perform "True Love" and Bob Lido and the Hotsy Totsy Boys are "Runnin' Wild". TVG

8pm Downton Abbey Season 3 On Masterpiece. CC #4306 Part Six. The Great War is over and a long-awaited engagement is on, but all is not tranquil at Downton Abbey as wrenching social changes, romantic intrigues and personal crises grip the majestic English country estate. The international hit, written by Julian Fellowes, stars Dame Maggie Smith, Elizabeth McGovern and Hugh Bonneville, with guest star Shirley MacLaine. Change arrives in a big way for several key characters at Downton Abbey. A yearly cricket match with the village sees old scores settled and new plots hatched. TVPG

10pm Austin City Limits. CC #4412 Willie Nelson. Relish an hour with American music legend Willie Nelson. The Texan superstar performs a set of hits and songs from his latest album My Way. TVPG

11pm Front and Center. CC #907 Chris Janson. Country artist Chris Janson performs hit singles "Drunk Girl," "Buy Me a Boat," "Fix a Drink" and "Power of Positive Drinkin'." The youngest member of the Grand Ole Opry, Janson boasts two No. 1 singles, as well as Music Row's "Song of the Year" award for "Drunk Girl." TVPG

Sunday, September 22, 2019

12am NOVA. CC #4320 Treasures of the Earth: Power. (R) See 9/19 at 4am. TVG

1am Country Music: Live at the Ryman, A Concert Celebrating the Film by Ken Burns. CC (R) See 9/8 at 7pm. TVPG

3am Charley Pride: American Masters. CC #3007 (R) See 9/19 at 8pm. TVPG

4am Washington Week. CC #5912 (R) See 9/20 at 7pm. TVRE

4:30 Firing Line with Margaret Hoover. CC #312 Join author, activist and political commentator Margaret Hoover for a public affairs talk show that delivers a civil and engaging contest of ideas among the brightest minds and freshest voices from across the political spectrum. TVRE

5am Mister Rogers' Neighborhood. CC #1642 Mister Rogers Talks About Art. Mister Rogers shows an animation device that a friend made. He also shows slides and a reproduction of famous works by Picasso. In Make Believe, Lady Aberlin is making her portrait of the King; X The Owl and Henrietta have already finished theirs. Lady Elaine isn't interested in doing a portrait of King Friday and sends over a Picasso instead! Mister Rogers goes to Chef Brocketts' Bakery to hear The Spanish Singing Bakers. Back at his place he makes a rhythm rattle similar to the one the singers use. TVY

5:30 Splash and Bubbles. CC #116 The Greatest Treasure of All/Crabulous. After the kids hunt for treasure and compare what they've found, Flo explains that she knows the location of a wonderful treasure that came from above the surface. Since the kids want to find it, Flo sets them out on a

mysterious journey and if they follow her directions, the treasure will be waiting for them. / Bubbles, feeling self-conscious about a healing blemish on her face, meets Myshell, a friendly, outgoing decorator crab who has covered her shell with all kinds of shells, coral and sponges. Myshell teaches Bubbles how to feel good about herself from the inside out. TVY

6am Sesame Street. CC #4908 *Play Time.* (R) See 9/18 at 10am. TVY

6:30 Daniel Tiger's Neighborhood. CC #415 *The Family Campout/A Game Night for Everyone.* (R) See 9/19 at 9am. TVY

7am Pinkalicious & Peterrific. CC #131 *Peterrific/Mother's Day Surprise.* (R) See 9/20 at 10:30. TVY

7:30 Molly of Denali. CC #105 *Bird in the Hand/Bye-Bye Birdie.* (R) See 9/2 at 7:30. TVY

8am Let's Go Luna!. CC #111 *Guitar to Sitar/Spring Has Not Sprung.* (R) See 9/20 at 8:30. TVY

8:30 Nature Cat. CC #204 *Houstons Outdoor Adventure/Hotel Hal.* (R) See 9/20 at 2pm. TVY

9am Curious George. CC #608 *Dj George/Curious George Paints The Desert.* (R) See 9/20 at 8am. TVY

9:30 Wild Kratts. CC #206 *Neck and Neck.* (R) See 9/20 at 7am. TVY

10am Odd Squad. CC #211 *Extreme Cakeover/A Job Well Undone.* (R) See 9/20 at 3:30. TVY

10:30 MotorWeek. CC #3903 R/T: '19 BMW 850 GOSS: HANDY HELPERS DOE: FALL SEGMENT #1
L/T: VOLKSWAGEN TIGUAN, MITSUBISHI OUTLANDER PHEV (HI), PORSCHE MACAN (HI) R/T: '20 MAZDA 3 TVG

11am America's Heartland. CC #1405 AMERICA'S HEARTLAND celebrates the men and women across who grow the country's crops, raise its livestock, tend its nurseries and prepare its food. AMERICA'S HEARTLAND taps into the national fascination with food and curiosity about unfamiliar places and ways of life, while also exploring the American values of family, hard work and the spirit of independence. The series, produced entirely on location, portrays the worlds of agriculture, horticulture and aquaculture complete with fascinating stories, compelling characters, innovative ideas and enticing travel destinations. TVG

11:30 Market to Market. CC #4505 TVRE

12pm Capitolview. CC #91919 (R) See 9/20 at 7:30.

12:30 Richard Bangs' Adventures with Purpose Pearl River Delta: Hong Kong, Macau and Guangdong: Quest for Harmony. CC In the 10th installment of his Emmy-winning ADVENTURES WITH PURPOSE series, renowned adventurer Richard Bangs explores the Pearl River Delta of South China in search of the roots of harmony. In QUEST FOR HARMONY, Richard explores Macau and Guangdong Province in China, and revisits Hong Kong. In each location, he witnesses traditional customs and religion meshing with the new and modern, explores the integration of Western sensibility with Eastern aesthetic, and meets people who continue to seek a civilized harmony with the natural world. TVG

1:30 Dream of Italy. CC #106 *Puglia.* Local Tonino Benincasa gives Kathy an introduction to the Baroque city of Lecce with a classic car ride. Lecce is famous for its paper mache and we see how nativity scene figures are crafted at Cartapesta Claudio Riso. Pasticiotto is the favorite local pastry and pastry chef Luca Capilungo gives Kathy a pastry lesson. Outside Lecce, in the town of Squinzano, Kathy meets the locals and gets a ride in a tiny Ape car to an olive mill where locals are dancing the pizzico in celebration of the harvest. A local mama teaches Kathy to make orecchiette (pasta) and taralli (biscuits). Alberobello is famous for its classic cone-shaped houses (trulli) and we learn the history of them. In seaside Monopoli, Kathy's friend Antonello Losito introduces her to an old man who makes beautiful model boats. TVG

2pm Today's Wild West. CC #102 *Lone Pine Film Festival.* On location at the Lone Pine Film Festival in Lone Pine, CA, where Hollywood's been shooting Westerns - and lots of other movies - for nearly a century; plus a visit with Rifleman star Johnny Crawford. TVG

2:30 Rick Steves' Europe. CC #803 *France's Loire: Chateau Country.* Along the Loire River Valley, the beautiful French countryside is studded with evocative chateaux. Home-basing in Amboise, we visit four unique castles: elegant Chenonceau, massive Chambord, stately Cheverny, and fragrant Villandry. Along the way, we tour Leonardo's home, feed hunting dogs, enjoy the local cuisine, and savor a princely garden. TVG

3pm Curious Traveler. CC #303 *Curious Yorkshire.* This beautiful region of England is full of picture-perfect rolling hills, quaint stone cottages, sprawling country estates and that distinct Yorkshire dialect. Why are country estates named Castles and Abbeys? What is The Shambles, and how did it get its

name? Why is one of the largest medieval Gothic cathedrals in Europe in the small town of York? How did the Quakers and chocolate shape York's history? Where and what is Herriot's country? TVG

3:30 In The Americas with David Yetman. CC #708 Galapagos: The Great Climatic Seesaw. The Galapagos Islands are especially affected by climate changes. During El Nino years, the islands receive more rain and land critters prosper, but the water is warm, endangering the life of all marine creatures. During La Nina, rains are sparse, threatening terrestrial life, but the colder water brings bounty to marine creatures. It's a never-ending race to survive from one climatic extreme to the next. TVG

4pm Illinois Stories. CC Placeholder. (R) See 9/1 at 4pm.

4:30 Illinois Stories. CC Placeholder. (R) See 9/1 at 4pm.

5pm Finding Your Roots. CC #405 Immigrant Nation. Actors Scarlett Johansson, Paul Rudd and John Turturro, all with immigrant parents, gain greater understanding of the unique challenges their ancestors faced by way of prejudice and poverty at home and abroad. TVPG

6pm Visionaries, The. CC #2202 The Institute of Tropical Agriculture (IITA). The global population is expected to explode over the next few decades, endangering life on earth as we know it. There are 805 million malnourished people in the world, and the overall population will reach an estimated nine billion by 2050. How will we feed everyone? The International Institute of Tropical Agriculture, or IITA, believes it has the answer - Africa. The continent has a massive amount of land under cultivation, but it yields only 20 to 30 percent of its potential. Smallholder farmers, the backbone of food production in Africa, struggle with protecting their crops from disease and pests, obtaining quality seeds, and getting their product to market. IITA is working to change this. Their research in areas like crop improvement and disease control could help African farmers double or triple their yields, which potentially could save the world from famine. What's more, IITA is committed to increasing these yields in environmentally conscious ways - in other words, growing more food without destroying anymore of the planet. Now celebrating its 50th anniversary, IITA has become a leading partner in finding solutions to malnutrition, hunger, and environmental degradation across the globe. TVG

6:30 PBS NewsHour Weekend. CC #1224 TVRE

7pm Country Music. CC #105 The Sons and Daughters of America (1964 -1968). See how country music reflects a changing America, with Loretta Lynn speaking to women everywhere, Merle Haggard becoming "The Poet of the Common Man" and audiences looking beyond race to embrace Charley Pride. TV14

9pm Country Music. CC #105 The Sons and Daughters of America (1964 -1968). (R) See 9/22 at 7pm. TV14

11pm Capitolview. CC #91919 (R) See 9/20 at 7:30.

11:30 Re-Evolution: The Cuban Dream. CC Diving into the streets of Havana, RE-EVOLUTION: THE CUBAN DREAM introduces a social worker, an ethnographer, and three artists. Their stories provide unique perspectives on how Cuba is shaped by an ongoing culture of revolution that is more nuanced than meets the eye. This program is the first in an eventual four-part series which will explore pillars of Cuban society that are drastically evolving today. TVPG

Monday, September 23, 2019

12am Country Music. CC #105 The Sons and Daughters of America (1964 -1968). (R) See 9/22 at 7pm. TV14

2am Country Music. CC #105 The Sons and Daughters of America (1964 -1968). (R) See 9/22 at 7pm. TV14

4am History Detectives. CC #912 Confederate Soldiers; Hollywood and Native Americans; Harlem. A one-of-a-kind photograph poses a jarring question: Is the African American wearing a Confederate uniform slave or free? And, did Hollywood treat the Native Americans listed in this payment ledger fairly? Then, an ornate stock certificate unlocks secrets to the earliest days of Harlem. TVPG

5am Peg + Cat. CC #208 Peg and Cat Save The World: Part 2. Peg and Cat Save the World: Part 2 Washington, D.C. Peg and Cat call everyone they know to save the earth from a planet-sized Pig's behind. Primary Content: Shapes Secondary Content: Time. TVY

5:30 Arthur. CC #707 D.W.'s Time Trouble/Buster's Amish Mismatch. D.W.'s Time Trouble - D.W. is sick and tired of being bossed around all the time and demands to know why she couldn't have been born before Arthur! So she goes on a magical trip through time to see what life would be like with Arthur as her little brother. Surely D. W. would be much happier if she were in charge... wouldn't she? Buster's Amish

Mismatch - During a field trip to Amish country, Buster becomes enamored with the simple lifestyle and vows to forgo all modern conveniences back home. But this is easier said than done - living without TV or car rides is a bumpy road, and far worse, a lonely one. Will Buster find anyone to join him in his quest for a simple life? TVY

6am Classical Stretch: The Esmonde Technique. CC #816 *Tone Your Entire Body.* CLASSICAL STRETCH: THE ESMONDE TECHNIQUE focuses on overall wellness and physical fitness. This series, hosted by Miranda Esmonde-White, features a graceful, fluid and controlled method of stretching the entire body. It combines yoga, tai chi, Pilates and ballet techniques, plus specific movements and stretches that reach muscles and ligaments not normally targeted in the average fitness program. The movements, designed in consultation with a physician and a physiotherapist, are simple, safe, effective and appropriate for all ages and fitness levels. TVG

6:30 Happy Yoga with Sarah Starr. CC #602 *Fiery Ocean Sunset.* Allow the natural energy of the ocean waves and golden, fiery sunset to inspire your practice. Enjoy this intermediate yoga session as we flow slowly and gracefully through standing and seated poses creating more movement around the hips and hamstrings through an effective set of postures including lunges, forward folds and hip opening stretches. TVG

7am Wild Kratts. CC #512 *Choose Your Swordfish.* Aviva challenges Martin and Chris to a fencing duel and tells them to choose their swords. The Bros can't decide, so she tells them if they pick their favorite billfish - swordfish, marlin or sailfish - she'll make them a Creature Power Suit. So they head out on a mission to explore the mysterious world of billfish. Science Concept: Hydrodynamics - the physics of motion and action of fluids. TVY

7:30 Molly of Denali. CC #108 *Hot Springs Eternal/Tooey's Hero. (R)* See 9/5 at 7:30. TVY

8am Curious George. CC #117 *George Makes A Stand/Curious George Sees The Light.* George Makes a Stand - To earn money for a new soccer ball, George decides to set up his own lemonade stand. With help from Betsy, the stand is such a success that there are too many customers and not enough lemonade. In the nick of time, George remembers a trick that the Doorman showed him-make two glasses out of one by dividing. All the customers are satisfied, and now all George has to figure out is how to explain to The Man with the Yellow Hat what happened to all his lemonade. Curious George Sees the Light - A new traffic light is installed on the country road and George decides that it would really work a lot better with a few adjustments. But George's fixes don't have the desired effect-traffic gets backed up and even Jumpy can't get across the street to find his nuts! George has to work with Officer Quint to fix the light and get a better understanding of just what those red, yellow and green lights mean. TVY

8:30 Let's Go Luna!. CC #116 *Wacky Washi/When The Bowl Breaks.* In Tokyo, when Andy wants to make posters for Senor Fabuloso, he and the others embark on a journey through the colorful world of Japanese papermaking and kites / In Tokyo, when Leo accidentally breaks his dad's special bowl, he learns about "Kintsugi," a way of repairing broken pottery to make it even more special. TVY

9am Daniel Tiger's Neighborhood. CC #408 *Find What Makes Your Family Special/Family Day. (R)* See 9/17 at 9am. TVY

9:30 Daniel Tiger's Neighborhood. CC #222 *The Lemonade Stand/Mad at the Beach.* The Lemonade Stand - Daniel and Prince Wednesday are making a lemonade stand together. But when they don't agree about how to hand out the lemonade, they need to learn to express their mad feelings so they can find a solution...and provide lemonade for their neighbors! Mad at the Beach - Daniel is at the beach with Miss Elaina and they're building a sandcastle. Suddenly, the creation they worked so hard to make gets knocked down by a wave, and that makes them mad, mad, MAD! Dad teaches the kids that it helps to express your mad feelings. Strategy: Mad, mad, mad! It helps to say I'm MAD! TVY

10am Sesame Street. CC #4909 *Bath Time for Blanky.* Abby brings Rudy to the laundromat to wash his stinky blanky. Grover is the new laundromat attendant, but he doesn't know how to use the machines. Luckily, Chris brings in his dirty clothes, too, and shows them all how to use a washing machine and dryer. TVY

10:30 Pinkalicious & Peterrific. CC #126 *Face Painting/Sailing Away.* Peter thinks he's too short to do fun activities as well as Pinkalicious or Rafael, so he makes shoes that let you jump really high! But he and Pinkalicious will need to learn how to jump properly if they're going to make it to the park in time to play basketball. / Pinkalicious sees a pinkatoo, a rare music-loving bird that hasn't been seen in Pinkville for 53 years! Now everyone wants to see the pinkatoo, too. Pinkalicious, Peter, Rafael and Jasmine set out to find that bird! TVY

11am Dinosaur Train. CC #212 *Don's Winter Wish/Festival of Lights*. When the Pteranodon family travels back to the North Pole, Don declares that it's his "winter wish" to see snow fall again. When a big blizzard comes, and even the Dinosaur Train gets snowed in, Don worries that his wish brought the blizzard. He's especially worried for his new friend, Soren Sauronitholestes, who is sitting on a nest of her eggs, out in the blizzard. But everything turns out all right: Dad explains that wishing for something doesn't make it happen, and the well-adapted, warm-blooded, feather-covered Soren successfully hatches her babies. While visiting the North Pole, the Conductor suggests that the family stop off at Aurora Borealis Station on an enormous frozen lake to see the Aurora Borealis, where the Northern Troodons celebrate a "Festival of Lights." While the kids wait for night to fall and view the Aurora Borealis, they work up an ice-skating show to entertain Mom and Dad. Everyone joins in to sing "Solstice Time is Here" and skate under the lights! TVY

11:30 Cat in the Hat Knows A Lot About That!. CC #123 *Surprise Surprise/A Howling Good Time*. Surprise Surprise - Try as they might, Nick and Sally just can't learn to do a somersault. Luckily Cat's friend Luis the Armadillo is the king of the roly polys! But when they find Luis, they learn that he only rolls when he gets surprised. They take turns trying to surprise him, and when they finally do, they're the ones surprised when they learn that not only can Luis roll, but he can even run underwater! Back at home, they follow Luis' advice and are now able to somersault! A Howling Good Time - Nick and Sally are pretending to be lost adventurers when Sally wonders what to do if you really do get lost. The Cat in the Hat knows a wolf pup who knows all about getting lost and found! In the Hooty Howly Woods Grayson shows them how wolves howl to communicate and to find each other. Now Sally and Nick know one thing to do if they get lost - howl for mom! TVY

12pm Amanpour and Company. CC #2060 (R) See 9/20 at 10pm. TVRE

1pm Pinkalicious & Peterrific. CC #126 *Face Painting/Sailing Away*. (R) See 9/23 at 10:30. TVY

1:30 Let's Go Luna!. CC #116 *Wacky Washi/When The Bowl Breaks*. (R) See 9/23 at 8:30. TVY

2pm Nature Cat. CC #103 *Breezy Rider/Swamp Thing*. Breezy Rider - Nature Cat and his pals are enjoying a windy day by flying kites in the park. But the merriment takes a turn when a strong gust of wind blows Squeeks' kite up into the sky with Squeeks still holding onto it! Nature Cat, Daisy and Hal snap to action, chasing the kite to get Squeeks, tally ho! Swamp Thing - Daisy is determined to find out once and for all if the legendary creature, Swamp Thing, is real or not. Squeeks, Hal, Daisy and a terrified Nature Cat head out to the swamp to investigate the sights, sounds and smells to get actual proof if Swamp Thing really exists. Yikes! TVY

2:30 Wild Kratts. CC #207 *Bugs Or Monkeys?*. A miniaturized Martin wants to check out insects in the rainforest, but Chris wants to investigate the world of the Spider monkey. Chris wins when he puts "mini" Martin in his pack back and heads off through the treetops. TVY

3pm Molly of Denali. CC #108 *Hot Springs Eternal/Tooey's Hero*. (R) See 9/5 at 7:30. TVY

3:30 Odd Squad. CC #131 *No Ifs, Ands, Or Robots/Worst First Day Ever*. No Ifs, Ands, or Robots - Chaos ensues when one of Oscar's Oscarbots malfunctions. Curriculum: Algebraic thinking: identifying and extending number patterns; geometry: recognizing rectangular prisms. Worst First Day Ever - When Agent Ori's first day on the job turns into a worst-case scenario, other Odd Squad agents share their own 'worst first day ever' stories. Curriculum: Partitioning/dividing; addition/subtraction. TVY

4pm Odd Squad. CC #136 *Disorder in the Court*. Disorder in the Court - In this half-hour episode, Olive is put on trial for causing oddness. Curriculum: Measurement; telling time on an analog clock. TVY

4:30 Arthur. CC #707 *D.W.'s Time Trouble/Buster's Amish Mismatch*. (R) See 9/23 at 5:30. TVY

5pm PBS NewsHour. CC #12661 The PBS NewsHour continues to provide in-depth analysis of current events with a news summary, live interviews and discussions of domestic and international issues. TVRE

6pm Nightly Business Report. CC #38190 TVRE

6:30 Illinois Stories. CC Placeholder. (R) See 9/1 at 4pm.

7pm Country Music. CC #106 *Will The Circle Be Unbroken? (1968 -1972)*. Learn how country music responds to a nation divided by the Vietnam War, as Army captain turned songwriter Kris Kristofferson sets a new lyrical standard, and artists like Bob Dylan and the Byrds find a recording home in Nashville. TV14

9pm Country Music. CC #106 *Will The Circle Be Unbroken? (1968 -1972)*. (R) See 9/23 at 7pm. TV14

11pm Amanpour and Company. CC #2061 Christiane Amanpour leads wide-ranging, in-depth conversations with global thought leaders and cultural influencers on the issues and trends impacting the world each day, from politics, business and technology to arts, science and sports. TVRE

Tuesday, September 24, 2019

12am Country Music. CC #106 *Will The Circle Be Unbroken? (1968 -1972). (R) See 9/23 at 7pm.*
TV14

2am Country Music. CC #106 *Will The Circle Be Unbroken? (1968 -1972). (R) See 9/23 at 7pm.*
TV14

4am Antiques Roadshow. CC #2111 *Salt Lake City, Hour Two.* Explore Salt Lake City with ROADSHOW for hidden treasures like a Cartier Art Deco diamond bracelet, a Zee Wo Silver & Cinnabar cutlery set, ca. 1920, and a 1959 Number 1 Barbie doll and accessories. Which is valued for up to \$100,000? TVG

5am Peg + Cat. CC #138 *The T-Ball Problem/The Bus Problem.* The T-Ball Problem - Purple Planet. Peg's T-Ball Team, the Mighty Nine, have no chance against a team of Aliens all-stars -- Unless Peg can use the Aliens' T-ball cards to predict where they'll hit. The Bus Problem - The Farm. When the Electric Eleven perform on the farm, the 100 chickens swipe the band's bus and drive it around the world! Peg and Cat use position words to keep up with them. TVY

5:30 Arthur. CC #2105 *Take A Hike, Molly/Slink's Special Talent.* When the Tough Customers go on hike in the woods, Molly makes a few mistakes and has to apologize...but she refuses to! When Rattles takes over Slink's paper route, Slink is determined to prove himself and earn his job back. TVY

6am Classical Stretch: The Esmonde Technique. CC #817 *Strengthen & Shape Your Legs.* CLASSICAL STRETCH: THE ESMONDE TECHNIQUE focuses on overall wellness and physical fitness. This series, hosted by Miranda Esmonde-White, features a graceful, fluid and controlled method of stretching the entire body. It combines yoga, tai chi, Pilates and ballet techniques, plus specific movements and stretches that reach muscles and ligaments not normally targeted in the average fitness program. The movements, designed in consultation with a physician and a physiotherapist, are simple, safe, effective and appropriate for all ages and fitness levels. TVG

6:30 Sit and Be Fit. CC #1005 SIT AND BE FIT is a popular exercise series designed to make exercise fun, easy and safe for people of all ages. Programs focus on therapeutic exercises that make everyday activities easier to perform; including core strengthening, balance work, stretching and relaxation. Host, Mary Ann Wilson, RN designs programs with physical therapists, using creative choreography and a diverse selection of music. Her warmth and encouragement effectively reaches out to people of all fitness levels and ages. She is especially loved by older adult viewers, children, and those managing chronic conditions and physical limitations. TVG

7am Wild Kratts. CC #326 *Back In Creature Time - Tasmanian Tiger, Part 2.* After their encounter with the Dodo Bird, the Wild Kratts decide to try out Aviva's Time Trampoline again. This time to visit with the extinct Tasmanian Tiger. But their trip doesn't go as smoothly as they hoped. Not only do they run into the ancestors of Donita and Dabio - who are trying to get rid of all the Tasmanian tigers - but the Wild Kratts have to defeat Zach, who is hatching a plan to keep them trapped in the past forever! TVY

7:30 Molly of Denali. CC #109 *The Worm Turns/Little Dog Lost. (R) See 9/9 at 7:30.* TVY

8am Curious George. CC #802 *Monkey Hoedown/Curious George Clowns Around.* Monkey Hoedown - The Man with the Yellow Hat can't wait to join the Uptown Bluegrass Band for a good old-fashioned country hoedown. When George accidentally ruins the Man's guitar while trying to clean it, George and Allie decide to make a new guitar! With a shoestring, rubber band, fishing wire, and yoyo, George creates the world's first monkey birdhouse bandolin! Curious George Clowns Around - George and the Man with the Yellow Hat are excited to visit the Clown College for Pepe El Loco's Big Show. While the Man tries to find a parking spot, George is mistaken for a messenger clown and is tasked with picking up parts for a top-secret gadget for Pepe. While navigating his way through the building, will George figure out a way to keep track of what floor he's on in time to make it to Pepe's big show? TVY

8:30 Let's Go Luna!. CC #115 *You Can't Move The Moon/Lizardzilla!* In Tokyo, when Salami Strong gets injured and can't do his act, Carmen enlists a Sumo wrestler to put on an exhibition match with Luna instead / Leo is afraid of Lizardzilla movies, but after seeing how they're made in Tokyo, he overcomes his fear. TVY

9am Daniel Tiger's Neighborhood. CC #114 Thank You, Grandpere Tiger!/Neighborhood Thank You Day. Thank You, Grandpere Tiger! - Grandpere Tiger comes to visit, but is only in town for a short while. Daniel is sad that Grandpere can't come to the special Thank You Day celebration later that day. Daniel learns to be thankful for the time they DO have together, and is then surprised when Grandpere appears at the celebration after all! Neighborhood Thank You Day - The neighborhood celebrates Thank You Day by putting notes in the Thank You Tree. Daniel has trouble deciding what to put in his note. Then, when a gust of wind blows the notes off of the tree, Mr. McFeely saves the day by catching and delivering everybody's thank you notes! TVY

9:30 Daniel Tiger's Neighborhood. CC #414 Daniel Likes to Be with Dad/Daniel Likes to Be with Mom. (R) See 9/18 at 9am. TVY

10am Sesame Street. CC #4903 Hey! Sesame Street News. (R) See 9/9 at 10am. TVY

10:30 Pinkalicious & Peterrific. CC #124 Monkey Dance/Royal Peacock Dance. Pinkalicious and Peter are surprised when they find a monkey outside their treehouse! While their new friend is lots of fun, she's also a bit of a trickster - and pretty messy! What will Mommy say when she finds the kids monkeying around with Maisy the monkey? / Pinkalicious' class is putting on a dance recital and whoever has the best posture gets to wear the Royal Peacock Crown! Rafael and Pinkalicious practice by balancing a stack of precious objects on their heads, including Mommy's favorite tea cups. Who will get to be the Royal Peacock? TVY

11am Dinosaur Train. CC #105 One Smart Dinosaur/Petey The Peteinosaurus. One Smart Dinosaur - Buddy and Tiny want to test their memory, so they ride the Dinosaur Train and spend some time with the Conductor, since he's a Troodon with a great memory. The kids get to meet the Conductor's mom, Mrs. Conductor. Petey The Peteinosaurus - Buddy and Tiny ride the Dinosaur Train to meet Petey Peteinosaurus, a "flying lizard," who is fun, funny, and friendly, and has some features similar to both Buddy and Tiny! TVY

11:30 Cat in the Hat Knows A Lot About That!. CC #304 The Cat in the Hat Knows A Lot About That!. Nick and Sally are having a sleepover in the treehouse and Nick is startled by a shadow. The Cat explains that shadows aren't scary if you know what they are. He takes them to Silhouette Valley where they learn that shadows are made by blocking light and the position of the light can make shadows grow or shrink. Nick unintentionally loses Sally's bouncy ball. They go to Ballaballo and learn how different balls are made of different materials, which help them move in different ways. TVY

12pm Amanpour and Company. CC #2061 (R) See 9/23 at 11pm. TVRE

1pm Pinkalicious & Peterrific. CC #124 Monkey Dance/Royal Peacock Dance. (R) See 9/24 at 10:30. TVY

1:30 Let's Go Luna!. CC #115 You Can't Move The Moon/Lizardzilla! (R) See 9/24 at 8:30. TVY

2pm Nature Cat. CC #209 Bunyan Trouble/Foggy Feat. NATURE CAT follows Fred, a house cat who dreams of exploring the great outdoors. In each episode, once his family leaves for the day, Fred transforms into Nature Cat, "backyard explorer extraordinaire." Nature Cat can't wait to get outside for a day of backyard nature excursions and bravery, but there's one problem: He's still a house cat with no instincts for nature. Like many of today's kids, Nature Cat is eager and enthusiastic about outside activities, but is at times intimidated by them. With the help of his animal friends, Nature Cat embarks on action-packed adventures that include exciting missions full of nature investigation, "aha" discovery moments and humor, all while inspiring children to go outside and "play the show." TVY

2:30 Wild Kratts. CC #404 Pangolin Rescue. After discovering a pangolin and its amazingly unique keratin scales, the Wild Kratts receive an alert from two Wild Kratt kids in China. The pangolins in their forest are in trouble! The gang responds, uncovering Chef Gourmand Gaston's latest plan to make Smoothies using pangolin scales. The Wild Kratts must tap into the real power of the pangolin's scales - as an incredible defense - to rescue this little-known creature. Science Concept: Specialization for Defence. TVY

3pm Molly of Denali. CC #109 The Worm Turns/Little Dog Lost. (R) See 9/9 at 7:30. TVY

3:30 Odd Squad. CC #129 Trials and Tubulations. In this half-hour episode, the tube system breaks and Olive and Otto are left stranded in a dangerous forest. Curriculum: Geometry and spatial sense: using a map to identify landmarks and navigate to a location. TVY

4pm Odd Squad. CC #137 Oscar of All Trades/Swamps 'n' Gators. Oscar of All Trades - Oscar tells Olive about his early days at Odd Squad. Curriculum: Numbers and counting; estimating. Swamps 'N' Gators - Olive and Otto get trapped inside a board game. Curriculum: Number counting and operations; recognizing the number items in a set and adding and subtracting. TVY

4:30 Arthur. CC #2105 *Take A Hike, Molly/Slink's Special Talent.* (R) See 9/24 at 5:30. TVY
5pm PBS NewsHour. CC #12662 The PBS NewsHour continues to provide in-depth analysis of current events with a news summary, live interviews and discussions of domestic and international issues. TVRE
6pm Nightly Business Report. CC #38191 TVRE
6:30 Illinois Stories. CC Placeholder. (R) See 9/1 at 4pm.
7pm Country Music. CC #107 *Are You Sure Hank Done It This Way? (1973 -1983).* Witness a vibrant era in country music, with Dolly Parton finding mainstream success; Hank Williams, Jr. and Rosanne Cash emerging from their famous fathers' shadows; and Willie Nelson and Waylon Jennings launching the "Outlaw" movement. TV14
9:30 Country Music. CC #107 *Are You Sure Hank Done It This Way? (1973 -1983).* (R) See 9/24 at 7pm. TV14

Wednesday, September 25, 2019

12am Country Music. CC #107 *Are You Sure Hank Done It This Way? (1973 -1983).* (R) See 9/24 at 7pm. TV14
2:30 Country Music. CC #107 *Are You Sure Hank Done It This Way? (1973 -1983).* (R) See 9/24 at 7pm. TV14
5am Peg + Cat. CC #205 *The Camp Problem/The Two Homes Problem.* The Camp Problem Camp - Niniwawa. Peg and Cat's Gophers face the Rowdy Raccoons in a "non-competitive" battle of the bunks. Primary Content: AABB Patterns. Secondary Content: Counting by 5s to 50, by 10s to 100. The Two Homes Problem - Peg's Neighborhood. How can Peg and Cat make Jesse a present for his room? He lives in two places! Primary Content: Doubling Secondary Content: Dividing in half. TVY
5:30 Arthur. CC #701 *Cast Away/The Great Sock Mystery.* Cast Away - Arthur is thrilled when Dad invites him to go fly fishing for the weekend. Finally - an escape from D.W.! But when a change in plans forces them to include her, Arthur's had enough. Does D.W. always have to get her own way? The Great Sock Mystery - Ever wonder where all those missing socks go? One minute they're in the laundry basket, and the next - poof! - they've vanished! Find out once and for all when Baby Kate and Pal - and some of their furry friends - team up to solve the great sock mystery. TVY
6am Classical Stretch: The Esmonde Technique. CC #818 *Burn Calories & Lose Weight.* CLASSICAL STRETCH: THE ESMONDE TECHNIQUE focuses on overall wellness and physical fitness. This series, hosted by Miranda Esmonde-White, features a graceful, fluid and controlled method of stretching the entire body. It combines yoga, tai chi, Pilates and ballet techniques, plus specific movements and stretches that reach muscles and ligaments not normally targeted in the average fitness program. The movements, designed in consultation with a physician and a physiotherapist, are simple, safe, effective and appropriate for all ages and fitness levels. TVG
6:30 Happy Yoga with Sarah Starr. CC #603 *Red Rock Sunset.* Bask in the glorious red rock sunset as we enjoy a modified seated yoga practice using a chair for support. Including gentle sun salutations along with easy to follow yoga moves to create more mobility and flexibility in the hands, neck, chest, shoulders, back, hips and more. TVG
7am Wild Kratts. CC #516 *Hercules - The Giant Beetle.* While on a mission to investigate the exoskeletons of the Atlas and Hercules beetles, the Hercules beetle accidentally gets enlarged. Now the Wild Kratts are faced with a new mission. How to find a way to shrink the giant beetle before it demolishes everything in its path! Science Concept: Exoskeletons and their functionality. TVY
7:30 Molly of Denali. CC #112 *New Nivagi/Crane Song.* (R) See 9/1 at 7:30. TVY
8am Curious George. CC #206 *All-New Hundley/Signs Up.* All New Hundley: Although they are friends, George and Hundley are quite different. George loves nothing better than bounding about and exploring new things, while Hundley loves to guard his lobby and maintain order. So on one morning George is very surprised to find Hundley bouncing, running and playing all around the apartment building. And when this "new fun" Hundley makes a total mess of his beloved lobby, George knows that all is not what it seems. But how can he prove it? Using his camera and his sharp investigative skills, George sets out to solve the mystery. Has George's proud friend changed personalities - or could there be a look-a-like Hundley on the premises? Signs Up: Deciding that a collection of signs would make a cool display for his room, George sets out to gather them from all around town. But when people start losing their way and go in the wrong directions, George realizes how important signs are and starts putting them back -

but not quite in their proper places. As a result, things get even more chaotic. Can George figure out where the signs are supposed to go so that the picnickers stop eating in the bears' den and the bicyclists don't run over the ducks in the animal crossing?? TVY

8:30 Let's Go Luna!. CC #117 *C'est Cheese/C'est La Vie A Paris.* (R) See 9/10 at 8:30. TVY

9am Daniel Tiger's Neighborhood. CC #416 *Daniels Grr-Ific Grandpere/Making Mozies with Nana.* (R) See 9/20 at 9am. TVY

9:30 Daniel Tiger's Neighborhood. CC #318 *Circle Time Squabble/It's Not Okay to Hurt Someone.* Circle Time Squabble - At school, Daniel gets so mad at Miss Elaina that he wants to push her. Instead, he remembers the importance of self-control and how to stop himself from hurting a friend. It's Not Okay to Hurt Someone - Farmer Daniel gets mad when Margaret knocks down his fence. Daniel learns that it's okay to be angry, but it's never okay to hurt someone. Strategy: Stop, stop, stop. It's ok to feel angry, it's not, not, not ok to hurt someone. TVY

10am Sesame Street. CC #4910 *Astronaut Elmo.* Rosita, Elmo, and Abby pretend to be astronauts and use their imagination to go into space. With help from Chris, they figure out which 'space tool' to use to fix their ripped space ship. TVY

10:30 Pinkalicious & Peterrific. CC #134 *Knights of the Pink Table/Music Mix Up.* (R) See 9/3 at 10:30. TVY

11am Dinosaur Train. CC #216 *Dinos A to Z, Part 3, Classification/Dinos A to Z, Part 4, A To Z Picnic.* The Pteranodon family rides the Dinosaur Train - now with extra cars attached -- as it continues picking up more dinosaurs that are in the 'Dinosaurs A to Z' song. The Pteranodon family reunites with some dinosaurs they've met before, and are introduced to species they've never met! The Pteranodon kids also learn about classification, and Don leads the way organizing the dinosaurs on the Train by their species, features, and size. The Pteranodon family is on the Dinosaur Train, now very crowded with all 26 dinosaurs mentioned in the 'Dinosaurs A to Z' song. The Train has added more extra cars than it ever has, and there's even an additional engine to help pull the Train to Troodon Town. At Troodon Town, all the dinosaurs have fun at a picnic, and then Tiny leads the 26 different 'A to Z' dinosaurs in a fun, rousing, and historic singing of the 'Dinosaurs A to Z' song! TVY

11:30 Cat in the Hat Knows A Lot About That!. CC #119 *Thump/Squirreled Away.* Thump - Nick is trying to make his mother a surprise lunch, but she keeps coming into the kitchen! If only there was a way for him to know when she was coming. The Cat takes Nick and Sally to meet his friend Twitch the rabbit. Twitch and her bunnies teach Nick and Sally how to stop, look and listen for danger. Now Sally that can warn Nick when his mom is coming, they're able to surprise her with lunch! Squirreled Away - Nick can't remember where he put his yoyo. Cat offers to take the kids to meet his friend Bucky the squirrel who is good at both hiding and finding things! Nick and Sally learn how to use landmarks to help them remember where they put things. Back at home Nick, thinking like Bucky, is able to track down his yoyo! TVY

12pm Amanpour and Company. CC #2062 Christiane Amanpour leads wide-ranging, in-depth conversations with global thought leaders and cultural influencers on the issues and trends impacting the world each day, from politics, business and technology to arts, science and sports. TVRE

1pm Pinkalicious & Peterrific. CC #134 *Knights of the Pink Table/Music Mix Up.* (R) See 9/3 at 10:30. TVY

1:30 Let's Go Luna!. CC #117 *C'est Cheese/C'est La Vie A Paris.* (R) See 9/10 at 8:30. TVY

2pm Nature Cat. CC #201 *Moth Frolic-Fest/Dune Patrol.* Moth Frolic-Fest - Hal can't believe it! While he was at the groomers, Hal missed out on a Full-Out, Butterfly Frolic-Fest, and now he has a frolic itch that just needs to be scratched! Trouble is it's dusk and butterflies are only active during the day. There are no butterflies around? Say it isn't so! But don't worry because the gang has a sweet idea! Moths come out at night and they frolic! Maybe they can find a moth for Hal to frolic with. Onward and mothward! Dune Patrol - Nature Cat and his pals are at the beach playing a game of catch when their flying disk accidentally lands on top of a sandy hill. Whoopsie! As they all start to race up the hill, a cute little Plover stops them in their tracks. She explains that the sandy hill is actually a sand dune and it's very important and needs protection. Nature Cat and his pals promise to make sure that no one ruins the sand dunes. Dune Patrol, ho!! TVY

2:30 Wild Kratts. CC #219 *Snow Runners.* On their way to return some Hispid hares to Asia, the Wild Kratts accidentally lose them in a wintery North American forest. Martin and Chris must use the amazing winter adaptations and strategies of the Snowshoe hare and lynx to locate the hares before it's too late. TVY

3pm Molly of Denali. CC #112 *New Nivagi/Crane Song.* (R) See 9/1 at 7:30. TVY

3:30 Odd Squad. CC #138 *There Might Be Dragons/Dawn of the Read.* There Might Be Dragons - When the power goes out in headquarters, Odd Squad must figure out a way to control the temperature of dragon eggs. Curriculum: Measurement; using a thermometer and comparing temperatures. Dawn of the Read - Odd Squad takes on a page-turner of a case at the local library, where books are mysteriously coming to life. Curriculum: Algebraic thinking; identifying number patterns; using deductive reasoning to solve problems. TVY

4pm Odd Squad. CC #139 *Olive and Otto In Shmumberland.* Olive and Otto in Shmumberland - When Olive and Otto get zapped into a comic book, Olive must use her knowledge of the comic book to escape. Curriculum: Number operations; solving addition and subtraction problems using a number line and other strategies. TVY

4:30 Arthur. CC #701 *Cast Away/The Great Sock Mystery.* (R) See 9/25 at 5:30. TVY

5pm PBS NewsHour. CC #12663 The PBS NewsHour continues to provide in-depth analysis of current events with a news summary, live interviews and discussions of domestic and international issues. TVRE

6pm Nightly Business Report. CC #38192 TVRE

6:30 Illinois Stories. CC Placeholder. (R) See 9/1 at 4pm.

7pm Country Music. CC #108 *Don't Get Above Your Raisin (1984 -1996).* Learn how "New Traditionalists" like George Strait, Randy Travis and the Judds help country music stay true to its roots. Witness both the rise of superstar Garth Brooks and the return of an aging Johnny Cash to the industry he helped create. TVPG

9pm Country Music. CC #108 *Don't Get Above Your Raisin (1984 -1996).* (R) See 9/25 at 7pm. TVPG

11pm Amanpour and Company. CC #2063 Christiane Amanpour leads wide-ranging, in-depth conversations with global thought leaders and cultural influencers on the issues and trends impacting the world each day, from politics, business and technology to arts, science and sports. TVRE

Thursday, September 26, 2019

12am Country Music. CC #108 *Don't Get Above Your Raisin (1984 -1996).* (R) See 9/25 at 7pm. TVPG

2am Country Music. CC #108 *Don't Get Above Your Raisin (1984 -1996).* (R) See 9/25 at 7pm. TVPG

4am Antiques Roadshow. CC #2111 *Salt Lake City, Hour Two.* (R) See 9/24 at 4am. TVG

5am Peg + Cat. CC #201 *The Polka Dot Planet Problem/The Mardi Gras Problem.* The Polka Dot Planet Problem - Polka Dot Planet. When Peg's space ship breaks down, she needs the help of a new friend who communicates without speaking. Primary Content: Representing numbers using objects and numerals. Secondary Content: Defining two dimensional shapes by number of sides, patterns. The Mardi Gras Problem - New Orleans. To jam with Billie Holiday in the Mardi Gras parade, Peg and Cat must learn to use a diagram of notes - sheet music. Primary Content: Ordinal numbers Secondary Content: Diagrams. TVY

5:30 Arthur. CC #708 *The World of Tomorrow/Is There A Doctor in the House?.* The World of Tomorrow - Since Binky's repeating third grade, he's totally dreading Mr. Ratburn's annual class sleepover at the Science Museum. After all, he remembers how boring it was last year... wouldn't the second time around be twice as dull? But an enticing new exhibit - on visions of the future! - shows Binky that science knowledge can really come in handy. Is There a Doctor in the House? - Arthur and D.W. face the ultimate challenge when Mom gets a bad cold and then... (gulp!)... gives it to Dad! What if Arthur has to take over Dad's catering business? And how will they raise Baby Kate all by themselves? TVY

6am Classical Stretch: The Esmonde Technique. CC #819 *Tone Your Abs & Strengthen Your Legs.* CLASSICAL STRETCH: THE ESMONDE TECHNIQUE focuses on overall wellness and physical fitness. This series, hosted by Miranda Esmonde-White, features a graceful, fluid and controlled method of stretching the entire body. It combines yoga, tai chi, Pilates and ballet techniques, plus specific movements and stretches that reach muscles and ligaments not normally targeted in the average fitness program. The movements, designed in consultation with a physician and a physiotherapist, are simple, safe, effective and appropriate for all ages and fitness levels. TVG

6:30 Sit and Be Fit. CC #1006 SIT AND BE FIT is a popular exercise series designed to make exercise fun, easy and safe for people of all ages. Programs focus on therapeutic exercises that make

everyday activities easier to perform; including core strengthening, balance work, stretching and relaxation. Host, Mary Ann Wilson, RN designs programs with physical therapists, using creative choreography and a diverse selection of music. Her warmth and encouragement effectively reaches out to people of all fitness levels and ages. She is especially loved by older adult viewers, children, and those managing chronic conditions and physical limitations. TVG

7am Wild Kratts. CC #604 Deer Buckaroo. The Wild Kratts team searches for a fawn - Buckaroo - they helped a few years ago to find out how he's doing now. In the process, they learn about deer society and the vital purpose of antlers. TVY

7:30 Molly of Denali. CC #111 Sap Season/Book of Mammoths. (R) See 9/11 at 7:30. TVY

8am Curious George. CC #806 Red Planet Monkey/Tortilla Express. Red Planet Monkey - George is thrilled to visit Pizza and Einstein's Space Center to help solve a problem with the Mars rover. But a sleepy monkey falls asleep and wakes to discover that he and the Man with the Yellow Hat are going to Mars! Can the curious little monkey figure out what's been gumming up the rover's controls? Or was it all just a wonderful dream? Tortilla Express - When the grocer runs out of masa (cornmeal), George and Marco are worried they won't be able to make Marco's famous tortillas for his abuela's birthday.

Thankfully, Uncle Enrique makes it his mission to find the key ingredient. During their ride on the "Tortilla Express," all three learn where masa comes from and how it gets from the farm to Marco's table. TVY

8:30 Let's Go Luna!. CC #118 D'orsay Day/Honey In Paris. (R) See 9/11 at 8:30. TVY

9am Daniel Tiger's Neighborhood. CC #115 The Class Votes/The Neighborhood Votes. The Class Votes - At school, Daniel and his classmates get to choose their new class pet! Teacher Harriet explains that they can either get a bunny or a turtle. The kids learn what it means to 'vote' and that sometimes it doesn't always turn out your way. Luckily, ALL of the kids find something to love about their new pet, 'Snowball!' The Neighborhood Votes - The Tiger family is going to Clock Factory Park today to hear a big announcement from King Friday. Daniel has to make several choices throughout the day, culminating in one BIG group decision: King Friday announces that the kids can choose one new piece of playground equipment and everyone gets to speak up for what they want by voting! TVY

9:30 Daniel Tiger's Neighborhood. CC #403 Margaret's Birthday Buddy/Margaret's Birthday Party. (R) See 9/16 at 9am. TVY

10am Sesame Street. CC #4918 Elmo Goes to Chicken School. (R) See 9/4 at 10am. TVY

10:30 Pinkalicious & Peterrific. CC #115 Sweet Pea Pixie/Pink Piper. It's time for the Sweet Pea Pixies to emerge from their pods in the Pinkville Community Garden, but one pixie has trouble flying. It's up to Pinkalicious and Peter to show her how to spread her wings and take off! Pinkalicious writes a song about her favorite color for school, but no matter where she goes to practice, she keeps getting interrupted by dogs barking, frogs chirping, and cows moo'ing. But why? It's almost like they like pink as much as she does. TVY

11am Dinosaur Train. CC #102 The Call of the Wild Corythosaurus/Triceratops For Lunch. The Call of the Wild Corythosaurus - The family surprises Mom for her birthday with a trip to a concert given by Cory and her family of Corythosaurus, who play music through the crests on their heads. Triceratops for Lunch - Our Pteranodon family eats lunch with their friend Tank Triceratops and discover that he and his family are all plant-eaters, with great leaf-eating teeth and giant appetites! TVY

11:30 Cat in the Hat Knows A Lot About That!. CC #303 Pulling Together/Fact and Friction. The kids want to get a trunk up into the treehouse and go to the Machine-a-Ma-Zoo, where they're introduced to simple machines, and learn about the pulley. Sally loses her "slidiness" and when they go to the Frictionarium, they find out that there's a force called friction that can stop a person from sliding. TVY

12pm Amanpour and Company. CC #2063 (R) See 9/25 at 11pm. TVRE

1pm Pinkalicious & Peterrific. CC #115 Sweet Pea Pixie/Pink Piper. (R) See 9/26 at 10:30. TVY

1:30 Let's Go Luna!. CC #118 D'orsay Day/Honey In Paris. (R) See 9/11 at 8:30. TVY

2pm Nature Cat. CC #208 The Big Bath Brouhaha/Fossil Hunt. NATURE CAT follows Fred, a house cat who dreams of exploring the great outdoors. In each episode, once his family leaves for the day, Fred transforms into Nature Cat, "backyard explorer extraordinaire." Nature Cat can't wait to get outside for a day of backyard nature excursions and bravery, but there's one problem: He's still a house cat with no instincts for nature. Like many of today's kids, Nature Cat is eager and enthusiastic about outside activities, but is at times intimidated by them. With the help of his animal friends, Nature Cat embarks on action-packed adventures that include exciting missions full of nature investigation, "aha" discovery moments and humor, all while inspiring children to go outside and "play the show." TVY

2:30 Wild Kratts. CC #323 *Praying Mantis*. Two Wild Kratts kids wake up to find the praying mantis cocoons they've been keeping in their room have hatched - they now have 200 babies! Sending out a Wild Kratts Alarm, the Tortuga rushes to help them, and return the baby mantises safely to the wild. TVY

3pm Molly of Denali. CC #111 *Sap Season/Book of Mammoths*. (R) See 9/11 at 7:30. TVY

3:30 Odd Squad. CC #115 *The Odd Antidote/The One That Got Away*. The Odd Antidote - When Ms. O has bizarre side effects after being sprayed by a weird plant, Olive and Otto must travel around town finding the correct measurements of the ingredients for the medicine to cure her, all while keeping Ms. O's condition a secret from her. Curriculum: Measuring, comparison. The One that Got Away - The only thing that can bring Ms. O's old partner O'Donahue out of retirement is the very thing that put him there in the first place: a mysterious villain and a case that's gone unsolved for years. Curriculum: Number operations; greater than and less than. TVY

4pm Odd Squad. CC #232 *It Takes Goo To Make A Feud Go Right/Friends of Odd Squad*. (R) See 9/10 at 4pm. TVY

4:30 Arthur. CC #708 *The World of Tomorrow/Is There A Doctor in the House?* (R) See 9/26 at 5:30. TVY

5pm PBS NewsHour. CC #12664 The PBS NewsHour continues to provide in-depth analysis of current events with a news summary, live interviews and discussions of domestic and international issues. TVRE

6pm Nightly Business Report. CC #38193 TVRE

6:30 Illinois Stories. CC Placeholder. (R) See 9/1 at 4pm.

7pm Illinois Stories. CC Placeholder. (R) See 9/1 at 4pm.

7:30 Illinois Stories. CC Placeholder. (R) See 9/1 at 4pm.

8pm Soundbreaking. CC #101 *The Art of Recording*. Explore the role of the music producer tasked with turning an artist's vision into a hit and view the contrasting styles of some of the most accomplished producers. Featuring George Martin, Sam Phillips, Tom Petty, Dr. Dre and more. TVPG

9pm Jamestown. CC #307 Jocelyn's adventure tests friendships and leaves lives hanging in the balance. Maria and Temperance work together to manipulate Yeardley. When the Sharrows become embroiled with a notorious Pamunkey warrior, their actions prove disastrous. TV14

10pm Amanpour and Company. CC #2064 Christiane Amanpour leads wide-ranging, in-depth conversations with global thought leaders and cultural influencers on the issues and trends impacting the world each day, from politics, business and technology to arts, science and sports. TVRE

11pm History Detectives. CC #910 *Order of Leopold; Women's Suffrage; Art of Animation*. Gwen dissects the mystery behind an ornate Belgian war medal. Elyse traces a pennant to the early battle for the women's vote. And a cartoon cel leads Tukufu to unsung heroes of animation. TVPG

Friday, September 27, 2019

12am Soundbreaking. CC #101 *The Art of Recording*. (R) See 9/26 at 8pm. TVPG

1am Antiques Roadshow. CC #2111 *Salt Lake City, Hour Two*. (R) See 9/24 at 4am. TVG

2am Country Music: Live at the Ryman, A Concert Celebrating the Film by Ken Burns. CC (R) See 9/8 at 7pm. TVPG

4am NOVA. CC #4319 *Treasures of the Earth: Metals*. Gold, bronze, iron, steel... metals are pillars of our civilization, but what makes them so special? Discover their unique properties and explore how our mastery of metals has led us from the stone age to today's hi-tech world. TVG

5am Peg + Cat. CC #221 *The Fuzzball Problem/The Silliest Song Problem*. The Fuzzball Problem - Outer Space / Pellicius. In an outer space adventure, intergalactic superheroes Peg and Cat are besieged by swiftly multiplying Fuzzballs. Primary Content: Doubling / halving Secondary Content: Spheres / cylinders. The Silliest Song Problem - Magical Forest. Peg and Cat must present the King with the silliest song in the land. They can't sing it without breaking down, so they break it down. Primary Content: Halves / fourths Secondary Content: Triangles. TVY

5:30 Arthur. CC #2106 *The Lost Dinosaur/The Princess Problem*. It's pretty hard to lose a dinosaur...but Rapy is missing! Can Bud be brave without his imaginary friend? D.W. loves the Princess Platoon series until she realizes that it doesn't represent everyone. With the help of Arthur's friend, Lydia, D.W. discovers the true qualities of a princess. TVY

6am Classical Stretch: The Esmonde Technique. CC #820 *Full Body Posture Workout*. CLASSICAL STRETCH: THE ESMONDE TECHNIQUE focuses on overall wellness and physical fitness.

This series, hosted by Miranda Esmonde-White, features a graceful, fluid and controlled method of stretching the entire body. It combines yoga, tai chi, Pilates and ballet techniques, plus specific movements and stretches that reach muscles and ligaments not normally targeted in the average fitness program. The movements, designed in consultation with a physician and a physiotherapist, are simple, safe, effective and appropriate for all ages and fitness levels. TVG

6:30 Happy Yoga with Sarah Starr. CC #604 Autumn Leaves. Bask in the golden leaves of autumn as you connect to your core with a dynamic intermediate flow practice. Including postures that will help to strengthen your abdominals, legs and thighs, creating greater ease of movement and better posture in your daily life. TVG

7am Wild Kratts. CC #220 Attack of the Tree Eating Aliens. The Wild Kratts get an urgent call from a group of North American Wild Kratts kids telling them almost all of the trees in the forest are dying. It's a race against time to solve the mystery and help the forest and the creatures who live there. TVY

7:30 Molly of Denali. CC #103 Cabbagezilla/Name Game. (R) See 9/3 at 7:30. TVY

8am Curious George. CC #201 Up, Up and Away/Skunked. Up, Up and Away - A tether, a basket, and a heap of hot air: George discovers that it takes all three for a balloon to score a successful lift-off. As Mrs. Renkins demonstrates how a hot-air balloon works, George and Bill bound into the basket and they soon find themselves accidentally airborne - alone! Will Mrs. Renkins and The Man with the Yellow Hat ever catch up with the flying duo? Not before George and Bill's windy flight path carries them on quite an adventure - and toward an array of feathered friends who land on their basket. And when one of the birds gets trapped in the balloon, it gives them the idea they need to help get them down to earth. Skunked - There's a strange-looking cat eating George's peanut butter and jelly sandwich. But wait, it's not a cat, it's a skunk! And George is fascinated. After trying and failing to make friends with the creature several times - and being subjected to multiple baths of tomato juice after repeatedly getting "skunked" - George is relieved to get back to the city and away from all of those smelly encounters. What he doesn't realize is that he and The Man inadvertently brought along their new "friend" in a picnic basket - and that one little skunk is about to wreak a whole lot of havoc in a certain apartment building. TVY

8:30 Let's Go Luna!. CC #114 Boomin' Boomerang/House Music. (R) See 9/17 at 8:30. TVY

9am Daniel Tiger's Neighborhood. CC #415 The Family Campout/A Game Night for Everyone. (R) See 9/19 at 9am. TVY

9:30 Daniel Tiger's Neighborhood. CC #317 Daniel Loves Tigey/Daniel Needs Tigey at School. Daniel Loves Tigey - Daniel gets upset when Margaret spills juice on his favorite stuffed animal, Tigey. Daniel learns how he can make himself feel better when he's upset. Daniel Needs Tigey at School - Daniel is having a hard day at school, but he knows just how to make himself feel better: by hugging his Tigey! Strategy: When you're upset you can find a way to feel better. TVY

10am Sesame Street. CC #4904 So You Think You Can Choreograph. (R) See 9/11 at 10am. TVY

10:30 Pinkalicious & Peterrific. CC #136 Whale of a Song/Pinkabubbles. (R) See 9/9 at 10:30. TVY

11am Dinosaur Train. CC #214 Dinosaur Train Submarine: Shoshana Shonosaurus/All Kinds of Families. The Pteranodon family goes under the sea again, to ride the Dinosaur Train Submarine - this time they go to meet Shoshana Shonisaurus, an enormous marine reptile that's something between a dolphin and a whale. Since Shoshana loves to dive down very deep, Shiny has a problem with following her down to the bottom of the sea. Shoshana kindly helps Shiny get over her fear of diving deep. When Buddy expresses his feelings about being adopted to Tiny and Mrs. Pteranodon, they tell him that he will always be a part of the Pteranodon family. Mom takes Buddy and Tiny to meet another adopted dinosaur kid named Sonny Sauroposeidon, a huge tall creature, now a part of tiny Mikey Microraptor's family. Buddy and Sonny bond over being adopted and knowing that they are both in adoptive families that are different species but still love and appreciate them. TVY

11:30 Cat in the Hat Knows A Lot About That!. CC #122 Teeny Weeny Adventure/I See Seeds.

Teeny Weeny Adventure - Nick has spotted a tiny ladybug, but Sally has found an even smaller ant! And there's nothing smaller than an ant. Or is there? Cat takes Nick and Sally to meet a variety of single-celled creatures, the smallest anywhere! Nick and Sally soon learn that a drop of water holds a whole lot more than they ever realized! I See Seeds - Sally and Nick are going on an adventure, but how are they going to get there? Skateboard? Train? Rocketship? They just can't decide, until Cat suggests they see how trees send their seeds on trips. They follow different seeds as they travel through the air, float on the water and hitch rides on animals. TVY

12pm Amanpour and Company. CC #2064 (R) See 9/26 at 10pm. TVRE

1pm Pinkalicious & Peterrific. CC #136 Whale of a Song/Pinkabubbles. (R) See 9/9 at 10:30. TVY

1:30 Let's Go Luna!. CC #114 *Boomin' Boomerang/House Music.* (R) See 9/17 at 8:30. TVY

2pm Nature Cat. CC #109 *Stream and Shout/Hal's Day Off.* Stream and Shout - Nature Cat goes to his Nature Curiosity List for inspiration, and finds number 73: "Where do streams begin?" This seemingly simple question leads the gang on an action-packed adventure, as they follow the stream uphill, exploring new environments and meeting all sorts of friendly critters. When they finally find out where the stream begins they are whoa-ho-ho amazed! Hal's Day Off - After a silly mishap leaves Hal alone in the big city (well, he does have his chew-toy Mr. Chewinsky with him), it's up to Nature Cat, Squeeks and Daisy to make their way to the city and find Hal! Tally ho! Even though Hal is having so much fun sightseeing, he will need to get home somehow. When Nature Cat, Squeeks and Daisy can't locate Hal, they turn to animals that they never even knew lived in the city for help! TVY

2:30 Wild Kratts. CC #201 *Bad Hair Day.* Chris and Martin try to help a lion named "He who breathes fire" get past obstacles and back to his pride, who are under siege from two intruder lions TVY

3pm Molly of Denali. CC #103 *Cabbagezilla/Name Game.* (R) See 9/3 at 7:30. TVY

3:30 Odd Squad. CC #116 *Odd Outbreak/The Perfect Lunch.* (R) See 9/16 at 3:30. TVY

4pm Odd Squad. CC #140 *O Is Not for Over.* O is Not for Over - Olive and Otto face their biggest challenge yet. Curriculum: Algebraic thinking; identifying and extending patterns and using deductive reasoning to solve problems. TVY

4:30 Arthur. CC #2106 *The Lost Dinosaur/The Princess Problem.* (R) See 9/27 at 5:30. TVY

5pm PBS NewsHour. CC #12665 The PBS NewsHour continues to provide in-depth analysis of current events with a news summary, live interviews and discussions of domestic and international issues. TVRE

6pm Nightly Business Report. CC #38194 TVRE

6:30 Illinois Stories. CC Placeholder. (R) See 9/1 at 4pm.

7pm Washington Week. CC #5913 TVRE

7:30 Capitolview. CC #92619

8pm Great Performances. CC #4406 *Now Hear This: The Riddle of Bach.* Travel to Germany and France to explore Bach's sonatas and partitas for solo violin. Maestro Scott Yoo and his wife, leading flutist Alice Dade, discover a melodic similarity with Vivaldi and a riddle hidden in Bach's portrait. TVPG

9pm Voces On PBS. CC #302 *Adios Amor - The Search for Maria Moreno.* See how the discovery of lost photographs sparks the search for a hero that history forgot - Maria Moreno, an eloquent migrant mother of 12 who became an outspoken leader for farmworker rights. Her legacy was buried - until now. TVPG

10pm Amanpour and Company. CC #2065 Christiane Amanpour leads wide-ranging, in-depth conversations with global thought leaders and cultural influencers on the issues and trends impacting the world each day, from politics, business and technology to arts, science and sports. TVRE

11pm Speakeasy. CC #405 *Michael McDonald and Russ Titelman.* The Grammy Award-winning front man of Steely Dan and the Doobie Brothers and his longtime producer reveal his career from early influences through their latest collaboration on McDonald's fourth solo studio album, Blink of an Eye. Filmed at the Triad Theater in New York City. TVPG

Saturday, September 28, 2019

12am Great Performances. CC #4406 *Now Hear This: The Riddle of Bach.* (R) See 9/27 at 8pm. TVPG

1am Voces On PBS. CC #302 *Adios Amor - The Search for Maria Moreno.* (R) See 9/27 at 9pm. TVPG

2am Antiques Roadshow. CC #2111 *Salt Lake City, Hour Two.* (R) See 9/24 at 4am. TVG

3am Soundbreaking. CC #101 *The Art of Recording.* (R) See 9/26 at 8pm. TVPG

4am This Old House Hour. CC #1713 *Net Zero Comes Together | Closet Door.* The Net Zero house is complete. Don gives a tour of the yard and barn. Dana shows Tom the main house and Richard reviews mechanicals. On Ask This Old House, Tom replaces a closet door to match the rest of the house and Mauro paints a bathroom. TVG

5am Mister Rogers' Neighborhood. CC #1642 *Mister Rogers Talks About Art.* (R) See 9/22 at 5am. TVY

5:30 Splash and Bubbles. CC #118 *The Sand Is Grand/The Treasure Trove.* When Splash and his friends are playing at the sandy bed, they find a parrotfish munching on some coral and helping to create

the sandy bed on which they're playing, because parrotfish produce sand from their bodies after they eat. / When Bubbles gets trapped in a treasure chest, Splash and his friends can't get her out. Luckily she's not alone when they discover Wave in there, who they think is also stuck until he show that being an invertebrate means he can squeeze even tiny spaces. TVY

6am Sesame Street. CC #4909 Bath Time for Blanky. (R) See 9/23 at 10am. TVY

6:30 Daniel Tiger's Neighborhood. CC #416 Daniels Grr-ific Grandpere/Making Mozies with Nana. (R) See 9/20 at 9am. TVY

7am Pinkalicious & Peterrific. CC #115 Sweet Pea Pixie/Pink Piper. (R) See 9/26 at 10:30. TVY

7:30 Molly of Denali. CC #111 Sap Season/Book of Mammoths. (R) See 9/11 at 7:30. TVY

8am Let's Go Luna!. CC #118 D'orsay Day/Honey In Paris. (R) See 9/11 at 8:30. TVY

8:30 Splash and Bubbles. CC #118 The Sand Is Grand/The Treasure Trove. (R) See 9/28 at 5:30. TVY

9am Curious George. CC #806 Red Planet Monkey/Tortilla Express. (R) See 9/26 at 8am. TVY

9:30 Wild Kratts. CC #604 Deer Buckaroo. (R) See 9/26 at 7am. TVY

10am Odd Squad. CC #115 The Odd Antidote/The One That Got Away. (R) See 9/26 at 3:30. TVY

10:30 P. Allen Smith's Garden Home. CC #1702 Lessons from the Past. Culture is created in everyday life by all of us in our various communities. In this episode of Garden Home, P. Allen Smith explores heritage activities from days past. TVG

11am Mid-American Gardener. CC (R) See 9/7 at 11am.

11:30 Garden SMART. CC #5612 The sound of moving water and the reflections from a pond can be beautiful as well as therapeutic. In this episode GardenSMART explores the amazing world of water gardening. Be sure to join us as we GardenSMART. TVG

12pm Antiques Roadshow. CC #2111 Salt Lake City, Hour Two. (R) See 9/24 at 4am. TVG

1pm Fit 2 Stitch. CC #613 In the last episode of "101 Things I Learned in Design School," Peggy shares gems she learned after graduation that will help viewers in their real-life fashion design projects. TVG

1:30 Fons & Porter's Love of Quilting. CC #3412 Home to Kentucky. Home to Kentucky features two traditional quilt blocks, the Log Cabin and the Ohio Star. Sara Gallegos and Angela Huffman teach the tried-and-true methods for constructing these blocks. The result is a traditional, tone-on-tone quilt that will always feel like home! TVG

2pm Steven Raichlen's Project Fire. CC #210 Shoulder On. The pork shoulder, aka Boston butt (named for the wooden barrels they were once shipped in), gives us Carolina pulled pork. The majestic beef shoulder (yes, there is such a cut) becomes a Texas barbecued beef clod. As for lamb shoulder, Moroccans cook it in a fire-heated UNDERGROUND clay oven to make their legendary mechoui. This show explores the richest, meatiest, most flavorful cut you find in the meat department: the shoulder. Today, on Project Fire we shoulder on. TVG

2:30 Chef's Life. CC #507 Persimmon Style. Vivian takes the twins to pick persimmons and learns about the different varieties of the fruit. She then takes that knowledge to Atlanta. Back in Kinston, she gets a pudding lesson from chef Bill Smith of Crook's Corner in Chapel Hill. TVG

3pm Martha Stewart's Cooking School. CC #411 On The Bone. The most flavorful, tender cuts of meat are often cooked on the bone. In this episode, Martha shares techniques-braising, searing, slow-roasting, and grilling-in four different recipes featuring bone-in cuts: sumptuous oxtail, meaty slow-roasted beef ribs, envy-inducing cowboy steak, and Korean short-rib kebabs. TVG

3:30 Martha Bakes. CC #913 French Cookies. When it comes to baked goods, no one does it better than the French. Today on Martha Bakes, time-tested techniques in three renowned French cookies: papillons with their caramelized exteriors and flakey layers within, French meringues in a rainbow of colors and flavors, and perhaps the most popular cookie in France, sables Bretons. TVG

4pm Sara's Weeknight Meals. CC #902 Renowned chef, television personality, magazine editor and cookbook author Sara Moulton brings her signature warmth and informative style back to public television in her new series, SARA'S WEEKNIGHT MEALS. Based on her book, Sara's Secrets for Weeknight Meals, Sara and her celebrity-chef friends share their ideas for flavorful, healthy meals with minimal fuss. Twenty fast-paced and engaging episodes feature quick, delicious and routine-breaking entrees designed to inspire and empower home cooks. Episodes include: "Breakfast for Dinner," "Soup for Supper" and "The Substantial Sandwich." TVG

4:30 America's Test Kitchen from Cook's Illustrated. CC #1920 Updated Italian. Test cook Keith Dresser makes Bridget an updated recipe for an Italian staple: Chicken Piccata. Then, tasting expert Jack

Bishop challenges Julia to a tasting of unsalted butter, and science expert Dan Souza explains the science behind fat and temperature perception. Finally, Bridget and Julia unlock the secrets to making the ultimate Chocolate Semifreddo. TVG

5pm Woodsmith Shop. CC #1207 Router Joinery. A router sits near of the top of the list for must-have tools. Find out the Woodsmith Shop team puts them to use for creating strong and great-looking woodworking joints. TVG

5:30 This Old House Hour. CC #1713 Net Zero Comes Together | Closet Door. (R) See 9/28 at 4am. TVG

6:30 PBS NewsHour Weekend. CC #1225 TVRE

7pm The Lawrence Welk Show. CC #1706 The French Show. Guest: Janet Lennon. This black and white classic features Aladdin giving Janet Lennon a "French Lesson" and Jimmy Roberts asking "Where Is Your Heart". Larry Hooper sings "Just A Gigolo" and all the Champagne Music Makers take a trip down the "River Seine". TVG

8pm Downton Abbey Season 3 On Masterpiece. CC #4307 Part Seven. The Great War is over and a long-awaited engagement is on, but all is not tranquil at Downton Abbey as wrenching social changes, romantic intrigues and personal crises grip the majestic English country estate. The international hit, written by Julian Fellowes, stars Dame Maggie Smith, Elizabeth McGovern and Hugh Bonneville, with guest star Shirley MacLaine. The Crawleys head to a Scottish hunting lodge, while the downstairs staff stays behind at Downton Abbey. New romances flare up, and a crisis unfolds. TVPG

10pm Austin City Limits. CC #4413 Buddy Guy/August Greene. Thrill to an hour of blues and hip-hop with Buddy Guy and August Greene. Blues legend Guy plays hits and songs from his latest album *The Blues is Alive and Well*. Hip-hop supergroup August Greene performs songs from its self-titled debut. TVPG

11pm Front and Center. CC #908 The Head and the Heart. Indie folk band The Head and the Heart takes the stage at New York City's Bowery Ballroom performing songs from their album "Living Mirage" as well as favorites including "Missed Connection" and "All We Ever Knew." TVPG

Sunday, September 29, 2019

12am NOVA. CC #4319 Treasures of the Earth: Metals. (R) See 9/27 at 4am. TVG

1am Great Performances. CC #4406 Now Hear This: The Riddle of Bach. (R) See 9/27 at 8pm. TVPG

2am Voces On PBS. CC #302 Adios Amor - The Search for Maria Moreno. (R) See 9/27 at 9pm. TVPG

3am Antiques Roadshow. CC #2111 Salt Lake City, Hour Two. (R) See 9/24 at 4am. TVG

4am Washington Week. CC #5913 (R) See 9/27 at 7pm. TVRE

4:30 Firing Line with Margaret Hoover. CC #313 Join author, activist and political commentator Margaret Hoover for a public affairs talk show that delivers a civil and engaging contest of ideas among the brightest minds and freshest voices from across the political spectrum. TVRE

5am Mister Rogers' Neighborhood. CC #1576 Feelings When People Laugh at Mistakes. Mister Rogers helps children understand that everyone makes mistakes once in a while. Also, ventriloquist Susan Linn shows how she uses puppets to help people talk about their feelings. TVY

5:30 Splash and Bubbles. CC #138 Pole-To-Pole, Parts 1 & 2. (R) See 9/7 at 5:30. TVY

6am Sesame Street. CC #4910 Astronaut Elmo. (R) See 9/25 at 10am. TVY

6:30 Daniel Tiger's Neighborhood. CC #408 Find What Makes Your Family Special/Family Day. (R) See 9/17 at 9am. TVY

7am Pinkalicious & Peterrific. CC #136 Whale of a Song/Pinkabubbles. (R) See 9/9 at 10:30. TVY

7:30 Molly of Denali. CC #103 Cabbagezilla/Name Game. (R) See 9/3 at 7:30. TVY

8am Let's Go Luna!. CC #114 Boomin' Boomerang/House Music. (R) See 9/17 at 8:30. TVY

8:30 Nature Cat. CC #109 Stream and Shout/Hal's Day Off. (R) See 9/27 at 2pm. TVY

9am Curious George. CC #201 Up, Up and Away/Skunked. (R) See 9/27 at 8am. TVY

9:30 Wild Kratts. CC #220 Attack of the Tree Eating Aliens. (R) See 9/27 at 7am. TVY

10am Odd Squad. CC #116 Odd Outbreak/The Perfect Lunch. (R) See 9/16 at 3:30. TVY

10:30 MotorWeek. CC #3904 R/T: CARS.COM CHALLENGE (MIDSIZE TRUCKS) CC: FRED WEBER GOSS: EXHAUST REPAIR FYI: CERTIFIED USED CARS L/T: KIA NIRO, HONDA INSIGHT, PORSCHE MACAN (HI) R/T: '20 LINCOLN AVIATOR TVG

11am America's Heartland. CC #1406 AMERICA'S HEARTLAND celebrates the men and women across who grow the country's crops, raise its livestock, tend its nurseries and prepare its food. AMERICA'S HEARTLAND taps into the national fascination with food and curiosity about unfamiliar places and ways of life, while also exploring the American values of family, hard work and the spirit of independence. The series, produced entirely on location, portrays the worlds of agriculture, horticulture and aquaculture complete with fascinating stories, compelling characters, innovative ideas and enticing travel destinations. TVG

11:30 Market to Market. CC #4506 TVRE

12pm Capitolview. CC #92619 (R) See 9/27 at 7:30.

12:30 Richard Bangs' Adventures with Purpose "New Zealand: Quest for Kaitiakitanga". CC In his second hour-long Adventures With Purposespecial, Richard Bangs travels to the southernmost reaches of civilization to uncover New Zealand's pristine natural beauty, alluring culture and enigmatic mythology. In RICHARD BANGS' ADVENTURES WITH PURPOSE "New Zealand: Quest for Kaitiakitanga," the father of modern adventure travel traverses the most physically and climatically diverse landmass in Polynesia in the pursuit of an age-old Maori tradition. In this new special, Bangs seeks answers to questions rooted in indigenous wisdom, hoping to unearth the meaning and origins of "kaitiakitanga," the responsibility of human beings to protect the natural world. Today's Kiwis believe the knowledge of the ancients may hold a key to the planet's survival. Bangs begins his 1,000-mile trek in Mt. Aspiring National Park, where he navigates north to the Franz Joseph Glacier and then to the east coast town of Kaikoura. From there, Bangs crosses the Cook Strait to the North Island and the capital city of Wellington. He next visits the Taupo region, heads to Hokianga Harbor, and finally makes his way to Cape Reinga on the upper tip of New Zealand, where he encounters the great tangled "spirit tree" of Maori myth. TVG

1:30 Dream of Italy. CC #201 Venice. There is simply no other place in the world like Venice. Host Kathy McCabe takes a gondola rowing lesson from an 8th-generation gondolier. She learns how Venice is fighting rising water levels with a special ecology tour. Kathy meets an impiraressa - a bead stringer - who is bringing Venice's ancient art into modern times. Chef Riccardo takes Kathy to Venice's 1000-year old Rialto Market and teaches her how to cook up some eel. Plus much more... TVG

2pm Today's Wild West. CC #103 Reno Rodeo Cattle Drive. Living the dream on a cattle drive, through picturesque Nevada, with the Reno Rodeo Cattle Drive; ride a covered wagon with the Cattle Drive Wagon Train; Plus Western singer-songwriter Dave Stamey. TVG

2:30 Rick Steves' Europe. CC #804 Paris Side-Trips. Side-tripping from Paris into the Ile-de-France, we indulge in the world of royal and aristocratic extravagance in the pre-Revolutionary playground of France's elite. We explore Versailles, Europe's palace of palaces; exquisite Vaux le Vicomte; and extravagant Fontainebleau, home to centuries of French rulers. We'll also marvel at the glass and statuary of Chartres cathedral and dine like kings. TVG

3pm Curious Traveler. CC #304 Curious Salzburg. Why is there a giant church complex, the DomQuartier, in this tiny Alpine town? And why is there an equally giant medieval fortress high above it? Who lived in Mirabell Palace? And Hellbrun Palace? Why is Getreidegasse so charming, and why are those shop signs so important? And how do you solve a problem like Maria? From the Sound of Music to Silent Night to the Sonatas of this town's beloved Mozart, it's time to get curious about Salzburg. TVG

3:30 In The Americas with David Yetman. CC #709 Havana: Cultural Treasure House of the Caribbean. Havana, Cuba's capital city is home to a prodigious wealth of colonial and nineteenth century architectural masterpieces. These are slowly and painstakingly emerging from neglect brought on by the U.S. economic blockade. Havana's harbor and the city's Revolutionary Square provide ideal backdrops for understanding Cuba from the late 1950s to the present, why it so appealed to Ernest Hemingway, why its fabled fifties-era taxis are still running, how African roots influence the city's culture, and why even now it is a mecca for international tourists. TVG

4pm Illinois Stories. CC Placeholder. (R) See 9/1 at 4pm.

4:30 Illinois Stories. CC Placeholder. (R) See 9/1 at 4pm.

5pm Finding Your Roots. CC #406 Black Like Me. Bryant Gumbel, Tonya Lewis-Lee and Suzanne Malveaux discover a tapestry of the unexpected in their ancestry, revealing slaves and free people of color, Civil War legacies and forgotten European origins. TVPG

6pm Visionaries, The. CC #2203 Job Train. JobTrain was founded 51 years ago to address the lack of job opportunities and poverty in East Palo Alto, CA. Since then, JobTrain has grown from providing one typing class to the local community into a premier workforce development agency that serves San Mateo

County, San Francisco County, Santa Clara County, and Alameda County. Through JobTrain's career training, job placement, and support services, people are able transform their lives from poverty and unemployment into financial stability and sustainable careers. Since its inception, more than 190,000 low-income individuals have benefited from JobTrain's programs. The majority of people whom JobTrain serves have minimal skills, are often working two minimum-wage jobs, or are unemployed. To address this challenge, JobTrain provides accredited job training programs and the opportunity to earn college credits, providing career pathways to middle-income jobs. TVG

6:30 PBS NewsHour Weekend. CC #1226 TVRE

7pm Durrells In Corfu Season 4 On Masterpiece. CC #4933 Episode One. Louisa opens a new boarding house, but the arrival of a mysterious guest places it under police scrutiny. Gerry announces plans to open his own zoo. Margo struggles to find clients for her beauty treatments. TV14

8pm Poldark Season 5 On Masterpiece. CC #4939 Episode One. The Poldarks look forward to life together in peace, but a plea from Ned Depard compels Ross to return to the capital. Back in Cornwall, Demelza encounters a new opponent. George struggles to engage with the world after Elizabeth's death. TVPG

9pm Poldark Revealed. CC Join the cast and crew of the historical family saga Poldark on location in Cornwall. POLDARK REVEALED reveals how the crew, directors and actors are working to re-create the magic of the original TV series and the Winston Graham novels on which it was based. TVPG

10pm Capitolview. CC #92619 (R) See 9/27 at 7:30.

10:30 Bluegrass Underground. CC #806 Lettuce. Taped 333-feet below ground within the majestic Volcano Room deep inside Tennessee's Cumberland Caverns, this "musical adventure" series features both well-established and top emerging artists within the broad spectrum of Bluegrass, Jamgrass, Roots and Americana genres. Artists include Old Crow Medicine Show, Andrew Bird, Yonder Mountain String Band, Ben Sollee, The SteelDrivers, Johnnyswim, BeauSoleil, Leon Russell, North Mississippi Allstars, The Wood Brothers, Alison Brown Quartet, and the Infamous Stringdusters. TVG

11pm Song of the Mountains. CC #1201 Bluegrass Sweethearts / Mark Brine / Irene Kelley. SONG OF THE MOUNTAINS showcases the best talents in bluegrass and old-time country music from the heart of the region where it all began. Performances are held at the beautifully restored Lincoln Theatre in Marion, Virginia. Hosted by Tim White. The Lincoln Theatre in Marion, Va., was originally built in 1929. The theatre is on the National Register of Historic Places and has been designated a Virginia Historic Landmark. It is one of only three existing Mayan Revival-style theatres in America. Once known as the "finest showplace in Southwest Virginia," The Lincoln has been restored to its former grandeur, now fully accentuated by state-of-the-art computerized sound and lighting systems. TVG

Monday, September 30, 2019

12am Poldark Season 5 On Masterpiece. CC #4939 Episode One. (R) See 9/29 at 8pm. TVPG

1am Poldark Revealed. CC (R) See 9/29 at 9pm. TVPG

2am Great Performances. CC #4406 Now Hear This: The Riddle of Bach. (R) See 9/27 at 8pm. TVPG

3am Voces On PBS. CC #302 Adios Amor - The Search for Maria Moreno. (R) See 9/27 at 9pm. TVPG

4am Soundbreaking. CC #101 The Art of Recording. (R) See 9/26 at 8pm. TVPG

5am Peg + Cat. CC #202 The Mermaid in the Mall Problem/The Painting Problem. The Mermaid in the Mall Problem - The Mega Mall. When a furniture store becomes a magical forest, Peg and Cat must become Knights of the Round Table - if only they can find a round table! Primary Content: Working with flat shapes. Secondary Content: Solid shapes. The Painting Problem - Paris. To get purple paint for their masterpiece, famous painters Peg Casso and Vincent Van Goo (Cat) need a whole new kind of addition. Primary Content: Adding on to find sums to 5, identifying addition and equal signs. Secondary Content: Working with two dimensional shapes. TVY

5:30 Arthur. CC #2107 Invasion of the Soccer Fans/Pal and the Big Itch. Kate appears to be hypnotized by the soccer game on the television! Can Pal, Amigo, and Killer snap her out of her TV trance? When Pal has to wear a cone, he takes advantage of his friends' special treatment...and the decision comes back to bite him. TVY

6am Classical Stretch: The Esmonde Technique. CC #821 Strength and Flexibility to Your Core. CLASSICAL STRETCH: THE ESMONDE TECHNIQUE focuses on overall wellness and physical fitness.

This series, hosted by Miranda Esmonde-White, features a graceful, fluid and controlled method of stretching the entire body. It combines yoga, tai chi, Pilates and ballet techniques, plus specific movements and stretches that reach muscles and ligaments not normally targeted in the average fitness program. The movements, designed in consultation with a physician and a physiotherapist, are simple, safe, effective and appropriate for all ages and fitness levels. TVG

6:30 Happy Yoga with Sarah Starr. CC #605 Spectacular Sunflower. Allow the spectacular sunflower display to inspire your practice as we enjoy a modified seated yoga practice using a chair for support. Including seated sun salutations and a gentle series of stretches to increase range of motion in the shoulders and upper back while releasing tension in the neck and spine. TVG

7am Wild Kratts. CC #319 Lemur Legs. The Wild Kratts arrive in Madagascar for the first time - touching down in the southern region known as the spiny desert - where they discover a group of sifaka lemurs. Soon, they are learning about these lemurs amazing vertical clinging and leaping abilities. TVY

7:30 Molly of Denali. CC #113 Fiddle of Nowhere/A Splash of Mink. (R) See 9/6 at 7:30. TVY

8am Curious George. CC #805 Big, Bad Hundley/George's Simple Siphon. Big, Bad Hundley - When Hundley notices a big dog named Goliath helping the Doorman in the lobby, he wishes he were taller. George and Marco try to help the dachshund by giving him stilts, platform shoes, and even a fun house mirror to make Hundley look big. But nothing cheers Hundley up until he figures out that good things come in all sizes! George's Simple Siphon - On the first hot day of summer, George, Bill and Allie decide to take a dip in Bill's pool only to discover that the pool is filled with algae! Even oars, rubber boots, pots, pans, and yellow rain hats won't empty the green water. Hot and tired, George gets a refreshing idea while sipping lemonade from his super long straw. Simple siphon to the rescue! TVY

8:30 Let's Go Luna!. CC #122 Story of Smoothie/Andy The Giant. (R) See 9/6 at 8:30. TVY

9am Daniel Tiger's Neighborhood. CC #320 Daniel Learns About Lizards/Daniel Wonders About Trolley. Daniel Learns About Lizards - Daniel and Prince Wednesday discover a small lizard in Daniel's backyard. They have a lot of questions about the lizard. When they wonder and explore, they learn so many new things. Daniel Wonders About Trolley - Daniel and his friends learn more about their favorite Neighborhood Trolley! Strategy: When you wonder you can try to find out more. TVY

9:30 Daniel Tiger's Neighborhood. CC #116 Be A Vegetable Taster!/Daniel Tries A New Food. Be a Vegetable Taster! - Teacher Harriet introduces Daniel and his friends to the school's vegetable garden and convinces them to pick out some healthy veggies for their snack. They explore the garden, picking and trying different vegetables...with mixed results! Daniel Tries a New Food - Miss Elaina is having dinner with the Tiger family and she encourages Daniel to try some new food: Veggie Spaghetti and Banana Swirl. Daniel is convinced he won't like Veggie Spaghettit, even though he's never tried it before. Miss Elaina encourages him to be adventurous and try the new food. She does the same herself, and even though she doesn't like all of it, she's proud of herself for trying. TVY

10am Sesame Street. CC #4911 Honk If You Love Libraries. Librarian Grover helps Nina and Elmo find the books they need while looking through the different sections of the library. TVY

10:30 Pinkalicious & Peterrific. CC #133 Jumping for Joy/Music Is Everywhere. (R) See 9/12 at 10:30. TVY

11am Dinosaur Train. CC #107 Now with Feathers!/A Frill A Minute. Now With Feathers! - Dad gives Tiny and Buddy a mystery feather and the kids become "detectives," riding the Dinosaur Train to meet Valerie Velociraptor, who shows our kids what life is like covered with beautiful feathers. A Frill a Minute - Our kids help Tank Triceratops overcome his awkwardness having a huge head by showing him how cool and amazing his features are, especially his frill. TVY

11:30 Cat in the Hat Knows A Lot About That!. CC #319 Checking The Boxes/Batteries Not Included. Sally and Nick have wrapped Father's Day gifts, but when they get mixed up the kids can't tell which is which. Cat takes them to Zippy Zaroo's Cookie Factory where each cookie has a toy inside. When the shrunken Thingamajigger ends up inside a cookie, they have to use their knowledge about the properties of matter and deductive reasoning to identify which cookie it's in. Nick and Sally are disappointed when their toy's battery runs out of power. The Cat takes them to Lots-o-Lakes Land to see the flight of the Dipsydoodlers. But along the way, the Thingama-jigger runs out of Go-Go-Go juice and they have to find alternative forms of energy to make it go. TVY

12pm Amanpour and Company. CC #2065 (R) See 9/27 at 10pm. TVRE

1pm Pinkalicious & Peterrific. CC #133 Jumping for Joy/Music Is Everywhere. (R) See 9/12 at 10:30. TVY

1:30 Let's Go Luna!. CC #122 Story of Smoothie/Andy The Giant. (R) See 9/6 at 8:30. TVY

2pm Nature Cat. CC #108 *Ants Revolution/Tide Pool Tough*. Ants Revolution - A surprise picnic for Squeeks turns into a cheesecake chase scene, as ants steal Squeeks' surprise dessert! Nature Cat and his pals try to get the dessert back for Squeeks, but watch as the ants bring the cheesecake down into their ant hill! Oh no! Tide Pool Tough - A day at the beach is not so fun for Nature Cat as he watches his pals having tons of fun surfing in the ocean. Nature Cat would love to join them but he is scared of the water! Possible help for Nature Cat comes from an unlikely source - the tide pool creatures who try to get him to feel more comfortable in the water. Can Nature Cat become tide pool tough, and then join his friends surfing? TVY

2:30 Wild Kratts. CC #208 *Secrets of the Spider's Web*. When the creature adventuring Kratt Brothers take a nasty tumble, the Wild Kratts sets off on a mission to find and recreate one of the greatest of all biotech engineering secrets. Spider silk. TVY

3pm Molly of Denali. CC #113 *Fiddle of Nowhere/A Splash of Mink*. (R) See 9/6 at 7:30. TVY

3:30 Odd Squad. CC #233 *Saving Agent Orson/The Scientist*. (R) See 9/11 at 4pm. TVY

4pm Odd Squad. CC #130 *The Curious Case of Pirate-Itis/Oscar The Couch*. (R) See 9/12 at 4pm. TVY

4:30 Arthur. CC #2107 *Invasion of the Soccer Fans/Pal and the Big Itch*. (R) See 9/30 at 5:30. TVY

5pm PBS NewsHour. CC #12666 The PBS NewsHour continues to provide in-depth analysis of current events with a news summary, live interviews and discussions of domestic and international issues. TVRE

6pm Nightly Business Report. CC #38195 TVRE

6:30 Illinois Stories. CC Placeholder. (R) See 9/1 at 4pm.

7pm Antiques Roadshow. CC #2112 *Salt Lake City, Hour Three*. Travel to Salt Lake City and learn more about fantastic finds, including Watson & Crick-signed Double Helix books, an Art Deco jewelry suite, ca. 1930, and a Japanese Arita porcelain vase, ca. 1910. Can you guess the top find of the night? TVG

8pm Antiques Roadshow. CC #2113 *Virginia Beach, Hour One*. Journey to Virginia Beach for vintage finds both local and global, including a John Wayne mug collection, ca. 1960, a 1977 Frank McCarthy On the Owl Hoot Trail oil and 1943-1944 Albert Einstein letters. Which is appraised for up to \$100,000? TVG

9pm Will Rogers and American Politics. CC In the 1930's, with the United States mired in the Great Depression and teetering on the brink of a second World War, millions of Americans turned to a rope-twirling, plain-talking Cherokee cowboy for clarity, comfort and common sense. His plain-spoken musings, always delivered with a shy, sly smile, influenced the political landscape then and still resonate today. WILL ROGERS AND AMERICAN POLITICS reveals how Oklahoma native Will Rogers emerged as one of the most powerful political voices in the United States. The Emmy-winning documentary charts Rogers' impact on American politics through rare archival film footage, photos and documents, and interviews with Supreme Court Justice Sandra Day O'Connor, actor Mickey Rooney, Cherokee Chief Chad Smith, comedian Lewis Black, former Oklahoma Gov. George Nigh, Rogers' grandniece and scholars. Bill Kurtis, former CBS news anchor and host of A&E's American Justice and Cold Case Files, narrates. TVG

10pm Amanpour and Company. CC #2066 Christiane Amanpour leads wide-ranging, in-depth conversations with global thought leaders and cultural influencers on the issues and trends impacting the world each day, from politics, business and technology to arts, science and sports. TVRE

11pm Herd In Iceland. CC For over 1000 years Icelandic law has made it illegal to import horses onto the island. For that reason Icelandic horses are a pure breed, isolated by oceanic borders. During the summer months the horses live a remote and wild existence, grazing in the highlands and raising their young. Every September they are rounded up by local farmers and directed across the rugged terrain to reunite with their owners. It is a breathtaking tradition that unites the country. HERD IN ICELAND documents the nation's annual horse roundup. The result is a unique and moving portrait of Iceland's people, horses, and stunning landscape. TVG

11:30 Antiques Roadshow. CC #2113 *Virginia Beach, Hour One*. (R) See 9/30 at 8pm. TVG

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